



# Whitefish Bay RECREATION

Bringing Community Together



**SIZZLING  
SUMMER  
PROGRAMMING**



**INSIDE!**



**RESIDENT LOTTERY  
REGISTRATION  
BEGINS MAR. 10, 2025**  
Non-Resident Registration begins Mar. 25, 2025.

**CHECK** Summer Camps | Tennis | Swimming Lessons  
**INSIDE:** Youth Enrichment | FUN FOR ALL!



# Connects Before & After School Care

A safe, social and fun environment with qualified caring staff so that all students feel welcome and secure

*Our mission is to provide high quality care in collaboration with parents and our school community.*

The Whitefish Bay School District offers on-site care for children enrolled in K4 - 5th grade at Richards and Cumberland Elementary Schools.

With our qualified and caring staff, we aim to reinforce skills learned during the school day by providing a variety of academic and enrichment opportunities to enhance the intellectual, physical, social and emotional development of all students. And of course, ensure students have FUN!

*"We truly appreciate all of the Connects staff. They have been wonderful and it's awesome to see a room full of happy kids every day. Thank you!"*

*- Connects Family Member*



For more information, please visit the Connects website at [www.wfbschools.com/community-recreation/beforeafterschoolcare.cfm](http://www.wfbschools.com/community-recreation/beforeafterschoolcare.cfm)

## How to Register for the 2025/2026 School Year

**Lottery Registration Dates: April 14th-16th**

To be eligible for the lottery, Enrollment Forms must be submitted through the Google Form or handed in-person to the WFB Recreation Dept. office during the lottery registration dates.

**Emailed forms will not be accepted.**

Forms will be available online, at the WFB Recreation Dept. office, and at both elementary schools starting April 1st, 2025.

# WHAT IS THE BEST PRICING STRATEGY?

## ASK ESSAM.

414.350.4611  
eelsafy@shorewest.com  
ElsafyTeam.com



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5205 North Lydell Avenue  
Whitefish Bay, Wisconsin 53217  
414-963-3947  
www.wfbschools.com

**DIRECTOR**

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carin.keland@wfbschools.com

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amy.janken@wfbschools.com

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## RECREATION GUIDE

## SUMMER 2025

Dear Residents,

Welcome to the Summer 2025 Recreation Program Guide! I believe, over the summer months, our programs and staff out-do themselves.

Program planning begins at least 6 months advanced to make sure all of our community members have opportunities to get involved in local programming to fill their days.

Summer is a great time for the children to try new things and meet new friends that can last a lifetime. Our summer daycamps are rich in tradition, and staffed with experienced staff, many of who are Teachers, Coaches and Paraprofessionals that work in our buildings throughout the school year.

For Seniors and Adults we widen our reach and run programs we typically don't during the school year, like Pottery Throwing, Community Garden Volunteering, and Outdoor Tennis Lesson with a Local Tennis Pro.

I encourage you to browse the Summer Program Guide and keep it on hand. Let it serve as your road map for you or your family to stay active, and explore what Whitefish Bay Recreation and Community Education has to offer.

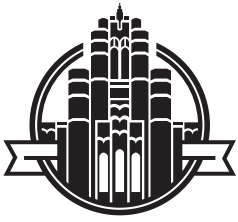
Yours in Recreation,

*Carin Keland*



Carin Keland,  
Director of Recreation  
Whitefish Bay Schools





# Whitefish Bay SCHOOL DISTRICT

An Exceptional Place to Learn

## MESSAGE FROM THE DISTRICT ADMINISTRATOR

Dear Whitefish Bay Residents,

We are thrilled to share the 2025 Summer Recreation Guide with you! Your enthusiasm for the programs and services of the Whitefish Bay Recreation and Community Education Department is what drives us to provide meaningful opportunities for “collective growth, learning, and well-being” in an Exceptional Place to Engage (District Focus Plan, 2024).

### Discover New Adventures

This guide is filled with programs designed to inspire, challenge, and bring joy to participants of all ages. Whether you’re interested in improving your fitness, exploring creative outlets, or trying something completely new, you’re sure to find activities that fit your interests. Joining a program is a fantastic way to connect with neighbors and build a stronger sense of community.

### Bring Your Ideas to Life

We’re always on the lookout for fresh ideas to enhance our offerings. If you don’t see what you’re looking for, we’d love to hear from you. Your input helps us create programs that truly reflect the interests and needs of our residents. Together, we can continue to make Whitefish Bay an exceptional place to live and grow.

### Prioritize Wellness

Summer is the perfect time to focus on your well-being. From physical fitness to activities that boost emotional and mental health, our programs are designed to support every aspect of your life. Take a moment to explore the guide and find opportunities to care for yourself and your family.

### Save the Date: School District Annual Meeting

Don’t forget to mark your calendar! The Whitefish Bay School District Annual Meeting is scheduled for September 3, 2025, at 7 PM in the Whitefish Bay High School Auditorium (1200 E. Fairmount Ave). Your participation is key to shaping the future of our schools and community.

Thank you for being part of what makes Whitefish Bay a truly special place. Let’s make this summer one to remember!



Warm regards,

*Jamie J. Foeckler*

Dr. Jamie J. Foeckler  
Superintendent of Schools

## WHITEFISH BAY SCHOOL DISTRICT FACILITIES:

### DISTRICT OFFICE:

1200 E. Fairmount Avenue  
Whitefish Bay, Wisconsin 53217  
414-963-3921

### LYDELL SCHOOL & COMMUNITY CENTER:

5205 N. Lydell Avenue  
Whitefish Bay, Wisconsin 53217  
414-963-3947

### CUMBERLAND ELEMENTARY:

4780 N. Marlborough Drive  
Whitefish Bay, Wisconsin 53217  
414-963-3943

### RICHARDS ELEMENTARY:

5812 N. Santa Monica Boulevard  
Whitefish Bay, Wisconsin 53217  
414-963-3951

### WHITEFISH BAY MIDDLE SCHOOL:

1144 E. Henry Clay Street  
Whitefish Bay, Wisconsin 53217  
414-963-6800

### WHITEFISH BAY HIGH SCHOOL:

1200 E. Fairmount Avenue  
Whitefish Bay, Wisconsin 53217  
414-963-3928





# REGISTRATION INFORMATION

## HOW TO REGISTER:



### DROP OFF / MAIL

5205 N. Lydell Avenue  
Whitefish Bay, WI 53217

**DROP OFF/MAIL:** Registrations may be dropped off or mailed.



### ONLINE

[www.wfbschools.com](http://www.wfbschools.com)

**ONLINE:** Use your username/password for your household to log into the online portal. If you have never registered for a program, complete the Whitefish Bay Recreation Account Set-Up Form on the website. Once submitted, a welcome email will be sent to you with instructions on how to finalize your account.

## ONLINE REGISTRATION

1. Log onto the School District of Whitefish Bay at [www.wfbschools.com](http://www.wfbschools.com).
2. Click on the "Community & Recreation" link.
3. Click on the "Recreation Department" link.
4. Click on the page "Online Registration" to open the log-in page.



### VIRTUAL LEARNING - (VL)

VL means virtual learning. If you see this next to a course offering, it means it is a virtual offering and you can participate from the comfort of your home.



### CO-OP

CO-OP means cooperative programming that is hosted by a neighboring Recreation Department.



## CO-OP CONTACT INFORMATION

**NICOLET RECREATION DEPARTMENT**  
414-351-7566 [www.nicolet.k12.wi.us](http://www.nicolet.k12.wi.us)

**SHOREWOOD RECREATION DEPARTMENT**  
414-963-6913 [www.shorewoodschoools.org](http://www.shorewoodschoools.org)

**MEQUON/THIENSVILLE RECREATION DEPARTMENT**  
262-238-7535 [www.mtsd.k12.wi.us](http://www.mtsd.k12.wi.us)

**BROWN DEER PARKS & RECREATION DEPARTMENT**  
414-371-3070 [www.browndeerwi.org](http://www.browndeerwi.org)

## IMPORTANT REGISTRATION DATES

### MARCH 10 – 23

Resident Lottery Registration

### MARCH 24

Resident Lottery Selection Date

\*Registration Closed: no registrations are processed

### MARCH 25

Resident Registration Continues,  
Non-Resident Registration Begins

## OFFICE INFORMATION

### Summer Office Hours

Monday thru Friday (June 16 – June 30)  
7:30 am – 3:00 pm

Monday thru Friday (July 1 – Aug 8)  
7:00 am – 3:30 pm

### Fall Office Hours

Monday thru Friday (starting Aug 11)  
8:00 am – 4:30 pm

The office will be closed on the following dates:

May 26, July 4

Phone: 414-963-3947  
Fax: 414-963-3937

## DROP BOX HOURS

• Monday thru Thursday  
7:30 am–9:00 pm

• Friday 7:30 am–6:00 pm



LIKE US ON FACEBOOK

**NOTE:** Don't wait to register...a \$10.00 late fee is assessed if you register on or after the start date of a program.

# COMMUNITY FITNESS CENTER

Come Join Us Today!

Looking for a no hassle work-out? The Whitefish Bay High School Fitness Center is open to community members and provides both cardio and strength training equipment. Fitness Center Attendants are available to provide all new members an orientation to ensure proper use of equipment. Personalized fitness classes are also available to add on to your membership package. Research has shown that resistance and cardio training are a vital component for maintain a healthy mind and body!

## FITNESS CENTER HOURS

**Days:** Mondays & Wednesdays  
Mondays – Thursdays  
Saturdays

**Dates:** Jun 2 – Aug 28  
(closed July 3, 5)

**Time:** 5:30 – 7:30 am  
**Time:** 6:00 – 8:00 pm  
**Time:** 8:00 – 11:00 am

## MEMBERSHIP PACKAGE OPTIONS

**Adult Fee:** \$100.00-resident / \$110.00 non-resident

**Course Code:** 190305 A1

**Senior Fee:** (WFB seniors Ages 60 and Up)  
\$80.00-resident

**Course Code:** 190305 A2

**Whitefish Bay High School Student Fee:** \$30.00

**Course Code:** 180300 A1

## FITNESS MEMBERSHIP ADD-ONS

See Descriptions for class details.

**LAP SWIM \$25.00** P. 39

Don't Miss Out on  
This Great Opportunity.

**Sign Up Today!**



# SUMMER CAMP



## K-CAMP

**Location:** Richards Elementary School, Room 103 & Room 105  
**Grades:** K4 and K5 as of 2025/2026 school year  
**Note:** **Registration Deadline:** Friday, May 23, 2025  
**Days:** Monday thru Friday **Time:** 7:30 am – 5:30 pm  
**Dates:** June 23 – Aug 15 (skip July 4)  
**Course Code:** 100001  
**Section Fee:** res./non-res. \$300.00/\$310.00

K-Camp provides incoming K4 – K5’s with a full day of summer camp fun. They will have experiences that challenge their minds, spark lifelong friendships that take them outdoors in and around our community! Each week’s activities are based on a fun summer theme. K-Campers will visit local parks, businesses, attend off-site field trips to all kinds of fun places, from zoos to the pool! Sign up for one week or all 8!

## K-CAMP REGISTRATION PROCESS

Weekly camp fees are not prorated based on attendance. Full camp activity calendars and the Parent Handbook can be found on our website at [www.wfbschools.com](http://www.wfbschools.com). \*This program typically fills during the resident lottery period and will go to the lottery. Residents are encouraged to register during resident lottery registration to be part of the process for the best chances to secure a spot. **The Registration and Cancellation Deadline for this program is May 23rd.** No withdrawals, schedule changes, request for credits, or refunds can take place after this deadline, unless there is a child on the waitlist that can fulfill your child’s spot. Please use the K-Camp registration form or register online.

## K-CAMP WEEKLY THEMES

\* Field trips and Community Days are subject to change. Field Trips and Community Days can be either on-site or walking distance from Richards Elementary School.

SECTION / DATES	THEME	TUESDAY COMMUNITY DAY (*FIELD TRIP)	THURSDAY FIELD TRIP	WEEK SELECTION/FEE
<b>Section A1:</b> June 23–27	Movin’ and Grovin’	Martial Arts Demo with Phil Sauer	First Stage Theater Workshop at Richards	<input type="checkbox"/> res. \$300.00 <input type="checkbox"/> non-res. \$310.00
<b>Section A2:</b> June 30 – July 3 (skip July 4)	Once Upon a Time	Storytime with WFB Librarian	BookWorm Gardens *Monday, June 30	<input type="checkbox"/> res. \$300.00 <input type="checkbox"/> non-res. \$310.00
<b>Section A3:</b> July 7–11	Treasure Island	Treasure Hunt at Klode Park	Brown Deer Pond	<input type="checkbox"/> res. \$300.00 <input type="checkbox"/> non-res. \$310.00
<b>Section A4:</b> July 14–18	Superheros in Training	Scavenger Hunt	Schlitz Audubon Nature Center	<input type="checkbox"/> res. \$300.00 <input type="checkbox"/> non-res. \$310.00
<b>Section A5:</b> July 21–25	Under the Sea	Water Day	Cedarburg Pool	<input type="checkbox"/> res. \$300.00 <input type="checkbox"/> non-res. \$310.00
<b>Section A6:</b> July 28–Aug. 1	Into the Wild	Yoga with Katie Reitman	Betty Brinn	<input type="checkbox"/> res. \$300.00 <input type="checkbox"/> non-res. \$310.00
<b>Section A7:</b> August 4–8	Discovering Our Senses	WFB Fire Department Visit	Kids Empire	<input type="checkbox"/> res. \$300.00 <input type="checkbox"/> non-res. \$310.00
<b>Section A8:</b> August 11–15	Animal Adventures	Tatiana’s Zoo Visit	Milwaukee Zoo	<input type="checkbox"/> res. \$300.00 <input type="checkbox"/> non-res. \$310.00

**TOTAL**



## K-CAMP REGISTRATION FORM



### CAMPER INFORMATION

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Grade as of 2025/2026 School Year \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Does your child have any health concerns, allergies or special needs? If so, please list:

\_\_\_\_\_

Will your child have any medication to be administered? If so, please contact the office for a medical authorization to administer form.

### PARENT/GUARDIAN INFORMATION

Primary Guardian's Name \_\_\_\_\_

Primary Guardian's Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Secondary Guardian's Name \_\_\_\_\_

Secondary Guardian's Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

### ALTERNATIVE EMERGENCY CONTACT

In case of emergency, the primary guardian's cell phone number will be called first. Please list an alternative emergency contact.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Cell Phone \_\_\_\_\_

### PARENT/GUARDIAN SIGNATURE

I hereby understand that my child has registered to participate in a program sponsored by the School District of Whitefish Bay Recreation Department. I acknowledge and will adhere to department policies described in the Recreation Department seasonal brochure. I understand that participating in this activity, like all activities, has some inherent risk. Furthermore, I certify that my child is in good physical condition and assume full responsibility for any injuries incurred. If not, I have noted limitations. No accident insurance is provided. Participants must obtain insurance prior to and for the duration of the activity. My child has permission to seek medical treatment in case of an emergency.

### CREDIT CARD INFORMATION

CREDIT CARD NUMBER:

□□□□-□□□□-□□□□-□□□□

EXP. DATE:

□ M □ M □ Y □ Y

CVV#:

□□□

Signature \_\_\_\_\_

Card Holder Name (Print) \_\_\_\_\_

### REGISTRATION OPTIONS



#### DROP OFF / MAIL

5205 N. Lydell Avenue  
Whitefish Bay, WI 53217



#### ONLINE

www.wfbschools.com

### PARENT WAIVERS & PERMISSIONS

- My child has permission to go on walking trips.
- My child has permission to ride the school bus for the field trips.
- My child has permission to have sunscreen applied by staff.
- My child has permission to have bug spray applied by staff.
- My child has permission to be photographed for promotional or education purposes.

### DATE

### PAYMENT INFORMATION:

- CHECK** Checks payable to Whitefish Bay Recreation Dept.
- CHARGE** credit card (Visa, Mastercard AmEx and Discover). *Cash is NOT accepted.*

**TOTAL**





# SUMMER CAMP



## CAMP CUMBERLAND AND CAMP RICHARDS

**Location:** Cumberland Elementary School, Great Hall  
Richards Elementary School, Great Hall

**Grades:** 1 thru 6 as of the 2025/2026 school year

**Course Code:** 140103 – CUMBERLAND ELEMENTARY  
140106 – RICHARDS ELEMENTARY

**Dates:** June 23 – Aug 15 (skip July 4)

**Days:** Monday thru Friday

**Times:** All Day: 9:00am - 4:00 pm  
Extended AM: 7:30 - 9:00 am  
Extended PM: 4:00 - 5:30 pm

**All-Day Weekly Section Fee (includes field trip):** res./non-res. \$295.00/\$305.00

**Extended AM Weekly Section Fee:** res./non-res. \$15.00 /\$25.00

**Extended PM Weekly Section Fee:** res./non-res. \$15.00 /\$25.00

Camp Cumberland and Camp Richards offer our 1st – 6th graders a full day of activities that includes weekly themed outdoor games, arts and crafts, spirit days, contests, water days and field trips. It's summer camp at its best! Parents have the flexibility to choose the weeks they want their child/ren to attend. Extended care is offered for those families who need a little extra supervision before and after camp. Sign up for one week or all 8!

### DAY CAMP REGISTRATION PROCESS

Please register your child for camp by Noon on the **Thursday** before the week you want your child to participate. Camp weeks do fill up quickly. Payment is due in full at the time of registration. Weekly camp fees are not prorated based on attendance. Late registrations may or may not be accommodated and will be processed with a \$10.00 late fee. Full camp activity calendars and parent handbook can be found on our website at [www.wfbschools.com](http://www.wfbschools.com). Please use the Day Camp Registration Form or register online! Our Richards and Cumberland Day Camp schedule is not compatible with the Whitefish Bay Summer School schedule. If you are looking for care while your child attends Summer School please register for the **Summer School Wrap Camp**, more information on this program can be found on page 11.

## CAMP CUMBERLAND AND CAMP RICHARDS WEEKLY THEMES

\*Field Trips and Weekly Themes are subject to change

COURSE CODE	SECTION / THEME / DATE	EXTENDED (AM) 7:30-9:00AM	ALL DAY 9:00AM-4:00PM	EXTENDED (PM) 4:00-5:30PM	TOTAL WEEKLY FEE
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	<b>Section A1:</b> Aloha! Bonjour! – June 23–27 Field Trip: Brown Deer Lanes	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$295.00 <input type="checkbox"/> non-res. \$305.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	<b>Section A2:</b> America the Beautiful June 30 – July 3 (skip July 4) Field Trip: First Stage at Camp	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$295.00 <input type="checkbox"/> non-res. \$305.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	<b>Section A3:</b> The Wild, Wild, West – July 7–11 Field Trip: Action Territory	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$295.00 <input type="checkbox"/> non-res. \$305.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	<b>Section A4:</b> Space – July 14–18 Field Trip: Fondy Aqua Park	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$295.00 <input type="checkbox"/> non-res. \$305.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	<b>Section A5:</b> Camp Olympics – July 21–25 Field Trip: Bear Paw Beach	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$295.00 <input type="checkbox"/> non-res. \$305.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	<b>Section A6:</b> Under the Big Top – July 28–Aug. 1 Field Trip: Cedarburg Pool	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$295.00 <input type="checkbox"/> non-res. \$305.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	<b>Section A7:</b> Travel through Time – Aug. 4–8 Field Trip: Slick City Action Park	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$295.00 <input type="checkbox"/> non-res. \$305.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	<b>Section A8:</b> Inventors Workshop – Aug. 11–15 Field Trip: Ozaukee Skateland	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$295.00 <input type="checkbox"/> non-res. \$305.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	

TOTAL



# DAY CAMP REGISTRATION FORM



## CAMPER INFORMATION

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Grade as of 2025/2026 School Year \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Does your child have any health concerns, allergies or special needs? If so, please list:

\_\_\_\_\_  
\_\_\_\_\_

Will your child have any medication to be administered? If so, please contact the office for a medical authorization to administer form.

## PARENT/GUARDIAN INFORMATION

Primary Guardian's Name \_\_\_\_\_

Primary Guardian's Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Secondary Guardian's Name \_\_\_\_\_

Secondary Guardian's Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

## ALTERNATIVE EMERGENCY CONTACT

In case of emergency, the primary guardian's cell phone number will be called first. Please list an alternative emergency contact.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Cell Phone \_\_\_\_\_

## REGISTRATION OPTIONS



### DROP OFF / MAIL

5205 N. Lydell Avenue  
Whitefish Bay, WI 53217



### ONLINE

[www.wfbschools.com](http://www.wfbschools.com)

## PARENT WAIVERS & PERMISSIONS

- My child has permission to go on walking trips.
- My child has permission to ride the school bus for the field trips.
- My child has permission to have sunscreen applied by staff.
- My child has permission to have bug spray applied by staff.
- My child has permission to be photographed for promotional or education purposes.

## PARENT/GUARDIAN SIGNATURE

I hereby understand that my child has registered to participate in a program sponsored by the School District of Whitefish Bay Recreation Department. I acknowledge and will adhere to department policies described in the Recreation Department seasonal brochure. I understand that participating in this activity, like all activities, has some inherent risk. Furthermore, I certify that my child is in good physical condition and assume full responsibility for any injuries incurred. If not, I have noted limitations. No accident insurance is provided. Participants must obtain insurance prior to and for the duration of the activity. My child has permission to seek medical treatment in case of an emergency.

## DATE

## PAYMENT INFORMATION:

- CHECK** Checks payable to Whitefish Bay Recreation Dept.
- CHARGE** credit card (Visa, Mastercard AmEx and Discover). **Cash is NOT accepted.**

## CREDIT CARD INFORMATION

CREDIT CARD NUMBER:

□□□□-□□□□-□□□□-□□□□

EXP. DATE:

□□/□□

CVV#:

□□□

Signature \_\_\_\_\_

Card Holder Name (Print) \_\_\_\_\_

**TOTAL**





## PRESCHOOL CAMP

- Instructor:** WFB Recreation Department Staff
- Location:** Lydell School & Community Center, Room 26
- Days:** Monday thru Friday **Time:** 9:15 – 11:45 am
- Ages:** 3 years on or before June 23, 2025
- Course Code:** 110101
- Section A1:** June 23 – July 3
- Section A2:** July 7 – July 18
- Section A3:** July 21 – Aug 1
- Section Fee:** res./non-res. \$160.00/\$170.00

Preschool Camp offers fun opportunities for children who will turn 3 years of age on or before June 23, 2025. Come and enjoy play and friendship in both indoor and outdoor play areas. Children will be participating in a variety of activities including arts and crafts, story time, free play (indoor/outdoor). Preschoolers should attend with a water bottle and small healthy snack each day. Preschool is a nut free environment. Please do not send snacks that contain nuts. Children must be toilet-trained.

## KINDER CAMP

- Instructors:** WFB Recreation Department Staff
- Location:** Cumberland Elementary School, Room 116  
Richards Elementary School, Room 102
- Days:** Monday thru Friday **Time:** 9:00 am – 12:00 pm
- Grades:** K4 or K5 as of 2025/2026 school year
- Course Code:** 120101 – Richards  
120102 – Cumberland
- Section A1:** June 23 – June 27
- Section A2:** June 30 – July 3
- Section A3:** July 7 – July 11
- Section A4:** July 14 – July 18
- Section A5:** July 21 – July 25
- Section A6:** July 28 – Aug 1
- Section Fee:** res./non-res. \$85.00/\$95.00

Your child can come and enjoy a variety of activities that will promote and teach campers independence, classroom social skills and allow students to familiarize themselves with a school environment. The camp includes both indoor and outdoor activities. Kinder campers should attend with a water bottle and a healthy snack each day. Kinder camp is a nut free environment. Please do not send snacks that contain nuts.

## SUMMER SCHOOL WRAP AROUND CAMP

- Instructor:** WFB Recreation Department Staff
- Location:** Cumberland Elementary School, Room 16
- Days:** Monday thru Friday **Time:** 8:00 am – 4:00 pm
- Grades:** K5 thru 5 as of 2025/2026 school year
- Course Code:** 110701
- Section A1:** June 23 – July 25 (skip June 30 – July 4)
- Section Fee:** \$525.00

This camp is specifically designed for students who attend summer school. Summer School Wrap-Around camp will be provided from 8:00 am to 4:00 pm, Monday through Friday, for all four weeks of Summer School. The camp will offer before and after summer school care according to each student's assigned Summer School session Monday through Thursday, and all-day care (8:00 am – 4:00 pm) on Fridays with outdoor play and intentionally planned enrichment activities based on

the needs of the group. Students will have the opportunity to expand their learning of math and literacy skills through games, the arts, and outdoor play with their peers. Our teachers will help with the transition to and from their morning Summer School session and provide time for lunch and rest (if age appropriate). Participants should bring a water bottle, bag lunch and a small healthy snack. WrapAround Camp is a nut free environment. Please do not send lunch or snacks that contain nuts.

## SUMMER PLAYGROUND, MATH AND MORE

- Instructor:** Kevin Lazovik and Kelly Kubicki, Whitefish Bay School District Teachers
- Location:** Cahill Park Pavilion
- Days:** Monday thru Friday **Time:** 9:00 am – 4:00 pm
- Grades:** K5 thru 4 as of 2025/2026 school year
- Course Code:** 130505
- Section A1:** June 16 – June 20
- Section A2:** Aug 18 – Aug 22
- Section Fee:** res./non-res. \$300.00/\$310.00

Come and have your child join WFB Elementary School Teachers Kelly Kubicki and Kevin Lazovik for outdoor playground activities, LEGO building, math games, reading and more. The camp provides opportunities for kids to come together and enjoy enriching activities in a safe and positive environment. Camper arrival will take place from 9:00 – 9:30 am and the camp ends promptly at 4:00 pm each day. Campers will need to bring a bagged lunch, refillable water bottle and sunscreen to camp each day. Campers should dress to be outdoors and active (no flip-flops or crocs).

## Lydell Preschool

*An exceptional place for young hearts and minds*

We believe that children are unique, creative individuals who have the ability to influence their own learning.

Our dedicated staff challenges students to reach their full potential, while providing an environment that is balanced between socialization, academics, and recreation.

CLASSROOM SPOTS ARE STILL AVAILABLE!

Space is limited, so drop off your enrollment form today!

(Forms must be handed in person to the Lydell School & Community Center office.)

<u>Our Classrooms</u>	<u>Program Days &amp; Times</u>
<p style="font-weight: bold; margin: 0;">Early Childhood: Ages 2-3</p> <p style="font-size: x-small; margin: 0;">Must be 2 years old by September 1st</p>	<p style="font-weight: bold; margin: 0;">3-Day Program</p> <p style="font-size: x-small; margin: 0;">Monday, Wednesday, Friday</p>
<p style="font-weight: bold; margin: 0;">Preschool: Ages 3-4</p> <p style="font-size: x-small; margin: 0;">Must be 3 years old by September 1st</p>	<p style="font-weight: bold; margin: 0;">2-Day Program</p> <p style="font-size: x-small; margin: 0;">Tuesday, Thursday</p>
<p style="font-size: x-small; margin: 0;"><b>Lydell School &amp; Community Center</b> 5205 N Lydell Ave, Whitefish Bay, WI</p>	<p style="font-weight: bold; margin: 0;">Time for both Programs</p> <p style="font-size: x-small; margin: 0;">9:00 - 11:30 am</p>

For more information, please visit our website at [wfbschools.com](http://wfbschools.com) or contact Caitlin at [caitlin.carani@wfbschools.com](mailto:caitlin.carani@wfbschools.com)



## BLUE DUKE FRESHMAN ACADEMY

**Instructor:** Anna Gibson, WFB High School Teacher  
**Location:** Whitefish Bay High School, Library Media Center  
**Days:** Monday thru Thursday  
**Time:** 10:00 am – 12:30 pm  
**Grade:** 9 as of 2025/2026 school year  
**Course Code:** 130504  
**Section A1:** July 21 – July 24  
**Section Fee:** res./non-res. \$75.00/\$85.00

Blue Duke Freshman Academy is specifically designed for incoming Whitefish Bay Freshmen who would like a more in-depth opportunity to learn about the resources that the Whitefish Bay High School offers to Freshmen, tour the facility, walk your schedule, enroll in extracurricular activities, begin to organize your student Google Drive, as well as learn the keys to successful note taking and study skills that will increase your success throughout your entire high school career. The week-long experience will end with a celebratory picnic lunch in the Whitefish Bay Community Garden. Please bring a bag lunch to the last class.

## COLLEGE APPLICATION JUMPSTART

**Instructor:** Megan Greischar, WFB School Counselor  
**Location:** WFB High School, Room 216  
**Grade:** 12 as of 2025/2026 school year  
**Days:** Tuesday thru Thursday  
**Dates:** Aug 5 – Aug 7  
**Course Code:** 130509  
**Section A1:** 12:00 – 2:00 pm  
**Section Fee:** res./non-res. \$50.00/\$60.00

Rising Seniors, are you ready to apply to college? Many colleges open their application processes during the summer months. This class is designed to help you get that jumpstart you need to be ready. Topics covered include: How to approach a college essay, how to fill out a college application using the Common Application, the UW System application or a college's own Application and how to support your application even after it's submitted. Students will have time to work on their essays and applications during class under the guidance of a veteran school and college counselor. Each student will receive personal attention and have the opportunity to ask questions. Parents and Seniors will be grateful to tackle their applications early!

## MINDS ON MATH WITH STEM CHALLENGES

**Instructor:** Karen Eyers and Susan Jones, WFB School District Educators  
**Location:** Richards Elementary School, Rooms 203 & 204  
**Grades:** 2 thru 5 as of 2025/2026 school year  
**Days:** Monday thru Friday  
**Time:** 9:00 am – 3:00 pm  
**Course Code:** 130510  
**Section A1:** June 23 – June 27  
**Section Fee:** res./non-res. \$250.00/\$260.00

If you have a curiosity for mathematics and the numbers, patterns and relationships found in the real world, then join us for an exploration of three-act math tasks and dive into a compilation of rich explorations designed to push your thinking and challenge what you think you know. Representations, conversational talk moves, and mathematical

reasoning will all be found in this opportunity for the enrichment of the expansion of the big ideas in mathematics. In addition, we'll stretch our thinking as we engage in STEM tasks such as designing a water slide, building a boat and creating a parachute. Let the fun begin! Please bring a lunch, water bottle and a snack. Dress for outdoor activities/movement during our lunch break.

## BACK TO SCHOOL MATH & LITERACY BOOSTERS

**Instructor:** Karen Eyers and Susan Jones, WFB School District Educators  
**Location:** Richards Elementary School, Rooms 203 & 204  
**Grades:** 2 thru 5 as of 2025/2026 school year  
**Days:** Monday thru Friday  
**Time:** 9:00 am – 3:00 pm  
**Course Code:** 130511  
**Section A1:** Aug 4 – Aug 8  
**Section Fee:** res./non-res. \$250.00/\$260.00

Believe it or not, math and reading can be fun! In this class you'll brush up on some fact fluency, engage in a bit of gameplay and review place value concepts needed to create a strong foundation for the start of the new school year. Manipulatives, conversational talk moves and shared strategies/representations will be a part of this learning experience designed to review core skills and concepts in grade level mathematics. We'll brush up on our reading skills as we explore a short story (or two), connect with our favorite characters through rich discussion, and consider creative writing extensions beyond the book. Please bring a lunch, water bottle and a snack. Dress for outdoor activities/movement during our lunch break.

## STUDY SKILLS FOR MIDDLE SCHOOL STUDENTS

**Coordinator:** Mequon Thiensville Recreation Department  
**Instructor:** Knowledge Studio One Staff  
**Location:** Range Line School, Rooms 108, Mequon  
**Days:** Monday thru Thursday  
**Dates:** Aug 11 – Aug 14  
**Grades:** 6 thru 9 as of 2025/2026 school year  
**Course Code:** 161002  
**Section A1:** Grades 6 and 7 **Time:** 8:30 – 10:00 am  
**Section A2:** Grades 8 and 9 **Time:** 10:30 am – 12:00 pm  
**Registration Deadline:** Monday, Aug 4  
**Section Fee:** res./non-res. \$190.00/\$200.00

Do you think your child has more academic potential? Does your child's homework not make its way home, or make it home but not back to school? Has your child been taught HOW to study? Ensure academic success for the 2025/2026 school year by enrolling your student in the Study Skills Workshop. Students will be taught how to organize and manage their time, habits and materials. They will learn how to take notes both from their textbooks and from teacher lectures. Students will also acquire test preparation and test-taking strategies. Start the upcoming school year right in every subject with strong study skills from Knowledge Studio One. Please bring a spiral notebook, pen and water bottle to each class.

**NOTE:** Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.

# INSPIRIT AI AT WHITEFISH BAY HIGH SCHOOL

## Artificial Intelligence Intensive for Middle and High School Students

Taught by Stanford, MIT, and Ivy League graduates



### course description

In this 10-session, 30-hour project-based program, we will explore the foundations of machine learning & explore different applications of machine learning models.

In the first half of the course, students learn AI's core technologies including applications, foundational concepts, & programming tools through interactive lectures and coding labs. Students will not only learn about different types of machine learning models, but also apply those models to real data sets. In the second half of the course, students will complete an instructor-led group project applying AI to a particular discipline (e.g., music, healthcare, astrophysics, finance, etc.), utilizing their new programming skills!

#### 1 first half

Learn AI's core technologies

- Applications
- Foundational concepts
- Programming tools

#### 2 second half

Complete a group project

- Apply AI to a discipline of their choice
- Utilize real AI data sets to model complex problems

### example instructors

Courses are led by Stanford, MIT, & top university teachers who specialize in AI & are passionate about inspiring students.



#### Peter Washington

Instructor

Assistant Professor @ UCSF  
PhD Stanford - Bioengineering  
M.S. Stanford - Computer Science

- Assistant Professor in the Division of Clinical Informatics and Digital Transformation in the Department of Medicine
- Research focus on AI-powered assistive technology and bioinformatics



#### Brianna Chrisman

Instructor

Machine Learning Research Scientist @ GRAIL  
PhD Stanford - Biomedical Engineering  
B.S. Yale - Applied Physics

- Develop machine learning models to detect early stage cancer, quantify tumor burden, and aid in diagnosis.
- Tie together the nuances of assays, terabyte-level genomic data processing, and machine learning models to develop effective, interpretable, & scalable models.

### program outcomes

- ✓ Developing AI fundamentals for future extracurricular & professional initiatives
- ✓ Building presentation skills & translating AI projects into college-ready initiatives
- ✓ Gaining exposure to careers in AI through panels

### example ai project tracks



#### AI + Healthcare

Improve patient diagnosis based on medical scans using computer vision.



#### AI + Mobility

Apply AI to create a safe and synchronized auto pilot system for cars.



#### AI + Finance

Leverage machine learning to optimize asset combinations and portfolio returns.

### course structure & logistics

Hosted at Whitefish Bay High School

#### Schedule

Weekdays from Monday, August 4 - Friday, August 15, 2025

Middle School Session: 9:00am-12:00pm

High School Session: 1:00pm - 4:00pm

Course Code: 141106

A1: Middle School Session Room 246-Whitefish Bay High School

A2: High School Session Room 250-Whitefish Bay High School

### apply now

Register via the QR code below or use the program registration form in the back of the guide.

#### Prerequisites

None! Beginners are welcome, and advanced cohorts are available.

#### Pricing

Program Fee: \$1500 USD

Contact Program Coordinator Jared Greene ([jaredgreene@inspiritai.com](mailto:jaredgreene@inspiritai.com)) for more info.



Contact: Program Coordinator, Jared Greene ([jaredgreene@inspiritai.com](mailto:jaredgreene@inspiritai.com)) | [www.inspiritai.com](http://www.inspiritai.com)



## ACT WORKSHOP

- Instructor:** Fred Silver, North Shore Tutoring
- Location:** Live via Zoom
- Days:** Monday thru Friday
- Time:** 1:30 – 3:00 pm
- Grades:** 11 thru 12 as of 2025/2026 school year
- Course Code:** 181002
- Section A1:** July 14 – July 25
- Section A2:** July 28 – Aug 8
- Section Fee:** res./non-res. \$240.00/\$250.00

In this ACT workshop, students will learn how to identify the types of questions they will see on the four multiple-choice sections of the ACT test as well as a variety of strategies to attack the various questions. The Instructor has designed this in-depth course based on 30 years of successfully helping students prepare for the ACT. Students will need to purchase a copy of The Official ACT Prep Guide 2025-2026 prior to the first session. Many students order the book from Amazon or purchase it at a local bookstore. Students will also need to bring a blank spiral notebook to each virtual class.

## JUNIOR JAMBOREE

- Instructor:** Dana Sherman, WFB Recreation Instructor
- Location:** Lydell School & Community Center, Room 19
- Ages:** 6 months thru 4 years
- Course Code:** 110301
- Days:** Tuesdays
- Section A1:** June 3 – July 15 (skip June 24) **Time:** 9:00 – 9:30 am
- Section A2:** June 3 – July 15 (skip June 24) **Time:** 9:40 – 10:10 am
- Section A3:** June 3 – July 15 (skip June 24) **Time:** 10:20 – 10:50 am
- Section A4:** July 22 – Aug 26 **Time:** 9:00 – 9:30 am
- Section A5:** July 22 – Aug 26 **Time:** 9:40 – 10:10 am
- Section A6:** July 22 – Aug 26 **Time:** 10:20 – 10:50 am
- Days:** Wednesdays
- Section B1:** June 4 – July 16 (skip June 25) **Time:** 9:00 – 9:30 am
- Section B2:** June 4 – July 16 (skip June 25) **Time:** 9:40 – 10:10 am
- Section B3:** June 4 – July 16 (skip June 25) **Time:** 10:20 – 10:50 am
- Section B4:** July 23 – Aug 27 **Time:** 9:00 – 9:30 am
- Section B5:** July 23 – Aug 27 **Time:** 9:40 – 10:10 am
- Section B6:** July 23 – Aug 27 **Time:** 10:20 – 10:50 am
- Section Fee:** res./non-res. \$66.00/\$76.00

Get moving and singing in this music class for children and their parents or caregivers. Your child will be immersed in children's songs, interactive finger play, creative dance music and the exploration of different rhythms. We hope you will learn some new songs while inspiring the love of music in your child. Bring your dancing feet and come share some special music moments together in this fun family class. Class will be held outside when weather permits. Families bringing additional children to class must register them if they are within 6 months thru 4 years of age.



## CHECK OUT OUR RecGram!

Emailed weekly to all household accounts and posted on Facebook with timely programming info!

## WHITEFISH BAY COMMUNITY GARDEN VOLUNTEER PROGRAM

- Coordinator:** Miriam Gerriettes, WFB Community Garden Coordinator
- Location:** WFB Community Garden
- Ages:** 13 years and up
- Days:** Vary **Times:** Vary
- Course Code:** 190500
- Section A1:** April thru October
- Section Fee:** FREE

The Whitefish Bay Garden needs you! The WFB Community Garden and its volunteers provide more than just rich soil for individuals and families to grow organic food, herbs and flowers. They also build social connections and provide a way to stay active and healthy. Volunteers will be contacted by a weekly email to sign up for volunteer work times. Depending on seasonal chores, volunteers will take direction from the coordinator and prepare soil, weed, sow seeds and much more. Of course, you will reap the benefits of your hard work by receiving lots of fresh produce throughout the growing season. Participants under the age of 13 may volunteer with an adult. If you are interested in giving a monetary donation or in being a business sponsor, please call our main office at (414) 963-3947.

## CLAY STUDIO

- Instructor:** Brad Ribbeck, WFB High School Art Teacher
- Location:** WFB High School Ceramics Studio, Room 35
- Grades:** 1 thru 8 as of 2025/2026 school year
- Days:** Monday thru Friday
- Course Code:** 150701 **Dates:** June 16 – June 27
- Course Code:** 150702 **Dates:** July 7 – July 18
- Section A1:** Grades 1 and 2 9:30 – 10:30 am
- Section A2:** Grades 3 and 4 11:00 am – 12:00 pm
- Section A3:** Grades 5 and 6 1:00 – 2:30 pm
- Section A4:** Grades 7 and 8 3:00 – 4:30 pm
- Section A1/A2 Fee:** res./non-res. \$105.00/\$115.00
- Section A3/A4 Fee:** res./non-res. \$115.00/\$125.00

We will explore a variety of sculptural and hand-building techniques with clay. You'll get a chance to try your hand on a potter's wheel and be surprised by how many exciting works of ceramic art you'll be able to turn out. There will be a bonus project during the firing time of the clay art. Please bring a smock or apron every day.

## HIGH SCHOOL POTTERY THROWING

- Instructor:** Sarah Doll, WFB High School Pottery Instructor
- Location:** WFB High School Ceramics Studio, Room 35
- Grades:** 9 thru 12 as of 2025/2026 school year
- Days:** Tuesdays and Thursdays **Time:** 4:45 – 6:45 pm
- Course Code:** 170705
- Section A1:** June 17 – July 15
- Section Fee:** res./non-res. \$140.00/\$150.00

High school classes are for beginning through advanced students with individualized instruction based on students' interests. Basic and advanced wheel-throwing techniques will be covered. Techniques for making a variety of forms such as bowls, vases, mugs, and bottles will be demonstrated. Texture and altered forms will be explored as well as a variety of glazing and decorating techniques. The last day of class, July 15, will be used to pick up completed pieces.



## FIMO CLAY CREATIONS

**Instructor:** Tanner Teipel, WFB Art Teacher  
**Location:** WFB High School Ceramics Studio, Room 37  
**Days:** Monday thru Friday  
**Time:** 10:00 – 11:30 am  
**Grades:** 3 thru 5 as of 2025/2026 school year  
**Course Code:** 140709  
**Section A1:** June 23 – June 27  
**Section Fee:** res./non-res. \$70.00/\$80.00

We will use FIMO and air-drying clays to create one-of-a-kind projects. We will create something new every day and, if students are interested, all of those creations can combine into one masterpiece by the end of the week. Come explore the world of clay!

## COCONUTS & CROWNS: A POLYNESIAN ADVENTURE DRAWING CAMP



**Instructor:** Don Eisenhauer, Young Rembrandts Staff  
**Location:** Lydell School & Community Center, Room 24  
**Days:** Monday thru Friday **Time:** 12:45 – 2:45 pm  
**Ages:** 6 thru 12 years  
**Course Code:** 140701  
**Section A1:** July 7 – July 11  
**Section Fee:** res./non-res. \$119.00/\$129.00

If you like Disney's "Moana", you will love this drawing camp! Discover the beauty of Polynesia through drawing! In this 5-day workshop, children will create original characters like a spirited island girl and cheeky coconut creatures, as well as traditional Polynesian flower crowns. Artists will also illustrate breathtaking ocean scenes with Wa'a Kaulua boats and the serene landscapes of island huts and native plants. This workshop blends realism with cartoons, using vibrant no-mess materials like colored pencils and markers. Let the islands inspire your young artist!

## UNDER THE SEA DRAWING CAMP



**Instructor:** Don Eisenhauer, Young Rembrandts Staff  
**Location:** Lydell School & Community Center, Room 24  
**Days:** Monday thru Friday **Time:** 12:45 – 2:45 pm  
**Ages:** 6 thru 12 years  
**Course Code:** 140703  
**Section A1:** Aug 4 – 8  
**Section Fee:** res./non-res. \$119.00/\$129.00

If you love sea creatures, this camp is a must! Our fish characters will consist of sharks, jellyfish, octopus and others. We will give our fish characters expressions and will place them in fun action scenes. On our final day, we will draw a large scene of the coral reef environment, inviting a great opportunity to use a variety of colors and textures. Our creative juices will flow as we develop new and fun characters!

## CAMP CREATE - ART AND SEWING WORKSHOP

**Instructor:** Jeannie Bril and Terri Roller, WFB Recreation Department Instructors  
**Location:** Lydell School & Community Center, Rooms 22 & 24  
**Days:** Monday thru Friday **Time:** 9:00 – 11:15 am  
**Ages:** 8 thru 12 years  
**Course Code:** 160901  
**Section A1:** June 16 – June 20  
**Section Fee:** res./non-res. \$210.00/\$220.00

During this fun-filled camp, young makers will explore painting and drawing techniques, using a variety of artist's media while designing their own unique pieces. They will also be introduced to hand and machine sewing, creating altered journals, embellished pillows, and other projects. Our two experienced Instructors collaborate in teaching projects such creating soft sculpture collages, painting on upcycled fabric, batik, and lots more! We'll celebrate our creativity with an art show finale!

## DIGITAL PHOTO BASICS

**Instructor:** Tanner Teipel, WFB Art Teacher  
**Location:** WFB High School Media Center, Room 234  
**Grades:** 2 thru 8 as of 2025/2026 school year  
**Days:** Monday thru Friday  
**Time:** 1:00 – 3:00 pm  
**Course Code:** 141108  
**Section A1:** June 23 – June 27  
**Section Fee:** res./non-res. \$95.00/\$105.00

Budding photographers will learn more about the "ins and outs" of the digital camera. Photos will be used to create digital negatives and make cyanotypes (sunprints). Students will leave with their digital portfolio on a jump drive, as well as their sunprints and printed versions of their strongest photographs. Students will need to bring a small "point and shoot" digital camera, camera's USB cord and a flash/jump drive.

## JEWELRY MAKING – EARRINGS & BRACELETS

**Instructor:** Carol Ann Skurulsky, Recreation Department Instructor  
**Location:** Lydell School & Community Center, Room 17  
**Day:** Tuesdays **Time:** 5:30 – 6:30 pm  
**Ages:** 13 and up  
**Course Code:** 190708  
**Section A1:** June 17 – Earrings  
**Section A2:** July 15 – Bracelets  
**Section Fee:** res./non-res. \$15.00/\$25.00

Learn how to make beautiful personalized earrings for birthdays, anniversary, etc. You will gain skills on how to make either clip or pierced earrings with a variety of colors of beads of your choice. During the bracelet class, you will make a personalized hand-crafted bracelet and go home with the knowledge to continue your new skill. Also get tips on how to turn this same bracelet into the latest craze... cell phone and purse jewelry. Great gifts for family, co-workers and friends. Each participant is asked to bring \$5.00 to the Instructor on the night of class for all supplies.

**DON'T WAIT...  
IT MIGHT BE TOO LATE...**

Decisions on whether to run or cancel a program due to low enrollment typically take place one week prior to a program start date. We hate to cancel classes due to late registrations.

**PLEASE DON'T WAIT TO REGISTER.**



## SUMMER BAND

**Instructor:** Ken Carson, WFB Band Teacher  
**Location:** WFB Middle School, Room 126  
**Days:** Monday thru Friday  
**Time:** 8:00 am – 12:00 pm  
**Grades:** 5 thru 9 as of 2025/2026 school year  
**Course Code:** 160502  
**Section A1:** June 16 – July 11  
**Section Fee:** res./non-res. \$90.00/\$100.00

Strike up the band, Summer Band is back! In addition to a daily full band rehearsal, one group lesson between 8 am and 11 am will be held per week. The Group Lesson will be scheduled by Mr. Carson during the first band rehearsal on June 16th. The highlight for the summer band members will be their participation in the WFB 4th of July Parade and a concert on the last day of class. Fifth graders should have completed one year of lessons with their band instrument in order to register for this program.

## STAGE STARS CAMP

**Instructors:** Afterschool Enrichment Solutions Staff  
**Location:** Lydell School & Community Center, Room 15  
**Days:** Monday thru Friday  
**Time:** 10:00 – 11:30 am  
**Ages:** 6 thru 12 years  
**Course Code:** 140201  
**Section A1:** July 7 – July 11  
**Section Fee:** res./non-res. \$155.00/\$165.00

Does your child have a “dramatic side”? You might have a budding Stage Star in your family! Our drama class introduces students to the craft of stage acting with a skilled theater instructor. During this exciting class, students will learn theatrical skills, improv basics, and participate in interactive drama games. This class provides opportunities for students to have fun, express themselves, gain confidence, and interact with others, all within the context of theater arts.

## STEAM CAMP

**Instructors:** Afterschool Enrichment Solutions Staff  
**Location:** Lydell School & Community Center, Room 15  
**Days:** Monday thru Thursday  
**Time:** 10:00 – 11:30 am  
**Ages:** 6 thru 10 years  
**Course Code:** 140202  
**Section A1:** June 30 – July 3  
**Section Fee:** res./non-res. \$128.00/\$138.00

This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary!

## MUSIC START CAMP

**Instructor:** Afterschool Enrichment Staff  
**Location:** Lydell School & Community Center, Room 15  
**Days:** Monday thru Friday  
**Time:** 10:00 – 11:30 am  
**Ages:** 5 thru 9 years  
**Course Code:** 130502  
**Section A1:** Aug 4 – Aug 8

**Section Fee:** res./non-res. \$166.00/\$176.00

Learn to read music and play tunes! Brought to you by AES and The Music Path Company, this amazing program teaches young students the beginnings of music! Using specialized, proprietary MusicStart keyboards, students learn to play familiar tunes in a group setting by color, letter, and note matching while using problem-solving strategies - without sacrificing any important musical knowledge - we are not taking shortcuts to playing and reading music. Prepare your student to take any instrument by giving them a solid musical foundation with this exciting program!

## LITTLE CODER

**Instructor:** Club SciKidz Staff  
**Location:** Lydell School & Community Center, Room 15  
**Ages:** 4 thru 5 years  
**Day:** Tuesday  
**Time:** 9:00 am – 3:30 pm  
**Course Code:** 131001  
**Section A1:** Aug 12  
**Section Fee:** res./non-res. \$110.00/\$120.00

A little bit of robot and a little bit of code makes for a day of fun! We learn about the fundamentals of coding using the KIBO screen-free robots that we build and modify through a set of challenges. Participants should bring a water bottle, snack and lunch.

## JR. VETERINARY MEDICINE

**Instructor:** Club SciKidz Staff  
**Location:** Lydell School & Community Center, Room 15  
**Ages:** 6 thru 9 years  
**Day:** Wednesday  
**Time:** 9:00 am – 3:30 pm  
**Course Code:** 131001  
**Section A2:** Aug 13  
**Section Fee:** res./non-res. \$113.00/\$123.00

Become a Jr. Vet for a day! Learn about animal anatomy, use a stethoscope and even learn how to conduct a pet exam. Participants should bring a water bottle, snack and lunch.

## FORENSIC DETECTIVE

**Instructor:** Club SciKidz Staff  
**Location:** Lydell School & Community Center, Room 15  
**Ages:** 10 thru 13 years  
**Day:** Thursday  
**Time:** 9:00 am – 3:30 pm  
**Course Code:** 131001  
**Section A3:** Aug 14  
**Section Fee:** res./non-res. \$110.00/\$120.00

Learn all crime scene investigation through actual crime scene setups! We'll even apply what we know about biology, chemistry and physics to conduct fingerprint, fiber and DNA analysis! Participants should bring a water bottle, snack and lunch.

## MINECRAFT

**Coordinator:** Shorewood Recreation Department  
**Instructor:** Nick Burkee  
**Location:** Shorewood High School, Science Building, Room 133  
**Grades:** 1 thru 6 as of 2025/2026 school year  
**Day:** Saturday  
**Dates:** June 14 – July 26 (skip July 5)





**Course Code:** 14101  
**Section A1:** Grades 1 thru 3 **Time:** 1:00 – 2:00 pm  
**Section A2:** Grades 4 thru 6 **Time:** 2:15 – 3:15 pm  
**Section Fee:** res./non-res. \$26.00/\$36.00

Are you looking for a place to make new friends while improving your skills at Minecraft or even trying it out for the first time? Try new challenges, build something creative with others, or find a new friend. Each week we aim to teach you something new about the game as well as basic computer skills. No need to bring your equipment.

## INTRODUCTION TO MAGIC

**Coordinator:** Shorewood Recreation Department  
**Instructor:** Glen Gerard  
**Location:** Shorewood High School, Admin Building, Library South Room  
**Grades:** 3 thru 8 as of 2025/2026 school year  
**Day:** Monday  
**Time:** 10:00 – 11:30 am  
**Course Code:** 141102  
**Section A1:** June 23  
**Section Fee:** res./non-res. \$20.00/\$30.00

Professional magician Glen Gerard teaches stunning magic tricks that you can perform with items found around the house. Students will learn sleight of hand and misdirection, and showmanship. Fool your friends and family with magic and be a hit at any event!

## CHESS SCHOLARS CAMP

**Instructor:** After School Enrichment Staff  
**Location:** Lydell School & Community Center, Room 15  
**Days:** Monday thru Friday  
**Time:** 10:00 – 11:30 am  
**Ages:** 6 thru 13 years  
**Course Code:** 130503  
**Section A1:** July 21 – July 25  
**Section Fee:** res./non-res. \$150.00/\$160.00

Develop your child's intellect through the royal game of Chess! This camp is perfect for beginners as well as experienced players. Each day of camp will consist of a fun, interactive teaching period, followed by guided practice time, allowing the students to play against one another while being coached by an experienced Instructor. The camp session will conclude with a non-elimination tournament.

## SAFE AT HOME

**Instructor:** Jessica Heller; Owner of Heller Safety Solutions  
**Location:** Lydell School & Community Center, Room 17  
**Time:** 5:30 – 7:00 pm  
**Grades:** 4 thru 6 as of 2025/2026 school year  
**Course Code:** 191207  
**Section A1:** Tuesday, June 24  
**Section A2:** Tuesday, July 22  
**Section A3:** Wednesday, Aug 20  
**Section Fee:** res./non-res. \$37.00/\$47.00

\*Optional \$2.00 badge for Scout groups.

Safe at Home prepares 4th to 6th graders to care for themselves while their parents are away for short periods of time. Students learn how to practice safe habits, how to prevent unsafe situations, and what

to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter First Aid Chart and learn a system to help them assess and respond to injuries and illnesses. The program is designed to prepare students for their first steps towards independence. Includes a hard copy textbook.

## SAFE SITTER ESSENTIAL W/CPR

**Instructor:** Teresina Simmons, RN  
**Location:** Lydell School & Community Center, Room 17  
**Day:** Tuesday  
**Ages:** 11 years and up  
**Time:** 8:30 am – 4:00 pm  
**Course Code:** 161001  
**Section A1:** June 17 **Registration Deadline:** Tuesday, June 10  
**Section A2:** July 15 **Registration Deadline:** Tuesday, July 8  
**Section A3:** Aug 19 **Registration Deadline:** Tuesday, Aug 12  
**Section Fee:** res./non-res. \$140.00/\$150.00

This course will be taught using the Safe Sitter® Essentials with CPR curriculum.

Safe Sitter® is designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting. The Instructor-led class is filled with fun games and role-playing exercises. Students learn: Safety Skills: How to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies. Child Care Skills: Tips to manage behavior that will help them stay in control of themselves and the children in their care. Students also learn the ages and stages of child development, as well as practice diapering. First Aid & Rescue Skills: Choking rescue and CPR is often students' favorite part of the class. Students also learn a system to help them assess and respond to injuries and illnesses. Life & Business Skills: The ability to screen jobs, discuss fees, and greet employers will set students up for success now and in the future. Students practice these skills through various role plays.

## SPANISH SUMMER CAMP: VAMOS POR LA GALAXIA! "LET'S GO THROUGH THE GALAXY!"

**Instructor:** Futura Language Professionals  
**Grades:** 1 thru 5 as of 2025/2026 school year  
**Course Code:** 141001  
**Location:** Lydell School & Community Center, Room 15  
**Days:** Monday thru Friday (skip Thursday)  
**Time:** 9:00 – 11:00 am  
**Section A1:** June 16 – 20 (skip June 19)  
**Section Fee:** res./non-res. \$150.00/\$160.00  
**Location:** Live Virtual via Zoom  
**Days:** Monday thru Thursday  
**Time:** 4:15 – 5:00 pm  
**Section A2:** June 23 – June 26  
**Section Fee:** res./non-res. \$75.00/\$85.00

Blast off into a Spanish adventure that is out of this world! This class is perfect for young explorers eager to learn Spanish while exploring the wonders of the universe. Through astronaut role-plays and rocket-themed crafts & activities, students will learn key vocabulary and phrases related to space, planets, and more. With engaging Instructors, this fun, bilingual course builds basic language skills and fosters a love for the cosmos. Join us for a summer camp that's truly stellar!

**NOTE:** Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



## COMPUTER EXPLORERS: DINOMITE DAYS

**Instructor:** Computer Explorers Staff  
**Location:** Lydell School & Community Center, Room 19  
**Days:** Monday thru Thursday  
**Time:** 9:00 – 10:00 am  
**Ages:** 4 thru 6 years  
**Course Code:** 141107  
**Section A1:** Aug 18 – Aug 21  
**Section Fee:** res./non-res. \$60.00/\$70.00

Get ready to explore the fascinating world of Dinosaurs! We will be working with several programs to explore what the world was like over 200 million years ago. Robots, stories, games and iPad programs including the National Geographic Electronic Dino Xcavator will round out the program. Guaranteed to be a ROARING good time!

## COMPUTER EXPLORERS: TECH THRILLER

**Instructor:** Computer Explorers Staff  
**Location:** Lydell School & Community Center, Rooms 15 & 19  
**Days:** Monday thru Thursday  
**Dates:** Aug 18 – Aug 21  
**Course Code:** 141107  
**Section A2:** 4 – 6 years **Time:** 10:15 – 11:15 am  
**Section A3:** 7 – 12 years **Time:** 11:30 am – 12:30 pm  
**Section Fee:** res./non-res. \$60.00/\$70.00

In this exciting Technology Thriller, students will have the opportunity to explore several program options. Think Lego WeDo Robotics, Digital Movie Making, LEGO Motorized Datca Kits, Gears, Gears & Gears, Coding & Science projects, Robots and much more. This is a great way to experiment with some of the newest Technology tools available. \*Participants who are also registered for Lego Glow may bring a lunch and stay.

## COMPUTER EXPLORERS: LEGO GLOW

**Instructor:** Computer Explorers Staff  
**Location:** Lydell School & Community Center, Room 19  
**Days:** Monday thru Thursday  
**Time:** 1:00 – 2:00 pm  
**Ages:** 7 thru 12 years  
**Course Code:** 141107  
**Section A4:** Aug 18 – Aug 21  
**Section Fee:** res./non-res. \$60.00/\$70.00

If you are a fan of LEGO Mania, this class is for you! Using unique LEGO Glow bricks and pieces, students will be able to create amazing projects that actually GLOW! Using black lights and flashlights, our builds seem



## WHITEFISH BAY COMMUNITY GARDEN VOLUNTEER PROGRAM

**VOLUNTEERS NEEDED**

- WFB Community Garden
- 13 years and up
- April through October

See page 48 for details

to come to life right before your eyes! When we add our glow in the dark race track around our builds, the group project is spectacular! Instructional and free build projects will be offered to ensure that every student is challenged and meets their own personal building goals.

## MAD SCIENCE: EUREKA - THE INVENTOR'S CAMP

**Instructor:** Mad Science Staff  
**Location:** Lydell School & Community Center, Room 15  
**Days:** Monday thru Friday  
**Time:** 8:00 am – 3:00 pm  
**Ages:** 5 thru 12 years  
**Course Code:** 142101  
**Section A1:** June 23 – June 27  
**Section Fee:** res./non-res. \$460.00/\$470.00

Inspire the inventor and scientist in this Ultimate STEM-Makers Camp! Campers will overcome a series of challenges using basic materials, simple machines, tips from famous inventors and the most important of all--- their mind! With a little bit of ingenuity children will create catapults and forts, and even construct their own working Light Sabers to take home!! While Thomas Edison said "invention is 10% inspiration and 90% perspiration", this camp is 100% FUN! Daily themes include: Do Like da Vinci; Modern & Medieval Machines; Edison, Bell, & Tesla; Awesome Inventions; and Shipwrecked Shelters! This camp is sure to make your kiddo exclaim, "Eureka!"

## MAD SCIENCE: ARTIST'S PASSPORT

**Instructor:** Mad Science Staff  
**Location:** Lydell School & Community Center, Room 24  
**Days:** Monday thru Friday  
**Time:** 8:00 am – 12:00 pm  
**Ages:** 6 thru 12 years  
**Course Code:** 142101  
**Section A2:** July 14 – July 18  
**Section Fee:** res./non-res. \$270.00/\$280.00

Embark on an around-the-world cultural adventure and explore far-off places to learn about the people who live there, from the Americas to the Ivory Coast, from the cosmopolitan to the countryside. Experiment with Crayola products while trying art techniques developed by local artists and artisans. Make a different masterpiece each day including dot art canvas, a mini Pakistani bus, mud art painting on fabric, and an imperial Russian egg! Bring the unique creations home and build a globally-inspired art gallery!

## MAD SCIENCE: BRIXOLOGY

**Instructor:** Mad Science Staff  
**Location:** Lydell School & Community Center, Room 24  
**Days:** Monday thru Friday  
**Time:** 8:00 am – 12:00 pm  
**Ages:** 7 thru 12 years  
**Course Code:** 142101  
**Section A3:** July 21 – July 25  
**Section Fee:** res./non-res. \$270.00/\$280.00

Brixology Camp sets the foundation for our next generation of makers! Children learn about different types of engineering and then team up to construct a different engineering-themed project using LEGO® bricks. We'll learn about aerospace engineering while assembling a space station. We'll explore mechanical engineering as we build boats and vehicles. That's not all! From carnival rides to drawing machines,



mechanical animals to truss bridges, your future engineer will build upon their creativity to solve real-world design challenges, while developing their problem-solving and team-building skills. Let the tinkering begin! Campers receive daily custom Mad Science take home.

## MAD SCIENCE: DIGGING DINOS



**Instructor:** Mad Science Staff  
**Location:** Lydell School & Community Center, Room 24  
**Days:** Monday thru Friday  
**Time:** 8:30 – 11:30 am  
**Ages:** 4 thru 10 years  
**Course Code:** 142101  
**Section A4:** Aug 4 – Aug 8  
**Section Fee:** res./non-res. \$260.00/\$270.00

Take a trip to the past, dig for dinosaur bones and make your very own dinosaur tooth, dinosaur fossil, stegosaurus skeleton and more! Help your fellow Jr. Scientists map out a real life-sized dinosaur! You'll also explore the world of days past, investigate the secrets of the Earth, go on a rock hunt and search for hidden treasures!

## MAD SCIENCE: SCIENCE IN MOTION



**Instructor:** Mad Science Staff  
**Location:** Lydell School & Community Center, Room 24  
**Days:** Monday thru Friday  
**Time:** 8:00 am thru 12:00 pm  
**Ages:** 5 thru 12 years  
**Course Code:** 142101  
**Section A5:** Aug 18 – Aug 22  
**Section Fee:** res./non-res. \$270.00/\$280.00

Discover how things move with science! Each day we'll learn about a different realm of the scientific world. We'll become a zoologist and study the exciting world of birds, including examining owl pellets to see what an owl cannot digest. Join a team of camper engineers and build bridges, domes, cubes, and pyramids. We'll even put on a lab coat and become chemists for the day and make crystal gardens. Jr. Scientists will love constructing birdhouses, completing challenging puzzles, concoct chemistry based creations and explore the many fun sides of science!

## PRE-BALLET

**Instructor:** Miss Ceci Broussard, WFB Recreation Instructor  
**Location:** Lydell School & Community Center, Room 19  
**Days:** Tuesday and Thursday  
**Time:** 4:00 – 4:40 pm  
**Ages:** 3 thru 4 years  
**Course Code:** 110401  
**Section A1:** July 8 – July 24  
**Section Fee:** res./non-res. \$50.00/\$60.00

Your child will love moving to various tempos of music and learning some introductory ballet terminology this summer. He or she will also increase body awareness, coordination and listening skills. Clothing for active movement and footwear such as ballet slippers are recommended.

## BALLET & CREATIVE DANCE

**Instructor:** Miss Ceci Broussard, WFB Recreation Instructor  
**Location:** Lydell School & Community Center, Room 19  
**Days:** Tuesday and Thursday  
**Time:** 4:50 – 5:30 pm

**Ages:** 5 years and up

**Course Code:** 130401

**Section A1:** July 8 – July 24

**Section Fee:** res./non-res. \$50.00/\$60.00

A creative opportunity to develop coordination and listening skills while learning to dance and move to various tempos of music! Some preliminary ballet steps will be taught. Clothing for active movement and footwear such as ballet slippers are recommended.

## ELEMENTARY BALLET AND TAP



**Coordinator:** Mequon Thiensville Recreation Department

**Instructor:** Academy of Dance Arts Instructor

**Location:** Academy of Dance Arts  
 9036 N 51st Street  
 Brown Deer, WI 53223

**Days:** Wednesdays

**Time:** 5:00 – 6:00 pm

**Ages:** 5 thru 7 years

**Course Code:** 150405

**Section A1:** June 18 – Aug 13 (skip July 2)

**Registration Deadline:** Wednesday, June 11

**Section Fee:** res./non-res. \$110.00/\$120.00

Students will learn basic ballet terminology, basic barre work, and begin center work in ballet. Beginner tap technique and terminology will also be started. Dress code is a leotard, tights, leather ballet slippers for ballet and any color tap shoes. There will be a Performance/Costume Day on the last day of the class. Cost of costume is included in the section fee.



## Child Connection

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[www.child-connection.com](http://www.child-connection.com)



## HIP HOP DANCE

**Coordinator:** Mequon Thiensville Recreation Department

**Instructor:** Academy of Dance Arts Instructor

**Location:** Academy of Dance Arts  
9036 N 51st Street  
Brown Deer, WI 53223

**Ages:** 7 thru 10 years

**Days:** Wednesdays

**Time:** 6:45 – 7:30 pm

**Course Code:** 150404

**Section A1:** June 18 – Aug 13 (skip July 2)

**Registration Deadline:** Wednesday, June 11

**Section Fee:** res./non-res. \$110.00/\$120.00

Learn the latest hip-hop moves and techniques taught in a gentle format. A final dance will be created that is fun and energetic. Comfortable stretch clothing must be worn with tennis shoes. All music will be age and content-appropriate. There will be a Performance/Costume Day on the last day of the class. The costume is included in the registration cost.

## POM & DANCE CLINIC

**Instructors:** Coach Nicolette Camacho and the WFBHS Dance Team

**Location:** WFB High School Memorial Gym

**Grades:** K4 thru 5 as of 2025/2026 school year

**Days:** Tuesday thru Thursday

**Time:** 4:00 – 6:00 pm

**Course Code:** 130404

**Section A1:** Aug 26 – Aug 28

**Registration Deadline:** Friday, June 27

**Performance:** Lubar Stadium

Friday, Aug 29 **Time:** 6:30 – 8:30 pm

**Section Fee:** res./non-res. \$95.00/\$105.00

The WFB High School Blue Duke Dancers invite you to attend a pom and dance camp! The camp is open to students entering K4 – 5th grade. Participants will learn dance techniques and skills for a routine they are invited to perform at a Varsity football game! All performers will be given a t-shirt and their own pair of pom poms. Please wear athletic shoes and clothing that is easy to move in and bring a water bottle to camp. Join us for a fun experience!

## CHEER CLINIC

**Instructors:** Coach Miranda Keller and WFBHS Cheer Team Staff

**Location:** WFB High School Memorial Gym

**Grades:** K4 thru 5 as of 2025/2026 school year

**Days:** Monday thru Friday

**Dates:** Aug 25 – Aug 29

**Course Code:** 130405

**Section A1:** Grades K4 thru 1 **Time:** 8:00 – 10:00 am

**Section A2:** Grades 2 thru 5 **Time:** 10:30 am – 12:30 pm

**Registration Deadline:** Monday, August 11

**Performance:** Friday, Aug 29 at WFBHS Football Game

**Section Fee:** res./non-res. \$100.00/\$110.00

Cheer on the sidelines and perform with the WFBHS Varsity Cheerleading Team at a home football game! We invite you to attend our fall Cheer Clinic instructed by Coach Keller, the 2025-2026 team members, and staff. This clinic is open to students in K4 – 5th grade. Participants will learn a variety of cheerleading skills such as sideline

cheers, tumbling, ground stunts, and a cheer-dance routine. All performers are invited to perform at the football game! All performers will be given their own t-shirt, cheer bow, and cheer poms! Please wear athletic shoes and clothing that is easy to move in. Join us for a fun experience under the Friday night lights!

## YOUTH YOGA

**Instructor:** Katie Reitman, WFB Recreation Department Instructor

**Location:** Lydell School & Community Center, Room 17

**Days:** Monday thru Wednesday

**Dates:** June 16 – June 18

**Course Code:** 130301

**Section A1:** 4 thru 6 years **Time:** 1:00 – 1:45 pm

**Section A2:** 7 thru 13 years **Time:** 1:45 – 2:45 pm

**Section Fee:** res./non-res. \$135.00/\$145.00

Kids will have fun and move their bodies in this interactive class. Balance, stretch, move and jump, learn strengthening yoga moves and calming breathing techniques. A great workout using strength and balance and fun for all. Participants should bring their own yoga mat, if they have one. The Instructor will have a few to borrow.

## TABLE TENNIS CAMP

**Coordinator:** Shorewood Recreation Department

**Instructor:** Linda Leaf, National Youth Table Tennis Organization Coach

**Location:** Shorewood Intermediate School Gym, Shorewood

**Dates:** July 21 – July 31

**Days:** Monday thru Thursday

**Grades:** 3 thru 12 as of 2025/2026 school year

**Course Code:** 151201

**Section A1:** Grades 3 thru 6 **Time:** 9:30 – 11:15 am

**Section A2:** Grades 7 thru 12 **Time:** 11:15 – 1:00 pm

**Section Fee:** res./non-res. \$160.00/\$180.00

This is a table tennis training camp. Students will learn some of the important fundamental techniques of the sport of table tennis, including forehand and backhand strokes, serving, how to return and put spin on the ball, and the official rules. Footwork will be stressed. The course will be conducted by Linda Leaf, the only USATT and ITTF Certified Level II Table Tennis Coach in Wisconsin. Participants must wear athletic shoes.

## ULTIMATE FRISBEE CAMP

**Instructor:** Madison Radicals Team Players

**Location:** Homestead High School Football Field Turf (Fieldhouse as Weather Back-up)  
5000 W. Mequon Road, Mequon WI

**Days:** Monday thru Friday

**Time:** 1:00 – 4:00 pm

**Ages:** 8 thru 14 years

**Course Code:** 161303

**Section A1:** July 7 – July 11

**Section Fee:** res./non-res. \$155.00/\$165.00

The Madison Radicals are hosting a week-long frisbee camp for youth ages 8 – 14! The camp is open to players of all skill levels and will be taught by professional players. Don't miss out on this opportunity to improve your ultimate frisbee skills and have a blast! All registrants will receive a Madison Radicals frisbee.



# ICE SKATING

## NEW REGISTRATION PROCESS

Please register through The University School of Milwaukee's registration system by visiting [www.usm.org/summerskating](http://www.usm.org/summerskating) and select referred by Whitefish Bay Recreation during the online process. For registration questions or for more information about the program, please contact Brandon Bayer at [bbayer@usm.org](mailto:bbayer@usm.org).

## KEEP KOOL - BEAT THE HEAT AND LEARN HOW TO SKATE AT THE SAME TIME!

**Location:** Polly and Henry Uihlein Sr. Ice Arena  
University School, 2100 W. Fairy Chasm Road,  
River Hills, WI 53217

**Registration Link:** [www.usm.org/summerskating](http://www.usm.org/summerskating)

### JUNE/JULY KEEP KOOL: FOR YOUTH

**Ages:** 3 thru 18  
**Level:** Beginner through Advanced  
**Prerequisite:** Young skaters must be able to use the restroom by themselves and stand upright on the ice without assistance. No skating experience necessary.  
**Dates:** June 17, 18, 24 and 26  
July 1, 3, 8, 10, 15, 17, 22, 24, 29, and 31  
**Time:** 3:45 – 4:30 pm - Skating and Figure Skating  
4:30 – 5:15 pm - Skating and Hockey  
**Section Fee:** res./non-res. \$305.00

Basic skating skills, balance and coordination, daily games and activities, obstacle courses, and challenging building exercises.

### JUNE/JULY KEEP KOOL: LEARN TO PLAY HOCKEY

**Ages:** 4 thru 12  
**Level:** Beginner through Advanced  
**Prerequisite:** Basic skating skills.  
**Dates:** June 18, 26  
July 3, 10, 17, 24, and 31  
**Time:** 5:30 – 6:15 pm  
**Section Fee:** res./non-res. \$155

Introduction to hockey is designed for the young skater with little to no hockey experience. This developmental program focuses on teaching basic techniques of skating, gradually introducing teamwork, sportsmanship, and more advanced skating skills. As skaters progress, they will eventually incorporate hockey drills and puck handling.

### JUNE/JULY KEEP KOOL: FOR ADULTS

**Ages:** 18+  
**Prerequisite:** None  
**Days:** Tuesdays  
**Dates:** June 17 – July 29  
**Time:** 5:30 – 6:15 pm  
**Section Fee:** res./non-res. \$155

Our adult curriculum caters to both beginner and advanced skaters. Lessons are tailored to meet each skater's individual goals and will focus on skills that challenge balance, body alignment, coordination, agility, and power.

### JUNE/JULY KEEP KOOL: ADVANCED FIGURE SKATING ACADEMY

**Ages:** 7 thru 18  
**Prerequisite:** Skaters who have mastered basic skating skills.  
**Days:** Tuesday, Wednesday (off-ice workout), and Thursday  
**Dates:** June 17 – July 31 (skip June 19, July 4)  
**Time:** 3:45 – 4:30 pm  
**Section Fee:** res./non-res. \$500

For skaters who are ready to work on advanced techniques, jumps, spins, choreography, and program composition. The class will also encompass multiple facets of figure skating, from free dance elements through moves in the field. Both on-ice and off-ice instruction is incorporated into the program, and a USM Figure Skating Academy Jacket is also included. Prerequisite: Skaters who have mastered basic skating skills.

### AUGUST KEEP KOOL: HOCKEY

**Ages:** 4 thru 10  
**Level:** Learn to Play, Atoms U6, Mites U8, Squirts U10  
**Prerequisite:** Basic Skating Skills  
**Dates:** Aug 4 – Aug 8 (session 1)  
Aug 11 – Aug 15 (session 2)  
Aug 18 – Aug 22 (session 3)  
**Time:** 9:00 am – 12:00 pm  
**Section Fee:** res./non-res. \$325 for 1 week/\$625 for 2 weeks/\$875 for 3 weeks

The focus will be on fundamental skills in skating, footwork, agility, strong edge control, puck handling, sportsmanship, and teamwork. Skaters should bring a healthy snack and drink of choice during breaks. Each day ends with a hockey game and on Fridays, a professional hockey player will be available for autographs.

### AUGUST KEEP KOOL: LEARN TO SKATE

**Ages:** 3 thru 18 Figure or Hockey Skating  
**Level:** Beginner through Advanced  
**Prerequisites:** Young skaters must be able to use the restroom by themselves and stand upright on the ice without assistance. No skating experience necessary.  
**Dates:** Aug 4 – Aug 8 (session 1)  
Aug 11 – Aug 15 (session 2)  
Aug 18 – Aug 22 (session 3)  
**Time:** 12:30 – 3:30 pm  
**Section Fee:** res./non-res. \$325 for 1 week/\$625 for 2 weeks/\$875 for 3 weeks

Area of focus will be on basic-advanced skating skills, balance, and coordination, daily challenges, obstacle courses, and performance and choreography technique. Each class will have a chance to show what they have learned in a skating recital/performance at the end of each week.





## ARCHERY

**Coordinator:** Nicolet Recreation Department  
**Instructor:** Inna Lebedinsky  
**Location:** Kletzsch Park Archery Range, Glendale  
**Course Code:** 161208

### PARENT WITH CHILD

**Ages:** 5 thru 9 years      **Time:** 5:00 – 5:30 pm  
**Section A1:** June 3 – July 8      **Days:** Tuesdays  
**Section A2:** June 4 – July 9      **Days:** Wednesdays  
**Section A3:** June 5 – July 10      **Days:** Thursdays

### PRE-TEEN

**Ages:** 10 thru 13 years      **Time:** 5:30 – 6:15 pm  
**Section B1:** June 3 – July 8      **Days:** Tuesdays  
**Section B2:** June 4 – July 9      **Days:** Wednesdays  
**Section B3:** June 5 – July 10      **Days:** Thursdays

### TEEN

**Ages:** 14 thru 18 years      **Time:** 6:15 – 7:00 pm  
**Section C1:** June 3 – July 8      **Days:** Tuesdays  
**Section C2:** June 4 – July 9      **Days:** Wednesdays  
**Section C3:** June 5 – July 10      **Days:** Thursdays  
**Section Fee:** res./non-res. \$75.00/\$85.00

Focused attention from the instructor with an emphasis on learning proper techniques and avoiding bad habits. Learn the fundamentals and build your skills. Instructed by Inna Lebedinsky, an Olympian who represented the Soviet Union in the 1980 Olympic Games. Equipment is provided; participants are also welcome to bring their own bows. We recommend parents attend the program with children under 10 years old. Register for two Summer sessions and receive the Fall session for FREE!

## MIDDLE SCHOOL FUNDAMENTALS OF FITNESS & CONDITIONING

**Instructor:** LaDonna Gladney, NDTR, CPT and Strength and Conditioning Coach  
**Location:** WFB High School Fitness Center  
**Grades:** 6 thru 8 as of 2025/2026 school year  
**Days:** Tuesdays thru Fridays      **Time:** 12:30 – 1:30 pm  
**Course Code:** 161304  
**Section A1:** June 17 – June 27  
**Section A2:** July 1 – July 11 (skip July 4)  
**Section A3:** July 15 – July 25  
**Section A4:** July 29 – Aug 8  
**Section A5:** Aug 12 – Aug 22  
**Section Fee:** res./non-res. \$110.00/\$120.00

In this program, the middle schoolers will build a foundation for the fundamentals of athleticism. Each athlete will learn the fundamentals of the explosive movements, strength lifts, speed and agility technique, as well as the proper nutrition in achieving goals. Throughout the class, each athlete will progress through a program that starts with baseline fundamentals and becomes more specific for them and their needs.

## HIGH SCHOOL ATHLETE TRAINING PROGRAM

**Instructor:** LaDonna Gladney, NDTR, CPT and Strength and Conditioning Coach  
**Location:** WFB High School Fitness Center  
**Grades:** 9 thru 12 as of 2025/2026 school year  
**Days:** Tuesdays thru Fridays      **Time:** 1:30 – 2:30 pm  
**Course Code:** 170303  
**Section A1:** June 17 – June 27  
**Section A2:** July 1 – July 11 (skip July 4)  
**Section A3:** July 15 – July 25  
**Section A4:** July 29 – Aug 8  
**Section A5:** Aug 12 – Aug 22  
**Section Fee:** res./non-res. \$110.00/\$120.00

This class is for high school athletes and is designed to help improve all aspects of athleticism, strength, explosiveness, speed, agility, injury prevention and functional skills. The athletes in this class will go through a daily full body athlete training regimen that will include, but not be limited to, weight room strength activities, speed and agility training, plyometric training, functional mobility and flexibility and skill work functional to the sport they choose.

## COMMUNITY FITNESS CENTER STUDENT MEMBERSHIP

**Supervisor:** WFB Recreation Department Staff  
**Location:** WFB High School Fitness Center  
**Grades:** 9 thru 12 as of 2025/2026 school year (WFBHS students only)  
**Days:** Mondays and Wednesdays      **Time:** 5:30 – 7:30 am  
Mondays thru Thursdays      **Time:** 6:00 – 8:00 pm  
Saturdays      **Time:** 8:00 – 11:00 am  
**Course Code:** 180300  
**Section A1:** June 2 – Aug 28 (closed July 3, 5)  
**Section Fee:** \$30.00

This membership is available to Whitefish Bay High School students only. The weight room will be open and a supervisor will be available to show the proper use of the equipment. Research has shown that resistance training is a vital component for maintaining muscle strength, overall good health and even maintaining cognitive function.

## JR. DUKES SUMMER STRENGTH & CONDITIONING

**Instructor:** Connor Karowski MS, CSCS, NSCA-CPT, WSBB Special Strengths Certified  
**Location:** WFB High School Fitness Center  
**Grades:** 6 thru 8 as of 2025/2026 school year  
**Days:** Mondays thru Thursdays  
**Time:** 9:00 – 10:15 am  
**Course Code:** 161301  
**Section A1:** June 16 – Aug 28  
**Section Fee:** res./non-res. \$150.00/\$160.00

In this four days per week training program, middle school athletes will be introduced to the fundamentals of athletic performance training. They will work with a team of coaches led by Whitefish Bay High School's own Head Strength & Conditioning Coach. This program is designed to be a light version of the same program they will be involved in when they reach high school and as such lays a strong and continuous foundation for long term athletic development. Athletes will be challenged physically in order to improve strength, power, speed, agility, and cardiovascular endurance.



## BLUE DUKES SUMMER STRENGTH & CONDITIONING

**Instructor:** Connor Karwowski MS, CSCS, NSCA-CPT, WSBB Special Strengths Certified  
**Location:** WFB High School Fitness Center  
**Grades:** 9 thru 12 as of 2025/2026 school year  
**Days:** Mondays thru Thursdays **Time:** 7:00 am – 12:30 pm  
**Course Code:** 161302  
**Section A1:** June 16 – Aug 28  
**Section Fee:** res./non-res. \$150.00/\$160.00

In this four days per week training program, high school athletes will work with a team of coaches led by Whitefish Bay High School's own Head Strength & Conditioning Coach. Athletes will be challenged physically to improve their strength, speed, power, agility, and cardiovascular endurance in preparation for the demands of their upcoming sports seasons. This program is available for all athletes regardless of sport. This program is designed to be a smooth transition of the same after school program that all athletic teams participate in year round. The following schedule will be run daily with additional options available to those who may have scheduling conflicts.

7:00 – 8:30 am FOOTBALL  
 8:30 – 9:30 am GIRLS SESSION (all girls teams)  
 10:30 – 11:30 am BOYS SESSION (all other boys teams)  
 11:30 – 12:30 pm OPEN MAKE-UP SESSION  
 (for those who could not make an earlier session)

## PRAMS IN THE PARK

**Instructor:** Milwaukee County Sailing Center Staff  
**Location:** Milwaukee Sailing Center  
 1450 North Lincoln Memorial Drive  
 Milwaukee, Wisconsin 53202  
 414-277-9094  
**Ages:** 8 thru 11 years  
**Days:** Monday thru Friday **Time:** 9:00 am – 12:00 pm  
**Course Code:** 152701  
**Section A1:** June 16 – June 20  
**Registration Deadline:** Friday, June 6  
**Section A2:** July 21 – July 25  
**Registration Deadline:** Thursday, July 10  
**Section A3:** Aug 11 – Aug 15  
**Registration Deadline:** Friday, Aug 1  
**Section Fee:** res./non-res. \$180.00/\$190.00

MCSC's nationally recognized "Prams in the Park" program, offered through the Whitefish Bay Recreation Department, introduces sailing and water safety to children, ages 8 thru 11, at the Discovery World Lagoon on Milwaukee's lakefront. Students learn key aspects of sailing, wind and water, sailboat handling and teamwork while playing games and practicing water safety, boat rigging and launching, basic maneuvers and capsize and recovery under the watchful supervision of MCSC instructors. Participants must be able to swim at least 25 yards. Permission and medical forms are also required and will be emailed out prior to the start of the program. **You will need to schedule a swim test to show you can swim 25 yards, please contact Mark at Mark. Suchowski@wfb schools.com prior to the registration deadline.**

## YOUTH SOFTBALL LEAGUE

**Coordinator:** Nicolet Recreation Department  
**Instructor:** Volunteer Parents & Nicolet Rec Staff Umpires  
**Location:** Nicolet High School backfields & Maslowski Park's Nicolet Softball Field, Glendale  
**Days:** Mondays and Wednesdays  
**Time:** Evenings  
**Dates:** May 5 – July 23  
**Grades:** 1 thru 4 as of 2025/2026 school year  
**Course Code:** 151303  
**Section A1:** Grades 1 and 2 (Parent Pitch)  
**Section A2:** Grades 3 and 4 (Junior League)  
**Registration Deadline:** Sunday, Apr 27  
**Section Fee:** res./non-res. \$60.00/\$70.00

Our two co-ed youth leagues cover boys and girls from 1st through 4th grade. Beginners at all age levels have learned the sport quickly, gained personal confidence, and made meaningful contributions to their teams! Experienced multisport athletes playing spring soccer, lacrosse, fast-pitch softball and even Little League have participated in two sports because of our league's low time commitment of only 1-3 hours per week, its affordability, and team rosters sizes that allow for occasional conflicts.

Players are assigned to teams randomly, but we honor and encourage requests to be paired with other friends to help with carpooling and to make it a comfortable and enjoyable experience for the kids. Teams are run by volunteer parents with a passion for teaching the game to young people. There are no rules with regard to how many boys or girls are on each team's roster or in the field of play at any given time, but efforts are made to maintain competitive integrity. Managers ensure that all players receive an ample amount of playing time regardless of ability. Games are umpired by adult recreation staff, and the season will conclude by July 31st. We will be offering two leagues, Parent Pitch (1st- 2nd grade) as well as a Junior league (3rd- 4th grade). The Parent Pitch league will use a squishy softball and have parents/coaches pitch, while the Junior League will use a 10" softball and have players pitch. In the Junior League, scores and league standings are kept. Games will be played on Monday and Wednesday evenings. Depending on registration numbers, the two leagues may be combined into a single 1st - 4th grade league. In this event, rules may be adapted to fit all ages accordingly.

Please email the Program Director at [caleb.franklin@nicolet.us](mailto:caleb.franklin@nicolet.us) if you have any questions. Teams will be formed by May 1st, practices will begin Monday, May 5th and games will begin early June.

## PROGRAM CANCELLATIONS & ANNOUNCEMENTS...



There are several convenient ways to keep up-to-date on our latest program cancellations.

- Check your email for weather or other emergency-related class updates.
- Visit us on Facebook for the latest department news including cancellations.
- Log into our Online Registration system and browse what classes are active or canceled.



**NOTE:** Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



# YOUTH TEE PITCH & COACH PITCH LEAGUES

## TEE-PITCH LEAGUE

- Instructor:** Volunteer Parent Coaches
- Location:** Cumberland & Richards School Fields
- Grades:** K4 and K5 as of 2025/2026 school year
- Dates:** June 21 – July 26 (skip July 5)
- Course Code:** 131302
- Section A1:** Wednesday 6:15 pm/Saturday 9:00 am
- Section A2:** Thursday 6:15 pm/Saturday 10:30 am
- Registration Deadline:** Friday, May 16
- Section Fee:** res./non-res. \$75.00/\$85.00

This program is designed to help boys and girls develop basic baseball fundamentals in a less competitive atmosphere. Each player will have three chances to hit a ball pitched by coaches before placing the ball on a tee. A softer ball will be used to help players catch and throw without the fear of injury. Players must provide their own glove. Volunteer parent coaches are needed.

## COACH PITCH LEAGUE

- Instructor:** Volunteer Parent Coaches
- Location:** WFB High School, Armory Park
- Grades:** 1 and 2 as of 2025/2026 school year
- Days:** Wednesdays and Saturdays
- Time:** 6:15 pm Wed / 9:00 am Sat
- Course Code:** 131302
- Section A3:** June 21 – July 26 (skip July 5)
- Registration Deadline:** Friday, May 16
- Section Fee:** res./non-res. \$75.00/\$85.00

Designed for children who are not quite ready to play Little League. A softer ball is used to help players catch and throw without fear of injury. Emphasis is on skill development and sportsmanship. Players must provide their own glove. Volunteer parent coaches are needed.



## IMPORTANT INFORMATION

**REGISTRATIONS MUST BE RECEIVED BY FRIDAY, MAY 16TH.** To ensure that your child is placed on a team, register before the deadline. Registrations received after that date will be handled on an individual basis.

In order for fair and equitable teams, **reciprocal player requests will no longer be accepted.** Teams will be put together using the following considerations: siblings, school they attend, and grade in the Fall.

**TEAMS DO FILL.** In order to maximize the players' experience, teams have enrollment limits.

## MANDATORY COACHES MEETING

WEDNESDAY, JUNE 11<sup>TH</sup>  
@ 6:00 – 7:00 PM  
Lydell School & Community Center

All volunteer coaches must attend the mandatory meeting at the Lydell School and Community Center. Plans on how to dispurse team uniforms, equipment, team rosters, and schedules will be discussed.



## WFB RESIDENTS

Show your community support through sponsorship of our youth sports programs. We are currently seeking sponsors for our T-Ball and Coach Pitch Teams and Flag Football Leagues.

## JOIN THE FUN TODAY!

Contact Mark in the Recreation Department at 414-963-3864 or email [mark.suchowski@wfbschools.com](mailto:mark.suchowski@wfbschools.com) for more information!

REGISTER TODAY!



**DROP OFF / MAIL**  
5205 N. Lydell Avenue  
Whitefish Bay, WI 53217



**ONLINE**  
[www.wfbschools.com](http://www.wfbschools.com)





# YOUTH FOOTBALL

## NORTH SHORE GIRLS FLAG FOOTBALL CLINIC

- Instructor:** Volunteer Coaches
- Location:** Nicolet Football Field
- Time:** 10:00 am – 12:00 pm
- Grades:** 2 thru 5 as of 2025/2026 school year
- Course Code:** 111200
- Section A1:** Sunday, August 3
- Section Fee:** res./non-res. \$10.00

The Nicolet Recreation Department is working with other recreation departments in the North Shore to launch an NFL girls flag football program. Join us for a one day clinic that will serve as an introduction to the sport. This clinic will be open to all skill levels, and we encourage anyone interested in the sport to come out and learn the rules of the games, as well as basic skills and drills.

Our goal is to start an NFL girls flag football league in September with communities throughout the greater Milwaukee area. Details for the league are TBD and will be distributed to interested participants in September.

## FLAG FOOTBALL LEAGUES

- Instructor:** Volunteer Parent Coaches
- Location:** WFB High School Softball Field
- Grades:** 1 thru 6 as of 2025/2026 school year
- Days:** Saturdays
- Time:** 9:30 am – 3:00 pm
- Dates:** Sept 6 – Oct 25
- Course Code:** 131306
- Section A1:** Grades 1 and 2
- Section A2:** Grades 3 and 4
- Section A3:** Grades 5 and 6
- Registration Deadline:** Friday, Aug 1
- Section Fee:** res./non-res. \$75.00/\$85.00

This league is open to both boys and girls. It will develop basic skills as well as a love for the game of football. Each week players will have a league game. Volunteer parents will provide coaching. A coach's meeting will be held on Wednesday, September 3rd at 6:00 pm at the Lydell School & Community Center. Rosters and equipment will be handed out at that time. Please indicate your willingness to coach when registering. Withdrawal requests after the registration deadline will not result in a household credit or refund.

## MANDATORY COACHES MEETING

WEDNESDAY, JUNE 11<sup>TH</sup>

@ 6:00 – 7:00 PM

Lydell School & Community Center

All volunteer coaches must attend the mandatory meeting at the Lydell School and Community Center. Plans on how to disperse team uniforms, equipment, team rosters, and schedules will be discussed.

## SKYHAWKS FLAG FOOTBALL CAMP

- Instructor:** Skyhawks Instructors
- Location:** Lydell School & Community Center Soccer Field
- Days:** Mondays thru Thursdays
- Time:** 1:30 – 4:30 pm
- Course Code:** 111207
- Ages:** 7 thru 12 yrs
- Section A6:** Aug 4 – Aug 7
- Section Fee:** res./non-res. \$145.00/\$155.00

Flag Football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron!

## BLUE DUKES FOOTBALL CAMP

- Instructor:** Kyle Dobbe, WFB High School Football Coach
- Location:** WFB High School Lubar Stadium
- Grades:** 1 thru 4 as of 2025/2026 school year
- Days:** Tuesday thru Thursday
- Time:** 12:30 – 2:00 pm
- Course Code:** 142004
- Section A1:** June 24 – June 26
- Section Fee:** res./non-res. \$55.00/\$65.00

First and Second Graders will learn the basic skills of blocking, throwing, catching, punting, kicking and controlled tackling. They will develop ability through agility and speed training, learning techniques used by each position on the team. Third and Fourth Graders will learn the basic skills of blocking, throwing, catching, punting, kicking and controlled tackling. Campers will learn techniques used by each position on the team and conclude with a series of non-contact scrimmage games. Students are required to bring workout clothing, cleats, and non-cleated shoes to each session.

## FUNDAMENTALS OF KICKING AND PUNTING CLINIC

- Instructor:** Aleks Sauer-Milli; Former WFB Blue Dukes Varsity Kicker
- Location:** WFB High School Lubar Stadium
- Grades:** 6 thru 9 as of 2025/2026 school year
- Days:** Saturdays
- Time:** 10:00 am – 12:00 pm
- Course Code:** 141308
- Section A1:** June 21 and 28
- Section Fee:** res./non-res. \$59.00/\$69.00

Learn the basics on how to become a kicking specialist. The Whitefish Bay Blue Dukes Varsity Football Teams All-Conference Kicking Specialist will teach you the fundamentals of place kicking and punting. Through drills learned at elite kicking camps around the country you will be given the foundations to be able to practice building your skills at home and on your own to become a vital part of your football team. Space is limited so sign up quickly to reserve your spot.



## SKYHAWKS BASEBALL CAMP

**Instructor:** Skyhawks Instructors  
**Location:** Lydell School & Community Center Softball Field  
**Days:** Mondays thru Thursdays  
**Time:** 1:30 – 4:30 pm  
**Course Code:** 111207  
**Ages:** 7 thru 12 yrs  
**Section A4:** June 23 – June 26  
**Section Fee:** res./non-res. \$145.00/\$155.00

Skyhawks baseball staff teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. Participants should bring 2 snacks and plenty of water.

## SKYHAWKS SOCCER CAMP

**Instructor:** Skyhawks Instructors  
**Location:** Lydell School & Community Center Soccer Field  
**Days:** Mondays thru Thursdays  
**Time:** 1:30 – 4:30 pm  
**Course Code:** 111207  
**Ages:** 7 thru 12 yrs  
**Section A5:** July 14 – July 17  
**Section Fee:** res./non-res. \$145.00/\$155.00

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progression-based curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. Participants should bring 2 snacks and plenty of water.

## BASKETBALL FUNDAMENTALS

**Instructor:** Kevin Lazovik, WFB High School Former Head Coach  
**Location:** WFB Middle School New Gym  
**Grades:** 1 thru 3 as of 2025/2026 school year  
**Days:** Monday thru Thursday  
**Time:** 9:00 am – 1:00 pm  
**Course Code:** 141204  
**Section A1:** June 30 – July 3  
**Section Fee:** res./non-res. \$125.00/\$135.00

Players will learn and practice basic basketball fundamentals. Dribbling, passing, shooting, pivoting, lay-ups, defensive position and fun basketball challenges will be introduced. This will be a great way to learn basketball FUNDamentals. Players will be treated to lunch daily in the middle of the camp to rest and refuel for the second half!!

## CO-ED BASKETBALL SKILLS CAMP

**Instructor:** Ryan Fiet, WFBHS Head Varsity Boys Basketball Coach  
**Location:** WFB High School Fieldhouse  
**Grades:** 4 thru 8 as of 2025/2026 school year  
**Days:** Monday thru Friday  
**Time:** 10:30 am – 12:00 pm  
**Course Code:** 152003  
**Section A1:** June 16 – July 3  
**Section Fee:** res./non-res. \$200.00/\$210.00

This program will focus on the fundamentals of basketball and prepare players for the middle and high school game. We will work on shooting fundamentals, scoring moves, functional ball handling techniques and skills. There will also be a number of fun games and competitions with the instructors running these camps. No previous skill or experience needed, just a passion or interest in the game of basketball.

## DREAM LEAGUE BASKETBALL

**Coordinator:** Shorewood Recreation Department  
**Location:** Lake Bluff Outdoor Basketball Courts, Shorewood  
**Grades:** 3 thru 8 as of 2025/2026 school year  
**Days:** Thursdays  
**Dates:** June 26 – July 31 (skip July 3)  
**Course Code:** 151207  
**Section A1:** Grades 3 thru 5 Rising Stars **Time:** 5:30 – 6:30 pm  
**Section A2:** Grades 6 thru 8 NBA **Time:** 6:30 – 7:30 pm  
**Section Fee:** res./non-res. \$76.00/\$86.00  
**Registration Deadline:** Tuesday, June 10

This is a player-driven league presented by the National Basketball Academy of Milwaukee. This program is designed to allow players to develop their skills while learning to play with new players. Based on weekly attendance, teams may be shuffled around to ensure each team has enough for nightly games. There will be no coaches. Teams will be assigned a GM to help with guidance, motivation and substitutions. Each participant will receive a jersey. Please bring a water bottle.

## MILWAUKEE BUCKS BASKETBALL CAMP

**Instructor:** Lance Foreman  
**Location:** WFB High School Fieldhouse  
**Ages:** 7 thru 14 years  
**Days:** Monday thru Friday  
**Time:** 9:00 am – 12:00 pm  
**Course Code:** 141203  
**Section A1:** July 7 – July 11  
**Section Fee:** res./non-res. \$215.00/\$225.00



The Milwaukee Bucks Summer Camp provides a fun and team-oriented environment for boys and girls ages 7 to 14. These camps include instruction on ball handling, passing, shooting, defensive and offensive concepts with 5 on 5 scrimmages. Bucks camp coaches are selected for their basketball knowledge and ability to teach kids of all ages and skill levels. Each Summer Camp participant will receive a basketball, exclusive Bucks Youth Basketball jersey and a ticket voucher to a 2025-26 Bucks home game.

## ELITE YOUTH SKILLS - BASKETBALL CAMP

**Instructor:** David Thompson, Professional Basketball Player  
**Location:** WFB High School Fieldhouse  
**Grades:** 4 thru 8 as of 2025/2026 school year  
**Time:** 11:00 am – 2:00 pm  
**Course Code:** 111202  
**Section A1:** Saturday, June 7 **Grades:** 4 thru 5  
**Section A2:** Sunday, June 8 **Grades:** 6 thru 8  
**Section Fee:** res./non-res. \$100.00/\$110.00

Participants will learn elite skills from a professional basketball player which include dribbling moves, elite finishes, shooting techniques, and in-game reads. Practice games will be played to use the skills they have learned from camp.

**NOTE:** Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



## NEX – GEN ELITE HS SKILLS CAMP SHOWCASE

- Instructor:** David Thompson, Professional Basketball Player
- Location:** WFB High School Fieldhouse
- Grades:** 9 thru 12 as of 2025/2026 school year
- Time:** 10:00 am – 1:00 pm
- Course Code:** 111202
- Section A3:** June 21 and June 22
- Section Fee:** res./non-res. \$120.00/\$130.00

Professional basketball player David Thompson has created this camp to help evaluate high school kids looking to play college basketball. Putting them through intense high motor college workouts and drills to test how good they want to be. Sunday (9am-3pm): 5 on 5 Tournament All players in the camp may win a trophy. Teams will be arranged by their camp performance on Saturday.

## YOUTH DEVELOPMENT SKILLS - BASKETBALL CAMP

- Instructor:** David Thompson, Professional Basketball Player
- Location:** WFB High School Fieldhouse
- Grades:** 3 thru 5 as of 2025/2026 school year
- Time:** 10:00 am – 12:00 pm
- Course Code:** 111202
- Section A4:** June 28
- Section Fee:** res./non-res. \$100.00/\$110.00

Professional basketball player David Thompson will be teaching the fundamentals of basketball. He will help with shooting, dribbling, defense, and different ways to move without the ball. Great camp for beginners!

## NEX – GEN ELITE 3 ON 3 YOUTH BASKETBALL TOURNAMENT

- Instructor:** David Thompson, Professional Basketball Player
- Location:** WFB High School Fieldhouse
- Grades:** 5 thru 8 as of 2025/2026 school year
- Time:** 10:00 am – 3:00 pm
- Course Code:** 111202
- Section A5:** Aug 2
- Section Fee:** res./non-res. \$100.00/\$110.00 per team

This will be for the kids to get together with their friends and compete and try to win the trophy. Games will be to 21 counted by 2s and 3s, you will play a guaranteed 2 games and then single elimination for playoffs! Only accepting 25 teams. You can have up to 5 players on your team. Get your team together and have one parent register your team for the tournament, names for all team members need to be provided upon registration.

## ELITE YOUTH SKILLS - BASKETBALL CAMP

- Instructor:** David Thompson, Professional Basketball Player
- Location:** WFB High School Fieldhouse
- Grades:** 6 thru 12 as of 2025/2026 school year
- Time:** 10:00 am – 1:00 pm
- Course Code:** 111202
- Section A6:** Aug 9 **Grades:** 6 thru 8
- Section A7:** Aug 10 **Grades:** 9 thru 12
- Section Fee:** res./non-res. \$100.00/\$110.00

Elite Youth Skill training will teach dribbling moves, elite finishes, shooting techniques, and in-game reads. Practice games will be played to use skills learned from camp.



Whether your child is new to the sport or a seasoned veteran, join us this year to play ball, make friends, and have fun!

**Open to All Players,  
Kindergarten - 8th Grade**

### Each Year Includes Two Seasons:

Spring/Summer Ball from April - July  
(Registration starts in December)

Fall Ball from Late August - Mid October  
(Registration starts in July)

Please visit [www.wfbll.com](http://www.wfbll.com) for more details and registration forms.



## NEX – GEN ELITE 3 ON 3 YOUTH BASKETBALL TOURNAMENT

- Instructor:** David Thompson, Professional Basketball Player
- Location:** WFB High School Fieldhouse
- Grades:** 6 thru 12 as of 2025/2026 school year
- Time:** 11:00 am – 4:00 pm
- Course Code:** 111202
- Section A8:** Aug 16 and Aug 17
- Section Fee:** res./non-res. \$100.00/\$110.00 per team

This tournament will be for players to get together with their friends and compete for a trophy. Games will be to 21 counted by 2s and 3s. Players are guaranteed 2 games and then single elimination for playoffs! You can have up to 5 players on your team. Get your team together and have one parent register your team for the tournament, names for all team members need to be provided upon registration. Tournament is limited to 25 teams.

## YOUTH BADMINTON

- Instructor:** Doug Kane, WFB Recreation Instructor
- Location:** WFB High School Fieldhouse, Courts 1 & 2
- Grades:** 6 thru 12 as of 2025/2026 school year
- Days:** Mondays and Wednesdays
- Time:** 1:30 – 2:45 pm
- Course Code:** 151200
- Dates:** June 16 – July 30
- Section Fee:** res./non-res. \$40.00/\$50.00

Badminton players will be paired with others that have compatible skills. Beginner players are welcome, however, individual instruction may not always be available. Rackets and shuttlecocks will be provided or you may bring your own racket. Participants are expected to remain for the duration of the program. Written permission is required from a parent or guardian for any player wanting to leave early.

## YOUTH OPEN KICKBALL

- Instructor:** WFB Recreation Department Staff
- Location:** Lydell School & Community Center Softball Field
- Grades:** 1 thru 5 as of 2025/2026 school year
- Days:** Mondays and Wednesdays **Time:** 10:30 am – 12:30 pm
- Course Code:** 151304
- Section A1:** June 23 – July 23
- Section Fee:** res./non-res. \$60.00/\$70.00

This program is a perfect fit for kids who can't get enough kickball and hanging out with friends. Teams will be formed daily by staff and participants will play games emphasizing fun over competitive play. Players should bring a water bottle every day. Rainouts will not be rescheduled. Players must know how to play kickball; no instruction will be given.

## YOUTH OPEN WIFFLE BALL

- Instructor:** WFB Recreation Department Staff
- Location:** Lydell School and Community Center Back Field
- Grades:** 4 thru 8 as of 2025/2026 school year
- Days:** Tuesdays and Thursdays
- Time:** 10:30 am – 12:30 pm
- Course Code:** 151302
- Section A1:** June 24 – July 24
- Section Fee:** res./non-res. \$60.00/\$70.00

This program is a perfect fit for kids who can't get enough hanging out with friends and having a great time playing Wiffle Ball! Teams will be

formed daily by staff and participants will play games emphasizing fun over competitive play. Players should bring a water bottle every day, no glove is needed to play. Rainouts will not be rescheduled. Players must know how to play Wiffle Ball; no instructions will be given.

## CROSS COUNTRY CAMP

- Instructors:** Coach Tony Agostini, WFB Recreation Department Staff
- Location:** Estabrook Park, Soccer Field #1
- Grades:** 6 thru 9 as of 2025/2026 school year
- Days:** Monday and Thursday
- Time:** 8:30 – 9:30 am
- Dates:** June 23 – July 31
- Course Code:** 151307
- Section Fee:** res./non-res. \$65.00/\$75.00

Join the proud tradition that is Whitefish Bay Cross Country. WFB rec staff will lead young runners through a progression of workouts, develop proper running form, improve fitness, strength and speed while enjoying the natural running terrain around Whitefish Bay.

## ROCK CLIMBING: A BEGINNER'S COURSE

- Coordinator:** Brown Deer Park and Recreation Department
- Instructor:** Brown Deer Park and Recreation Staff
- Location:** Novak Family Fieldhouse  
8200 N. 60th Street, Brown Deer
- Course Code:** 151300
- Ages:** 5 thru 8 years
- Days:** Tuesdays **Time:** 5:00 – 6:00 pm
- Section A1:** May 13 – June 3  
**Registration Deadline:** Tuesday, May 6
- Days:** Wednesdays **Time:** 5:00 – 6:00 pm
- Section A2:** June 4 – June 25  
**Registration Deadline:** Wednesday, May 28
- Days:** Mon – Thu **Time:** 9:00 – 10:00 am
- Section A3:** July 21 – July 24  
**Registration Deadline:** Monday, July 14
- Days:** Mon – Thurs **Time:** 9:00 – 10:00 am
- Section A4:** Aug 11 – Aug 14  
**Registration Deadline:** Monday, Aug 4
- Ages:** 9 thru 14 years
- Days:** Tuesdays **Time:** 6:00 – 7:00 pm
- Section B1:** May 13 – June 3  
**Registration Deadline:** Tuesday, May 6
- Days:** Wednesdays **Time:** 6:00 – 7:00 pm
- Section B2:** June 4 – June 25  
**Registration Deadline:** Wednesday, May 28
- Days:** Mon – Thu **Time:** 10:00 – 11:00 am
- Section B3:** July 21 – July 24  
**Registration Deadline:** Wednesday, July 14
- Days:** Mon – Thurs **Time:** 10:00 – 11:00 am
- Section B4:** Aug 11 – Aug 14  
**Registration Deadline:** Monday, Aug 4
- Section Fee:** res./non-res. \$40.00/\$50.00

In this introductory course, students will be guided through basic climbing techniques and safety precautions. Participants will enhance coordination, problem-solving, balance, strength through bouldering (traversing) and climbing. Students will enhance their skills through games and challenges throughout the course. Climbers ready?



## YOUNG AMERICAN MARTIAL ARTS CLUB - YAMAC

- Instructor:** Phil Sauer, Young American Martial Arts Club
- Location:** Lydell School & Community Center Gym
- Days:** Mondays and Wednesdays
- Dates:** July 7 – Aug 13
- Ages:** Little Samurai: 4 thru 6 years  
Samurai: 7 thru 13 years
- Course Code:** 121201
- Section A1:** Little Samurai (ages 4 thru 6) **Time:** 4:30 – 5:00 pm
- Section A2:** Samurai (ages 7 thru 13) **Time:** 5:00 – 5:45 pm
- Section Fee:** res./non-res. \$179.00/\$189.00  
(25% additional family member discount)

Let your child experience the challenges of the Young American Martial Arts Club. This dynamic program has been developed in cooperation with the University of Wisconsin-Milwaukee Children's Center, a leader in early childhood development and education. This innovative martial arts program will encourage your child to develop a positive attitude, perseverance, self-confidence and self-discipline.

## NORTH SHORE MARTIAL ARTS CLUB - NSMAC

- Instructor:** Phil Sauer, North Shore Martial Arts Club
- Location:** Lydell School & Community Center Gym
- Days:** Mondays and Wednesdays
- Time:** 6:00 – 7:15 pm
- Ages:** 11 years and up
- Course Code:** 151206
- Section A1:** July 7 – Aug 13
- Section Fee:** res./non-res. \$179.00/\$189.00  
(25% additional family member discount)

Improve fitness and have fun while learning the Martial Arts from North Shore resident, Phil Sauer. Phil has been a Martial Art instructor since 1972 and has taught at UW-Milwaukee since 1979. This program will challenge you, mentally and physically, as you learn kicking, punching and self-defense techniques that will keep you safe and fit.

## SKYHAWKS MINI-HAWK CAMP

- Instructor:** Skyhawks Instructors
- Location:** Lydell School & Community Center Field
- Days:** Monday thru Thursday
- Time:** 10:00 am – 1:00 pm
- Course Code:** 111207
- Ages:** 4 thru 6 years
- Section A1:** June 23 – June 26
- Section A2:** July 14 – July 17
- Section A3:** Aug 4 – Aug 7
- Section Fee:** res./non-res. \$145.00/\$155.00

This multi-sport program was developed to give children a positive first step into athletics. Flag football, basketball and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

## GIRLS LACROSSE CLINIC - WNS JUNIOR WOLFPACK

- Instructors:** WNS Wolfpack Staff
- Location:** WFB High School Lubar Stadium
- Grades:** 1 thru 8 as of 2025/2026 school year
- Day:** Sunday
- Time:** 10:00 am – 12:00 pm
- Course Code:** 141307
- Section A1:** Aug 3
- Section Fee:** res./non-res. \$30.00/\$40.00

This is an instructional clinic offering drills/skills and fundamentals for beginners to intermediate players. This is a great opportunity for girls to learn to play lacrosse or work on emerging skills. No experience necessary. Our program focuses on empowering girls to develop skill, athleticism, heart, determination, and a love for the game of lacrosse. Experienced and enthusiastic coaches and players from the WNS (Whitefish Bay / Nicolet / Shorewood) Girls Lacrosse Club will lead the clinic. Lacrosse sticks, goggles and mouth guard are required. If you need to borrow equipment or if you have any questions, please contact Kathleen Reid at wns.jr.wolfpack@gmail.com.

## YOUTH VOLLEYBALL CLINIC

- Instructor:** WFB High School Coaches
- Location:** WFB High School Fieldhouse
- Grades:** 1 thru 8 as of 2025/2026 school year
- Days:** Monday thru Thursday
- Dates:** July 14 – July 24
- Course Code:** 141207
- Section A1:** Grades 1 thru 3 **Time:** 12:15 – 1:15 pm
- Section A1 Fee:** res./non-res. \$105.00/\$115.00
- Section A2:** Grades 4 thru 5 **Time:** 1:30 – 2:45 pm
- Section A2 Fee:** res./non-res. \$125.00/\$135.00
- Section A3:** Grades 6 thru 8 **Time:** 3:00 – 4:30 pm
- Section A3 Fee:** res./non-res. \$145.00/\$155.00

Section A1 touches on basic volleyball skills such as setting, passing, footwork, arm swing and most importantly, COMMUNICATION. Each session moves at a quick, focused and fun pace to keep kids engaged while working from skill to skill. Section A2 moves at a quick, focused and fun pace to keep kids engaged while working from skill to skill. This program is appropriate for all skill levels. Section A3 will introduce players to various skills used at the beginning level of volleyball competition. Different techniques will be covered through drills and games.

## REGISTER TODAY!



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# YOUTH GYMNASTICS

## RECREATIONAL LEVEL PROGRAMS

The Recreational Level Programs focus on basic skills for vault, bars, beam and floor. Our skill tracking program helps kids monitor their accomplishments and celebrate their achievements. As children progress through different levels, they will develop in the areas of agility, strength, flexibility, balance and coordination. In addition to these physical improvements, participants will learn life skills such as self-confidence, goal-setting, teamwork, responsibility, friendship and sportsmanship. At the end of the term, each gymnast will be notified of which level they should register for next. Parents who choose to watch their children must observe from the hallway. Contact Coach Sarah Woods at sarah.n.woods@gmail.com with any questions.

**Coordinator:** Sarah Woods, Head Recreation Gymnastics Coordinator/Coach  
**Location:** WFB High School Memorial Gym  
**Days:** Monday thru Thursday  
**Course Code:** 1114000

## RECREATIONAL LEVEL FEES:

**PARENT /TOT** . . . . . res./non-res. \$55.00/\$65.00  
 (Ages 1.5 - 3 years old, with parent or guardian)  
**PRE 3, PRE 4, PRE 5/6** . . . . . res./non-res. \$55.00/\$65.00  
 (Ages 3-6 years old, according to child's age)  
**LEVEL A\*** . . . . . res./non-res. \$55.00/\$65.00  
 (Grades 1-8, Beginners or those who have participated in one term)  
**LEVEL B** . . . . . res./non-res. \$55.00/\$65.00  
 (Grades 1-8, gymnasts who have passed Level A)

**\*Preschoolers are NOT allowed in the Levels Programs without instructor approval.**

Level	Dates	Day	Time	Section		
Parent/Tot	June 17 – July 15	Tuesdays	8:45 – 9:30 am	A1		
Parent/Tot	June 18 – July 16	Wednesdays	8:45 – 9:30 am	A2		
Pre 3/4	June 16 – July 14	Mondays	12:00 – 12:45 pm	B1		
Pre 3/4			1:00 – 1:45 pm	B2		
Pre 5/6			12:00 – 1:00 pm	C1		
Pre 5/6			1:00 – 2:00 pm	C2		
Level A/B			12:00 – 1:00pm	D1		
Level A/B			1:00 – 2:00pm	D2		
Pre 3/4			June 17 – July 15	Tuesdays	12:00 – 12:45 pm	B3
Pre 3/4					1:00 – 1:45 pm	B4
Pre 5/6	12:00 – 1:00 pm	C3				
Pre 5/6	1:00 – 2:00 pm	C4				
Level A/B	12:00 – 1:00 pm	D3				
Level A/B	1:00 – 2:00 pm	D4				
Pre 3/4	June 18 – July 16	Wednesdays			12:00 – 12:45 pm	B5
Pre 3/4					1:00 – 1:45 pm	B6
Pre 5/6			12:00 – 1:00 pm	C5		
Pre 5/6			1:00 – 2:00 pm	C6		
Level A/B			12:00 – 1:00 pm	D5		
Level A/B			1:00 – 2:00 pm	D6		
Pre 3/4			June 19 – July 17	Thursdays	12:00 – 12:45 pm	B7
Pre 3/4					1:00 – 1:45 pm	B8
Pre 5/6	12:00 – 1:00 pm	C7				
Pre 5/6	1:00 – 2:00 pm	C8				
Level A/B	12:00 – 1:00 pm	D7				
Level A/B	1:00-2:00 pm	D8				

**NOTE:** Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.

# YOUTH GYMNASTICS

## COMPETITIVE LEVEL PROGRAMS

The Competitive Levels are designed to give the higher level athletes an opportunity to compete in the USA Junior Olympic program. Gymnasts are expected to be at practices regularly and compete in the fall meets. Please email Sarah at sarah.n.woods@gmail.com with any questions concerning the competitive teams.

**Coordinator:** Sarah Woods, Head Recreation  
Gymnastics Coordinator/Coach  
**Location:** WFB High School Memorial Gym  
**Course Code:** 141404 - EVENING CLASSES  
141405 - MORNING CLASSES

\* indicates that pre-approval is required for enrollment.

## COMPETITIVE LEVEL FEES:

**USAG 1** . . . . . res./non-res. \$60.00/\$70.00  
(Grades 1 thru 8 as of 2025/2026 school year, Beginning competitive level)  
**USAG 2** . . . . . res./non-res. \$65.00/\$75.00  
(Grades 1 thru 8, Beginning level for those who have passed USAG 1)  
**USAG P3/3** . . . . . res./non-res. \$65.00/\$75.00  
(Grades 1 thru 8, Beginning level for those who have passed USAG 2)  
**PRE-OPTIONALS** . . . . . res./non-res. \$70.00/\$80.00  
(Grades 1 thru 8, Intermediate level for those who have passed USAG 3)  
**OPTIONALS\*** . . . . . res./non-res. \$70.00/\$80.00  
(Grades 3 thru 8, Advanced level for those who have passed Pre-Optionals)  
**HIGH SCHOOL** . . . . . res./non-res. \$70.00/\$80.00  
(Grades 9 – 12)

Level	Dates	Day	Time	Section
USAG 1	June 17 – July 15	Tuesdays	5:00 – 6:00 pm	A1
USAG 2			6:00 – 8:00 pm	B1
USAG P3/3			6:00 – 8:00 pm	C1
USAG 1	June 18 – July 16	Thursdays	5:00 – 6:00 pm	A2
USAG 2			6:00 – 8:00 pm	B2
USAG P3/3			6:00 – 8:00 pm	C2

Level	Dates	Day	Time	Section
High School	June 16 – June 19	Mon – Thurs	9:00 – 11:30 am	A1
Optionals			9:00 – 11:30 am	B1
Pre-Optionals			9:00 – 11:30 am	C1
USAG P3/3			9:00 – 11:30 am	D1
High School	June 23 – June 26	Mon – Thurs	9:00 – 11:30 am	A2
Optionals			9:00 – 11:30 am	B2
Pre-Optionals			9:00 – 11:30 am	C2
USAG P3/3			9:00 – 11:30 am	D2
High School	June 30 – July 3	Mon – Wed	9:00 – 11:30 am	A3
Optionals			9:00 – 11:30 am	B3
Pre-Optionals			9:00 – 11:30 am	C3
USAG P3/3			9:00 – 11:30 am	D3
High School	July 7 – July 10	Mon – Thurs	9:00 – 11:30 am	A4
Optionals			9:00 – 11:30 am	B4
Pre-Optionals			9:00 – 11:30 am	C4
USAG P3/3			9:00 – 11:30 am	D4
High School	July 14 – July 17	Mon – Thurs	9:00 – 11:30 am	A5
Optionals			9:00 – 11:30 am	B5
Pre-Optionals			9:00 – 11:30 am	C5
USAG P3/3			9:00 – 11:30 am	D5

# YOUTH GYMNASTICS

## GYMNASTICS CAMP

- Coordinator:** Sarah Woods, Head Recreation  
Gymnastics Coordinator/Coach
- Location:** WFB High School, Memorial Gym
- Grades:** K5 thru 6 as of 2025/2026 school year
- Days:** Monday thru Friday
- Time:** 9:00 am – 3:00 pm
- Course Code:** 142003
- Section A1:** July 21 – July 25
- Section A2:** July 28 – Aug 1
- Section A3:** Aug 4 – Aug 8
- Section Fee:** res./non-res. \$200.00/\$210.00

Our days will include gymnastics for each week and will rotate with other activities including an obstacle course, jewelry making, walking trips to Dairy Queen, scavenger hunts and much more! Daily schedule of activities will be handed out on the first day of each camp. Campers should bring a bag lunch, water bottle, and one nut-free snack to camp each day. All campers will receive a t-shirt.




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**SOFTBALL  
SUMMER CLINIC**

**MONDAYS, TUESDAYS AND WEDNESDAYS  
JUNE 16-JULY 2**

**AGES 6-9, 9-10AM (\$125)**  
**AGES 10-14, 10:30AM-NOON (\$150)**

**WFB HIGH SCHOOL SOFTBALL FIELD**

*ALL LEVELS OF EXPERIENCE INVITED TO JOIN!*

**TO REGISTER VISIT: [JRDUKESSOFTBALL.COM](http://JRDUKESSOFTBALL.COM)**



## YOUTH TENNIS INSTRUCTION

- Instructors:** Tennis Pro Phil Kelbe & Staff  
**Location:** Cahill Courts  
**Ages:** 5 thru 13 years  
**Days:** Monday thru Thursday (2 rainout dates per section to be scheduled on Fridays)
- Section A1:** June 16 – June 26  
**Section A2:** June 30 – July 10  
**Section A3:** July 14 – July 24  
**Section A4:** July 28 – Aug 7  
**Section Fee:** res./non-res. \$125.00/\$135.00

### QUICKSTART MUNCHKIN - 5 THRU 6 YEARS

Children will enjoy learning basic tennis skills on smaller courts with low compression balls. Skills include ball and racket handling, making contact with the ball and hitting the ball to a target. Emphasis will be on fun and teamwork. Participants must furnish their own racket. Specify section when registering.

Court	Time	Sections	Course Code
Cahill	9:00 - 9:45 am	A1 – A4	131601
Cahill	3:30 - 4:15 pm	A1 – A4	131603

### QUICKSTART JUNIOR STARS - 7 THRU 10 YEARS

Students will have fun while learning proper tennis techniques on smaller courts with low compression balls. We'll cover handgrip, strokes, volleying and serving and review game rules, scoring and practice skills throughout the program. For players with lesson experience, tennis strategies will be implemented. All players will be divided by ability level. Participants must furnish their own racket. Specify section dates when registering.

Court	Time	Sections	Course Code
Cahill	9:00 - 9:45 am	A1 – A4	141601
Cahill	10:00 - 10:45 am	A1 – A4	141602
Cahill	11:00 - 11:45 am	A1 – A4	141604
Cahill	1:30 - 2:15 pm	A1 – A4	141605

### SENIOR STARS - 11 THRU 13 YEARS

Students will have fun while learning proper tennis techniques on smaller courts with low compression balls. We'll cover handgrip, strokes, volleying and serving and review game rules, scoring and practice skills throughout the program. For players with lesson experience, tennis strategies will be implemented. All players will be divided by ability level. Participants must furnish their own racket. Specify section when registering.

Court	Time	Sections	Course Code
Cahill	11:00 - 11:45 am	A1 – A4	161601
Cahill	2:30 - 3:15 pm	A1 – A4	161604



## JUNIOR COMPETITIVE TENNIS LEAGUE PROGRAM

- Instructors:** Tennis Pro Phil Kelbe & Staff  
**Location:** Cahill Courts  
**Grades:** 2 thru 12 as of 2025/2026 school year  
**Days:** Monday thru Friday  
**Dates:** June 16 – Aug 22 (skip July 4)
- Course Code:** 151601
- Section A1:** Grades 2 thru 5      3:30 - 4:30 pm  
**Section A2:** Grades 6 thru 8      2:00 - 3:30 pm  
**Section A3:** Grades 9 thru 12      12:30 - 2:00 pm
- Section A1 Fee:** res./non-res. \$180.00/\$190.00  
**Section A2/A3 Fee:** res./non-res. \$240.00/\$250.00

This league is NOT appropriate for beginning level players. In this 8-week program, youth tennis players, grades 2 thru 12, who have taken lessons, are encouraged to register for this fun and active program. During the first week, all players will be evaluated by the coaching staff to determine their skill level. Thereafter, all participants will be broken down by age and ability. Daily practice will focus on stroke development and drills. In addition, select players may have the opportunity, once a week, to travel and compete against other local recreation departments. Due to the long duration of this program, daily attendance is not required. **Rain dates will NOT be made up.** Specify section when registering.



# YOUTH GOLF

## MICKELSON MIDLERS

**Instructor:** Phil Plautz, Missing Links Staff  
**Location:** Missing Links Golf Club, Mequon  
**Ages:** 7 thru 10 years  
**Section Fee:** res./non-res. \$135.00/\$145.00

These lessons provide a thorough introduction to the golf swing. Our award-winning PGA pros discuss goals and then help to perfect grip, alignment, posture and swing mechanics. At Missing Links an emphasis is put on short game instruction focusing on putting and chipping.

### SATURDAYS

**Course Code:** 141501  
**Section A1:** May 3 – May 24 **Time:** 9:00 – 10:00 am  
**Section A2:** May 3 – May 24 **Time:** 10:15 – 11:15 am  
**Section B1:** June 7 – June 28 **Time:** 9:00 – 10:00 am  
**Section B2:** June 7 – June 28 **Time:** 10:15 – 11:15 am  
**Section C1:** July 12 – Aug 2 **Time:** 9:00 – 10:00 am  
**Section C2:** July 12 – Aug 2 **Time:** 10:15 – 11:15 am  
**Section D1:** Aug 9 – Aug 30 **Time:** 9:00 – 10:00 am  
**Section D2:** Aug 9 – Aug 30 **Time:** 10:15 – 11:15 am  
**Section E1:** Sept 13 – Oct 4 **Time:** 9:00 – 10:00 am  
**Section E2:** Sept 13 – Oct 4 **Time:** 10:15 – 11:15 am

### TUESDAYS

**Course Code:** 141504  
**Section A1:** June 17 – July 15 **Time:** 9:00 – 10:00 am  
**Section A2:** June 17 – July 15 **Time:** 10:15 – 11:15 am  
**Section B1:** July 29 – Aug 19 **Time:** 9:00 – 10:00 am  
**Section B2:** July 29 – Aug 19 **Time:** 10:15 – 11:15 am

### WEDNESDAYS

**Course Code:** 141507  
**Section A1:** June 18 – July 16 **Time:** 9:00 – 10:00 am  
**Section A2:** June 18 – July 16 **Time:** 10:15 – 11:15 am  
**Section B1:** July 30 – Aug 20 **Time:** 9:00 – 10:00 am  
**Section B2:** July 30 – Aug 20 **Time:** 10:15 – 11:15 am

### THURSDAYS

**Course Code:** 141510  
**Section A1:** June 19 – July 17 **Time:** 9:00 – 10:00 am  
**Section A2:** June 19 – July 17 **Time:** 10:15 – 11:15 am  
**Section B1:** July 31 – Aug 21 **Time:** 9:00 – 10:00 am  
**Section B2:** July 31 – Aug 21 **Time:** 10:15 – 11:15 am

## PALMER'S PLAYERS

**Instructor:** Phil Plautz, Missing Links Staff  
**Location:** Missing Links Golf Club, Mequon  
**Time:** 11:30 am – 12:30 pm  
**Ages:** 11 thru 17 years  
**Course Code:** 161501  
**Section Fee:** res./non-res. \$135.00/\$145.00

Same instruction as Mickelson Middlers, but geared towards an older, more mature youth.

### SATURDAYS

**Section A1:** May 3 – May 24  
**Section A2:** June 7 – June 28  
**Section A3:** July 12 – Aug 2  
**Section A4:** Aug 9 – Aug 30  
**Section A5:** Sept 13 – Oct 4

### TUESDAYS

**Section B1:** June 17 – July 15  
**Section B2:** July 29 – Aug 19

### WEDNESDAYS

**Section C1:** June 18 – July 16  
**Section C2:** July 30 – Aug 20

### THURSDAYS

**Section D1:** June 19 – July 17  
**Section D2:** July 31 – Aug 21



**Any weather-related cancellation questions, please call Missing Links Golf Club at (262)243-5711.**

# YOUTH GOLF

## JUNIOR GOLF LEAGUE

- Instructor:** Hannah Strachota, Missing Links Staff  
**Location:** Missing Links Golf Club, Mequon  
**Ages:** 9 thru 16 years  
**Course Code:** 161505
- Section A1:** Mondays **Time:** 9:30 am – 12:00 pm  
June 16 – Aug 11 (skip June 30)
- Section A2:** Tuesdays **Time:** 9:30 am – 12:00 pm  
June 17 – Aug 12 (skip July 1)
- Section A3:** Wednesdays **Time:** 12:30 – 3:00 pm  
June 18 – Aug 13 (skip July 2)
- Section A4:** Thursdays **Time:** 9:30 am – 12:00 pm  
June 19 – Aug 14 (skip July 3)
- Section A5:** Fridays **Time:** 9:30 am – 12:00 pm  
June 20 – Aug 15 (skip July 4)
- Section Fee:** res./non-res. \$220.00/\$230.00

For over 20 years, Junior League at Missing Links has been the most entertaining program that we offer for kids! Junior League is the perfect opportunity to put all the golf instruction to use and have some fun in a semi-competitive environment. League meets once a week for the majority of the summer. Sign up for multiple days! Besides learning some tips and strategies on the course, our camp will cover basic rules, etiquette, different golf games and tweaking your swing. Prizes will be awarded weekly for a variety of fun games and contests. The last week of camp is reserved for the Club Championship and a pizza banquet with more awards. **Players must have at least 4 hours of prior golf instruction in order to participate.**

## HALF-DAY JUNIOR GOLF CAMPS

- Instructor:** Michael Grossman, Missing Links Staff  
**Location:** Missing Links Golf Club, Mequon  
**Ages:** 8 thru 14 years  
**Days:** Monday thru Friday **Time:** 9:00 am – 12:00 pm  
**Course Code:** 161513
- Section A1:** June 16 – June 20  
**Section A2:** June 23 – June 27  
**Section A3:** July 7 – July 11  
**Section A4:** July 14 – July 18  
**Section A5:** July 21 – July 25  
**Section A6:** July 28 – Aug 1  
**Section A7:** Aug 4 – Aug 8  
**Section A8:** Aug 11 – Aug 15  
**Section A9:** Aug 18 – Aug 22
- Section Fee:** res./non-res. \$425.00/\$435.00

These camps teach the fundamentals of golf through fun and educational activities. These camps develop positive and confident students, both on and off the course. Our program is designed to build leadership and overall performance skills. Missing Links Half-Day Junior Golf Camps provide exceptional golf instruction by PGA Professional, Michael Grossman. Students get an exclusive student-specific player development program and performance-based coaching for everyone from the inexperienced player to the aspiring professional golfer. Where learning is fun and results are guaranteed!

## JUNIOR ONE-DAY GOLF CLINIC

- Instructor:** Phil Plautz, Missing Links Staff  
**Location:** Missing Links Golf Club, Mequon  
**Ages:** 10 thru 17 years  
**Day:** Friday **Time:** 9:00 am – 3:00 pm  
**Course Code:** 161511  
**Section A1:** June 20  
**Section A2:** June 27  
**Section Fee:** res./non-res. \$135.00/\$145.00

Everything, plus more, condensed into one day. Golfers should have prior lessons or golf experience. There will be instruction in the morning and course play in the afternoon. Lunch is included.

## HALF-DAY SPORTS CAMPS

- Instructor:** Izzy Plautz, Missing Links Staff  
**Location:** Missing Links Golf Club, Mequon  
**Ages:** 6 thru 12 years  
**Days:** Monday thru Friday **Time:** 9:00 am – 12:00 pm  
**Course Code:** 161514  
**Section A1:** June 16 – June 20  
**Section A2:** June 23 – June 27  
**Section A3:** July 28 – Aug 1  
**Section A4:** Aug 4 – Aug 8  
**Section A5:** Aug 11 – Aug 15  
**Section A6:** Aug 18 – Aug 22  
**Section Fee:** res./non-res. \$285.00/\$295.00

Supersized fun with golf, foot-golf, mini-golf, kickball, scavenger hunts, trivia and games... oh my! A week full of outdoor competition and, if it rains, we play virtual golf in covered stalls and games in the party room. Also treats. What more could you want?

## REGISTER TODAY!



### DROP OFF / MAIL

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### ONLINE

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## CHECK OUT OUR RecGram!

Emailed weekly to all Household Accounts and posted on Facebook with timely programming info! Make sure your email address is verified to receive the RecGram and other Recreation Department notifications.



# YOUTH AQUATICS



## DISCOVER SCUBA DIVING

- Instructor:** Aquatic Adventures, Inc.
- Location:** WFB High School, Fieldhouse Pool
- Ages:** 10 years & up
- Day:** Wednesday **Time:** 6:00 – 8:00 pm
- Course Code:** 160808
- Section A1:** August 13
- Registration Deadline:** Wednesday, July 30
- Section Fee:** res./non-res. \$65.00/\$75.00

Have you ever wondered what it is like to breathe underwater? Then, this PADI Discover Scuba Diving experience is your chance to give scuba a try in a fun, inexpensive, no-pressure setting. There is nothing like breathing underwater for the very first time. It takes a little getting used to, but after a few minutes, you will realize how easy scuba diving really is. You will get to wear scuba diving equipment, breathe underwater and learn some basic skills and safety rules that can show if a full certification is for you! No experience is required.

## YOUTH/TEEN DIVING CLASS

- Instructor:** Andrea Robertson, WFB Recreation Staff
- Location:** WFB High School Fieldhouse Pool Dive Well
- Grades:** 1 thru 9 as of 2025/26 school year
- Day:** Mondays **Time:** 7:00 pm – 8:00 pm
- Course Code:** 180804
- Section A1:** June 16 – Aug 4
- Section Fee:** res./non-res. \$75.00/\$85.00

**This class is for those who are enrolled in or have passed Level 4 (or higher) swim lessons.** This unique and fun program will teach the basics of competitive diving. Each student will learn hurdles, forward diving positions, back dives, flips and twisters. For those who have no experience, these maneuvers are easy for anyone to learn. Due to the limited number of students, each student will receive individual attention.

## WATER SAFETY INSTRUCTOR - BLENDED LEARNING CLASS

- Coordinator:** Nicolet Recreation Department
- Instructor:** Red Cross Certified Lifeguard Instructors
- Location:** Nicolet Union High School Pool
- Ages:** 15 years and up
- Days:** Monday thru Wednesday
- Time:** 7:30 am – 3:30 pm
- Course Code:** 180805
- Section A1:** Aug 11 – Aug 13
- Registration Deadline:** Monday, July 28
- Section Fee:** res./non-res. \$200.00/\$210.00

Program includes Lifeguarding, CPR, First Aid, and AED. A pocket mask is included in the fee. Lifeguarding certification is current for two years. A pre-test will be held on the first day of the program. Persons unable to complete the pre-test satisfactorily will not be allowed to continue.

### Pre-test details:

**Prerequisite 1:** Jump in, submerge, resurface and swim 150 yards continuously, tread water for 2 minutes, and then swim 50 more yards. While swimming, you must keep your face in the water and demonstrate good breath control. You may swim using the front crawl, breaststroke or a combination of both. Swimming on the back or side is not permitted. Swim goggles are allowed. When treading, you must use only your legs. **Prerequisite 2:** Complete a timed event within 1 minute, 40 seconds. Starting in the water, swim 20 yards. Your face may be in or out of the water. Swim goggles are not allowed. Surface dive (head-first or feet-first) to a depth of 7 to 10 feet to retrieve a 10-pound object. Return to the surface and swim 20 yards on your back to return to the starting point, holding the object at the surface with both hands and keeping your face at or near the surface. Swimming the distance underwater is not permitted. Exit the water without using a ladder or the steps.

Participation in all sessions is required. Must pass a written test with 80% or higher plus three scenario tests practical skills to be certified. Please bring proof of age to first class. No refunds will be given after the registration deadline. Once a customer is registered for an American Red Cross class, refunds cannot be provided due to the costs, supplies and preparation associated with the class. You must complete all online work prior to in person class start. Please print a completion certificate and send it to the instructor prior to class start date. You will be able to access the American Red Cross system once confirmation of class will be held. Register with your personal email only. No duplicate emails permitted. An email will be sent prior to the class start date with details of class requirements/prerequisites. Questions? Contact [cindy.schlidt@nicolet.us](mailto:cindy.schlidt@nicolet.us)

## CHECK OUT OUR RecGram!



Emailed weekly to all Household Accounts and posted on Facebook with timely programming info! Make sure your email address is verified to receive the RecGram and other Recreation Department notifications.

**NOTE:** Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



# SUMMER SWIM INSTRUCTION

**Location:** WFB High School Fieldhouse & Auxiliary Pool  
**Ages:** 18 months and up  
**Note:** Eight lessons per section. Please read descriptions and enroll your child in the proper class.  
**Section Fee:** res./non-res. \$65.00/\$75.00

## IMPORTANT:

Children ages 6 years and older must use the locker room for their respective gender.

Our swimming programs are offered to youths interested in learning and improving their aquatic skills. Both the Field House and Auxiliary pools, located within Whitefish Bay High School, are used. There are locker rooms for participants to use. Enter both pools through the Fieldhouse Pool Deck. The Auxiliary Pool has separate locker rooms for weekday lessons. A shower must be taken prior to entering the pool.

SECTION	DAYS	DATES
Section A1	Mon – Thurs	June 16 – June 26
Section A2	Mon – Thurs	June 30 – July 10
Section A3	Mon – Thurs	July 14 – July 24
Section A4	Mon – Thurs	July 28 – Aug 7
Section A5	Sat	June 21 – Aug 16 (skip July 5)
Section A6	Mon/Wed	June 16 – July 9

TODDLER	SECTION	DAYS	TIME	LOCATION	CODE#
This level is getting children used to the pool and its environment. Classes water safety and technique development. One adult must accompany each child into the water. Children should wear swim diapers.	A5	Sat	9:00 – 9:30 am	Fieldhouse	110802
PRESCHOOL	SECTION	DAYS	TIME	LOCATION	CODE#
Designed for preschoolers who have little experience and are cautious without parents around the pool. One adult must accompany each child into the water.	A5	Sat	9:30 – 10:00 am	Fieldhouse	120803
	A6	Mon/Wed	6:25 – 6:55 pm	Auxiliary	120803
LEVEL I – WATER EXPLORATION	SECTION	DAYS	TIME	LOCATION	CODE#
Children should feel comfortable in the water. Subjects covered include: water safety, submerging head, using arms and legs on front and back, exhaling underwater and floating (front and back).	A1, A4	Mon – Thurs	9:00 – 9:45 am	Fieldhouse	130801
	A2, A3	Mon – Thurs	10:00 – 10:45 am	Fieldhouse	130802
	A2	Mon – Thurs	11:00 – 11:45 am	Fieldhouse	130803
	A5	Sat	10:00 – 10:45 am	Fieldhouse	130805
	A6	Mon/Wed	5:30 – 6:15 pm	Auxiliary	130807
LEVEL II – PRIMARY SKILLS	SECTION	DAYS	TIME	LOCATION	CODE#
Skills covered include: front and back glide, treading water, jellyfish float, combined stroke (front and back).	A4	Mon – Thurs	9:00 – 9:45 am	Fieldhouse	140801
	A1, A3	Mon – Thurs	10:00 – 10:45 am	Fieldhouse	140802
	A1, A2, A4	Mon – Thurs	11:00 – 11:45 am	Fieldhouse	140803
	A5	Sat	9:00 – 9:45 am	Fieldhouse	140805
LEVEL III – STROKE READINESS	SECTION	DAYS	TIME	LOCATION	CODE#
Skills include: reaching assist, front and back crawl, standing dive, rotary breathing, butterfly kick, survival float.	A1, A2, A3	Mon – Thurs	9:00 – 9:45 am	Fieldhouse	150801
	A4	Mon – Thurs	10:00 – 10:45 am	Fieldhouse	150802
	A1, A3	Mon – Thurs	11:00 – 11:45 am	Fieldhouse	150803
	A5	Sat	10:00 – 10:45 am	Fieldhouse	150806
	A6	Mon/Wed	5:30 – 6:15 pm	Auxiliary	150807
LEVEL IV – STROKE DEVELOPMENT	SECTION	DAYS	TIME	LOCATION	CODE#
Skills include diving, elementary backstroke, breaststroke, butterfly, throwing assist.	A2, A3	Mon – Thurs	9:00 – 9:45 am	Fieldhouse	160801
	A1, A4	Mon – Thurs	10:00 – 10:45 am	Fieldhouse	160802
	A5	Sat	11:00 – 11:45 am	Fieldhouse	160804
	A6	Mon/Wed	6:25 – 7:10 pm	Auxiliary	160805
LEVEL V / VI – STROKE REFRINEMENT SKILL PROFICIENCY	SECTION	DAYS	TIME	LOCATION	CODE#
Skills include survival swimming, open turns, rescue breathing, flip turn, continued practice with elementary backstroke, breaststroke, sidestroke and butterfly.	A2	Mon – Thurs	10:00 – 10:45 am	Fieldhouse	170801
	A3, A4	Mon – Thurs	11:00 – 11:45 am	Fieldhouse	170802
	A5	Sat	11:00 – 11:45 am	Fieldhouse	170803

## PRIVATE SWIM LESSONS & SEMI-PRIVATE SWIM LESSONS

**Location:** WFB High School Pools  
 Mon/Fri Fieldhouse Pool  
 Tues/Thurs Auxiliary Pool

**Ages:** 5 years and older

**Days:** Mondays **Dates:** July 14 – Aug 4  
**Time:** 1:45 – 3:00 pm

Tuesdays **Dates:** June 24 – Aug 5  
**Time:** 1:45 – 3:00 pm

Thursdays **Dates:** June 26 – Aug 7  
**Time:** 1:45 – 3:00 pm

Fridays **Dates:** June 27 – Aug 8 (skip July 4)  
**Time:** 9:00 – 11:20 am



**Private Lessons** \$40.00 per 30-minute session  
**Semi-Private Lessons** \$20.00 per person per 30-minute session

To register, please complete a Private Swim Lesson Request form on our website. Once you place your request, your information will be forwarded to our swim instructors who will reach out to you and schedule your lessons. If requesting a semi-private lesson, the students need to be similar in ability or we might not be able to honor your request.

## FAMILY FUN SWIM

**Location:** WFB High School, Fieldhouse Pool

**Days:** Saturdays

**Time:** 2:00 – 3:00 pm

**Dates:** June 21, 28, July 12, 19, 26, Aug 2, 9, 16

**Course Code:** 110801

**Fee:** res./non-res. \$50.00/\$60.00

The Family Fun Swim program is an opportunity for families to enjoy the pool. Registration will get you and your family an hour-long pool time on a Saturday or Sunday for up to 15 of your family members. The swim time includes access to fun pool noodles, toys and the diving well for swimmers who pass the swim test.

**Reservations must be made online or received in our office by Wednesday at 3:00 pm prior to the Saturday you would like to reserve.**



## OPEN SWIM

**Location:** WFB High School, Fieldhouse Pool

**Days:** Wednesdays and Sundays

**Time:** 1:45 – 3:00 pm

**Dates:** June 18 – Aug 20 (skip July 6)

**Note:** Cancellations may happen during the season with limited notice.

**Fee:** At The Door:  
 \$3.00 per child (children 3 years and under are FREE!)  
 \$4.00 per adult (adults 55 and over are FREE!) **or**  
 or purchase a Family Open Swim Discount Card

**Please bring exact change or present your Open Swim Discount Card for admission.**

Please make sure the pool is open before you drop off your children. Spectators are allowed in the pool area by permission of lifeguards only. Children under 7 must be accompanied in the pool by a parent or guardian. Participants 17 years of age and below must pass a swim test to utilize the diving well.

**Pool requirements:** Participants must furnish their own swimsuit and towel. Showers must be taken and any band-aids removed prior to entering the pool. Use of any swimming aid is by permission of the lifeguards. No food drink, hairpins, paper or glass containers permitted in the pool area. Lockers are provided and everyone is encouraged to bring a lock. The Recreation Department is not responsible for any lost or stolen articles. Participants should familiarize themselves with the pool rules posted inside the pool area.

**Family Open Swim Discount Card:** Our special Family Open Swim Discount Card entitles the holder and family to reduced admission to our summer Open Swim. See above for Open Swim dates and times. Valid for 30 Open Swim sessions (one punch per person per visit), the card may be used by all family members. Stop by the Recreation Department office and get your card today. You must register in-person to receive the card. Discount cards will not be mailed.

## SAVE .50¢ PER SWIM

Family Open Swim Discount Card:  
 WFB residents only \$75.00

# AQUATICS



## IMPORTANT:

All Aquatics participants must enter the designated Locker Rooms using the stairs from the Fieldhouse Pool deck. Please do not enter the Locker Rooms from the Fieldhouse Lobby.

## MASTER SWIM

- Supervisor:** Meghan Olson, Swim Coach  
**Location:** WFB High School, Fieldhouse Pool  
**Days:** Monday thru Friday **Time:** 5:00 – 6:00 am  
**Course Code:** 190802  
**Section A1:** June 2 – Aug 29 (skip July 4)  
**Section A1 Fee:** res./non-res. \$170.00/\$180.00  
**Section A2:** Lap Swim Add On (Mon thru Fri 6:00 – 6:30 am only)  
**Section A2 Fee:** \$25.00

Master Swim is an aquatic fitness program for triathletes, competitive and fitness swimmers. The group will be coached by a trainer who will provide individualized goals. The emphasis is to focus and concentrate on swim stroke efficiency by utilizing drill sets and "swim thoughts". Each practice accommodates all skill levels, including beginner, intermediate and advanced triathlete. Jump start your day with a great swim workout!

## LAP SWIMMING

- Location:** WFB High School, Fieldhouse Pool  
**Days:** Monday thru Friday mornings  
**Time:** 6:00 - 7:30 am  
Monday thru Thursday evenings  
**Time:** 7:00 – 8:30 pm  
Saturday and Sunday mid-day  
**Time:** 12:00 – 1:30 pm  
**Note:** Please limit your time in the locker rooms to 15 minutes after your class is over.

- Course Code:** 190301  
**Section A1:** June 1 – Aug 29 (skip evening July 3)  
(skip all day June 13, 14, 15, July 4, 5, 6)  
**Section Fee:** res./non-res. \$80.00/\$90.00

Lap swimming is a wonderful way to keep in shape! This program is geared to accommodate adults who are looking for a relaxed workout.

## NOON RECREATIONAL SWIM

- Location:** WFB High School, Fieldhouse Pool  
**Days:** Sunday thru Saturday  
**Time:** 12:00 – 1:30 pm  
**Note:** Please limit your time in the locker rooms to 15 minutes after your class is over. Sessions may be canceled with limited notice due to scheduling conflicts.

- Course Code:** 190302  
**Section A1:** June 16 – Aug 29 (skip all day July 4, 5, 6)  
**Section Fee:** res./non-res. \$65.00/\$75.00

Here's your chance to have fun, get fit and enjoy the water! This informal swimming program is designed for participants 18 years and older.

## EVENING WATER AEROBICS

- Instructor:** Kathy Seitz, WFB Aquatics Coordinator  
**Location:** WFB High School, Fieldhouse Pool  
**Days:** Mondays **Time:** 7:15 – 8:45 pm  
**Course Code:** 190306  
**Section A1:** June 9 – Aug 25  
**Section Fee:** res./non-res. \$75.00/\$85.00

This program is offered in the evening and is a more relaxed and social exercise version of the morning program. This class offers participants a fun way to tone up their muscles and perhaps lose an inch or two! Participants do not need to know how to swim in order to take advantage of this program.

## MORNING WATER AEROBICS

- Instructor:** Karma McMillan, Certified Fitness Instructor  
**Location:** WFB High School, Fieldhouse Pool  
**Time:** 10:30 – 11:45 am  
**Course Code:** 190306  
**Section A2:** Mondays June 9 – Aug 25  
**Section A3:** Wednesdays June 11 – Aug 27  
**Section A4:** Fridays June 6 – Aug 29 (skip July 4)  
**Section Fee:** res./non-res. \$75.00/\$85.00

Swimmers and non-swimmers, come join us for one hour of aerobic activity, strength training and stretching. This class is more vigorous than the Evening Water Aerobics class. The last 15 minutes may be spent swimming laps.

**DON'T WAIT...  
IT MIGHT BE TOO LATE...**

Decisions on whether to run or cancel a program due to low enrollment typically take place one week prior to a program start date. We hate to cancel classes due to late registrations.

**PLEASE DON'T WAIT TO REGISTER.**



## LOW IMPACT AEROBICS

**Instructor:** Karma McMillan, Certified Personal Trainer

**Location:** Lydell School & Community Center Gym

**Days:** Mondays, Wednesdays and Fridays

**Time:** 8:00 – 8:45 am

**Course Code:** 190315

**Section A1:** June 9 – Aug 15 (skip July 4)

**Section Fee:** res./non-res. \$65.00/\$75.00

What's a better way to start your morning than with a low-impact aerobics program. The routine includes an essential warm-up, aerobic segment, and cool down. For a complete morning workout, participants may sign up for Strength and Stretch at 10% off the price.

## STRENGTH AND STRETCH

**Instructor:** Karma McMillan, Certified Personal Trainer

**Location:** Lydell School & Community Center Gym

**Days:** Mondays, Wednesdays and Fridays

**Time:** 8:50 – 9:35 am

**Course Code:** 190319

**Section A1:** June 9 – Aug 15 (skip July 4)

**Section Fee:** res./non-res. \$65.00/\$75.00

Strengthen and tone along with increasing your balance. Total body exercise that includes stretching, use of weights, and mat work. For a complete morning workout, participants may sign up for Low Impact Aerobics at 10% off the price.

## WEIGHTS WITH SENIORS



**Instructor:** Karma McMillan, Certified Personal Trainer

**Location:** Lydell School & Community Center, Room 19

**Days:** Tuesdays and Thursdays **Time:** 11:00 – 11:45 am

**Course Code:** 191701

**Ages:** 60 years & up

**Section A1:** June 3 – June 26

**Section A2:** July 1 – July 24

**Section A3:** July 29 – Aug 21

**Section Fee:** res./non-res. \$80.00/\$90.00

This senior-friendly weight training class is designed to build strength and improve balance through a safe and effective workout using light weights and bodyweight exercises. We will focus on major muscle groups with modifications available for all fitness levels, including chair – based options for those with limited mobility. Expect a supportive environment with personalized instruction to help you reach your fitness goals.

## ZUMBA

**Instructor:** Tatiana Nuss, Certified Zumba Instructor

**Location:** Lydell School & Community Center Gym

**Days:** Thursdays **Time:** 6:30 – 7:30 pm

**Course Code:** 190326

**Section A1:** July 10 – Aug 14

**Section Fee:** res./non-res. \$45.00/\$55.00

Zumba is a fitness program that combines Latin and International music with dance moves. Classes are designed by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party! Zumba routines are planned to get your heart rate up and boost your cardio endurance. Zumba celebrates the ability to learn moves as you progress through the classes making it easy for anybody to join in the fun!

## BALLROOM DANCE



**Coordinator:** Nicolet Recreation Department

**Instructor:** Jacqui Lefebvre

**Location:** Nicolet High School Cafeteria, Glendale

**Days:** Tuesdays

**Dates:** May 6 – July 22

**Course Code:** 191601

**Section A1:** Social Summer Sizzler **Time:** 6:30 – 7:25 pm

**Section A2:** Summer Favorite **Time:** 7:30 – 8:25 pm

**Section Fee:** res./non-res. \$78.00/\$88.00 (per couple)

Social Summer Sizzler: Learn the basic patterns and partnering in Salsa, Jitterbug and Bachata for all your summer social dancing needs! All dance levels are welcome. Summer Favorites: Basic/intermediate social patterns and partnering in Two-Step, Rumba and Waltz. Some ballroom experience required. Must register with a dance partner.

## CONTINUING TAI CHI & QI GONG

**Instructor:** Sandra Ingram

**Location:** Lydell School & Community Center Gym

**Days:** Tuesdays **Time:** 10:00 – 11:00 am

**Course Code:** 160703

**Section A1:** June 3 – July 15

**Section Fee:** res./non-res. \$49.00/\$59.00

Ready to continue your Tai Chi or refresh your earlier practice? This class is offered for returning students and anyone wishing to review, enhance and refine your practice of Tai Chi (Yang style 24 forms and Sun 12 forms). Qi Gong will be practiced for warm ups, meditation, and health.

**READY TO DIVE IN?**

**OZAUKEE AQUATICS**

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**OUR TECHNIQUE-DRIVEN PROGRAMMING IS READY TO HELP YOU ACHIEVE ANY GOAL YOU HAVE. FROM STATE QUALIFIER TO OUR NEXT INTERNATIONAL MEDALIST!**

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**–FOUR CONVENIENT POOL LOCATIONS!**  
(Cedarburg, Kiel, Mequon, Whitefish Bay)

**VISIT OZAUKEEAQUATICS.COM FOR MORE!**





## INTEGRATED YOGA

- Instructor:** Jillian Holy-Skaja, Certified Yoga Instructor  
**Location:** Lydell School & Community Center, Room 17  
**Course Code:** 190322  
**Days:** Mondays  
**Dates:** June 23 – Aug 25 (skip July 14, Aug 11)  
**Section A1:** Beginner/Intermediate **Time:** 4:30 – 5:40 pm  
**Section A2:** Beginner/Intermediate **Time:** 5:45 – 6:55 pm  
**Days:** Wednesdays  
**Dates:** June 18 – Aug 20 (skip July 16, Aug 13)  
**Section A3:** Gentle **Time:** 9:45 – 10:55 am  
**Section A4:** Beginner/Intermediate **Time:** 11:00 am – 12:10 pm  
**Section Fee:** res./non-res. \$70.00/\$80.00

An integrated yoga practice incorporates breathwork, joint health exercises, hatha yoga postures and deep relaxation. The practices are designed to meet each individual exactly where they are at. Beginners are welcome. Various class levels create access and comfort for all abilities. Gentle Yoga has a special emphasis on relaxation and joint health. Beginner/Intermediate Yoga is designed for individuals who feel comfortable exploring a range of seated, standing and floor postures. The instructor is happy to work with individuals on modifications to best meet their needs.

## PILATES WITH YIN YOGA

- Instructor:** Karma McMillan, Certified Pilates Instructor  
**Location:** Lydell School & Community Center, Room 19  
**Days:** Tuesdays and Thursdays  
**Time:** 12:00 – 12:45 pm  
**Course Code:** 191702  
**Ages:** 18 years & up  
**Section A1:** June 3 – June 26  
**Section A2:** July 1 – July 24  
**Section A3:** July 29 – Aug 21  
**Section Fee:** res./non-res. \$110.00/\$120.00

Pilates is a form of exercise which concentrates on strengthening the body with an emphasis on core strength. This helps to improve general fitness and overall well-being. Combined with Yin Yoga a slower-paced, more meditative version of the popular physical and spiritual discipline of yoga. In Yin yoga, the poses are held for a long period of time (typically three to five minutes or longer) to target the connective tissues (such as the ligaments) rather than focusing on the muscles. The best of both exercises combined into one class! You will need to bring a yoga mat to class with you.

## COMMUNITY FITNESS CENTER ADULT MEMBERSHIP

- Supervisor:** WFB Recreation Department Staff  
**Location:** WFB High School Fitness Center  
**Days:** Monday and Wednesday **Time:** 5:30 – 7:30 am  
 Monday thru Thursday **Time:** 6:00 – 8:00 pm  
 Saturday **Time:** 8:00 – 11:00 am  
**Dates:** June 2 – Aug 28 (closed July 3, 5)  
**Course Code:** 190305  
**Section A1:** Adults 18 thru 59 years old  
**Adult Fee:** res./non-res. \$100.00/\$110.00  
**Section A2:** WFB Seniors 60+ years old  
**Senior Fee:** res. \$80.00  
**Section A3:** Lap Swim Add-On \$25.00

The weight room will be open and a supervisor will be available to show the proper use of the equipment. Research has shown that resistance (weight) training is a vital component for maintaining muscle strength, overall good health and even maintaining cognitive function for men and women. With the purchase of your membership, you can add the Lap Swim Program for an additional \$25.00. See Lap Swim program for dates and times.

## PERSONAL TRAINING

- Instructor:** Certified Personal Trainer  
**Location:** WFB High School Fitness Center  
**Ages:** 18 years & up  
**Section A1:** 30 Minute Session  
**Section A2:** 45 Minute Session  
**Section A3:** 60 Minute Session

# of sessions	Course Code	Section A1 Fee	Section A2 Fee	Section A3 Fee
6	190332	\$168.00	\$219.00	\$246.00
12	190333	\$312.00	\$396.00	\$468.00
18	190335	\$432.00	\$558.00	\$664.00

Take your personal fitness to the next level with the guidance of one of our certified personal trainers. Packages include an initial consultation along with a personal plan to help you reach your fitness goals.

## POWERLIFTING



- Instructor:** Karma McMillan, Certified Personal Trainer  
**Location:** WFB High School Fitness Center  
**Days:** Saturdays  
**Time:** 11:00 – 11:45 am  
**Course Code:** 191208  
**Ages:** 18 years & up  
**Section A1:** June 14 – July 19 (skip July 5)  
**Section A2:** July 26 – Aug 23  
**Section Fee:** res./non-res. \$100.00/\$110.00

Powerlifting is a sport based purely off of strength. With this progressive training program you see intense increases of strength, test your one rep max, and learn everything you need to know in order to compete in a powerlifting meet.

## INDIVIDUALIZED WORKOUT PLAN

- Instructor:** Karma McMillan, Certified Personal Trainer  
**Location:** WFB High School Fitness Center  
**Course Code:** 190310  
**Section A1:** Individualized Workout Plan  
**Section A1 Fee:** res./non-res. \$65.00/\$75.00  
**Section A2:** Training Session with Instructor  
**Section A2 Fee:** res./non-res. \$35.00/\$45.00

If you're stuck on how to start getting into shape this is the perfect program for you! Our certified personal trainer will help you start your journey by setting you up for success with your very own personalized 2 month training program. You will go over with Karma the areas that you would like to target your training towards or what your overall goals are for your program. You can also sign up for a training session with Karma and go over your program with her 1 on 1 in the WFB HS Fitness Center to make sure that you are doing the exercises correctly to maximize your plan. Don't wait any longer; sign up today!



## NORTH SHORE MARTIAL ARTS CLUB-NSMAC

**Instructor:** Phil Sauer, North Shore Martial Arts Club

**Location:** Lydell School & Community Center Gym

**Days:** Mondays and Wednesdays

**Time:** 6:00 – 7:15 pm

**Ages:** 11 years & up

**Course Code:** 151206

**Section A1:** July 7 – Aug 13

**Section Fee:** res./non-res. \$225.00/\$235.00  
(25% additional family member discount)

Improve fitness and have fun while learning the Martial Arts from North Shore resident, Phil Sauer. Phil has been a Martial Art instructor since 1972 and has taught at UW-Milwaukee since 1979. This program will challenge you, mentally and physically, as you learn kicking, punching and self-defense techniques that will keep you safe and fit.

## OPEN BASKETBALL

**Supervisor:** Chad Sloden, WFB Recreation Supervisor

**Location:** WFB High School Fieldhouse

**Days:** Wednesdays

**Time:** 7:30 – 9:30pm

**Course Code:** 191203

**Section A1:** June 18 – Aug 27

**Section Fee:** res./non-res. \$65.00/\$75.00

Participating in our open basketball program is a great way to add fun and fitness to your summer schedule without the pressure of league play. Please make sure that you register before the start date. There are late fees that apply for registrations received on or after the start date.

## ARCHERY

**Coordinator:** Nicolet Recreation Department

**Instructor:** Inna Lebedinsky

**Location:** Kletzsch Park Archery Range, Glendale

**Days:** Tuesdays, Wednesdays, Thursdays

**Time:** 6:15 – 7:00 pm

**Course Code:** 161208

**Section D1:** June 3 – July 8 **Days:** Tuesdays

**Section D2:** June 4 – July 9 **Days:** Wednesdays

**Section D3:** June 5 – July 10 **Days:** Thursdays

**Section Fee:** res./non-res. \$75.00/\$85.00

Focused attention from the instructor with an emphasis on learning proper techniques and avoiding bad habits. Learn the fundamentals and build your skills. Instructed by Inna Lebedinsky, an Olympian who

represented the Soviet Union in the 1980 Olympic Games. Equipment is provided; participants are also welcome to bring their own bows. Register for two Summer sessions and receive the Fall session for FREE!

## ADULT GOLF GROUP LESSONS

**Instructor:** Phil Plautz, Missing Links Staff

**Location:** Missing Links Golf Club, Mequon

### TUESDAYS

**Course Code:** 191501

**Section A1:** Apr 29 – May 20 **Time:** 6:00 – 7:00 pm

**Section A2:** Apr 29 – May 20 **Time:** 7:00 – 8:00 pm

**Section B1:** June 3 – June 24 **Time:** 6:00 – 7:00 pm

**Section B2:** June 3 – June 24 **Time:** 7:00 – 8:00 pm

**Section C1:** July 8 – July 29 **Time:** 6:00 – 7:00 pm

**Section C2:** July 8 – July 29 **Time:** 7:00 – 8:00 pm

**Section D1:** Aug 12 – Sept 2 **Time:** 6:00 – 7:00 pm

**Section D2:** Aug 12 – Sept 2 **Time:** 7:00 – 8:00 pm

**Section E1:** Sept 9 – Sept 30 **Time:** 6:00 – 7:00 pm

**Section E2:** Sept 9 – Sept 30 **Time:** 7:00 – 8:00 pm

### WEDNESDAYS

**Course Code:** 191503

**Section A1:** Apr 30 – May 21 **Time:** 6:00 – 7:00 pm

**Section A2:** Apr 30 – May 21 **Time:** 7:00 – 8:00 pm

**Section B1:** June 4 – June 25 **Time:** 6:00 – 7:00 pm

**Section B2:** June 4 – June 25 **Time:** 7:00 – 8:00 pm

**Section C1:** July 9 – July 30 **Time:** 6:00 – 7:00 pm

**Section C2:** July 9 – July 30 **Time:** 7:00 – 8:00 pm

**Section D1:** Aug 13 – Sept 3 **Time:** 6:00 – 7:00 pm

**Section D2:** Aug 13 – Sept 3 **Time:** 7:00 – 8:00 pm

**Section E1:** Sept 10 – Oct 1 **Time:** 6:00 – 7:00 pm

**Section E2:** Sept 10 – Oct 1 **Time:** 7:00 – 8:00 pm

### THURSDAYS

**Course Code:** 191507

**Section A1:** May 1 – May 22 **Time:** 6:00 – 7:00 pm

**Section A2:** May 1 – May 22 **Time:** 7:00 – 8:00 pm

**Section B1:** June 5 – June 26 **Time:** 6:00 – 7:00 pm

**Section B2:** June 5 – June 26 **Time:** 7:00 – 8:00 pm

**Section C1:** July 10 – July 31 **Time:** 6:00 – 7:00 pm

**Section C2:** July 10 – July 31 **Time:** 7:00 – 8:00 pm

**Section D1:** Aug 14 – Sept 4 **Time:** 6:00 – 7:00 pm

**Section D2:** Aug 14 – Sept 4 **Time:** 7:00 – 8:00 pm

**Section E1:** Sept 11 – Oct 2 **Time:** 6:00 – 7:00 pm

**Section E2:** Sept 11 – Oct 2 **Time:** 7:00 – 8:00 pm

**Section Fee:** res./non-res. \$135.00/\$145.00

Adult Group Lessons are ideal for the beginner and advanced beginner player. These lessons provide a thorough introduction and review of the fundamentals of playing golf. Our award-winning PGA pros discuss goals and then help to perfect your grip, alignment, posture, and swing mechanics tailored to the individual's abilities. At Missing Links, an emphasis is put on short game instruction, focusing on putting and chipping.

## SEEKING NEW INSTRUCTORS & PROGRAM IDEAS FOR FALL OF 2025



**Teach what you love while earning some extra cash!**

Please submit your course proposals by May 31, 2025. The Course Proposal Form can be downloaded from our website at [www.wfbschools.com](http://www.wfbschools.com).



## COUPLES GROUP GOLF LESSONS

**Instructor:** Michael Grossman, Missing Links Staff  
**Location:** Missing Links Golf Club, Mequon  
**Days:** Fridays  
**Course Code:** 191504  
**Section A1:** May 2 – May 23 **Time:** 6:00 – 7:00 pm  
**Section A2:** May 2 – May 23 **Time:** 7:00 – 8:00 pm  
**Section B1:** June 6 – June 27 **Time:** 6:00 – 7:00 pm  
**Section B2:** June 6 – June 27 **Time:** 7:00 – 8:00 pm  
**Section C1:** July 11 – Aug 1 **Time:** 6:00 – 7:00 pm  
**Section C2:** July 11 – Aug 1 **Time:** 7:00 – 8:00 pm  
**Section Fee:** res./non-res. \$260.00/\$270.00 (per couple)

Couples Group Lessons are ideal for the beginner and advanced beginner player. These lessons provide a thorough introduction and review of the fundamentals of playing golf. Our award-winning PGA pros discuss goals and then help to perfect your grip, alignment, posture, and swing mechanics tailored to the individual's abilities. At Missing Links, an emphasis is put on short game instruction, focusing on putting and chipping.

## GOLDEN BEAR GOLDEN AGERS GOLF

**Instructor:** Michael Grossman, Missing Links Staff  
**Location:** Missing Links Golf Club, Mequon  
**Ages:** 65 years and up

### TUESDAYS

**Course Code:** 191502  
**Section A1:** Apr 29 – May 20 **Time:** 7:45 – 8:45 am  
**Section A2:** Apr 29 – May 20 **Time:** 1:30 – 2:30 pm  
**Section B1:** June 3 – June 24 **Time:** 7:45 – 8:45 am  
**Section B2:** June 3 – June 24 **Time:** 1:30 – 2:30 pm  
**Section C1:** July 8 – July 29 **Time:** 7:45 – 8:45 am  
**Section C2:** July 8 – July 29 **Time:** 1:30 – 2:30 pm  
**Section D1:** Aug 12 – Sept 2 **Time:** 7:45 – 8:45 am  
**Section D2:** Aug 12 – Sept 2 **Time:** 1:30 – 2:30 pm

### THURSDAYS

**Course Code:** 191508  
**Section A1:** May 1 – May 22 **Time:** 7:45 – 8:45 am  
**Section A2:** May 1 – May 22 **Time:** 1:30 – 2:30 pm  
**Section B1:** June 5 – June 26 **Time:** 7:45 – 8:45 am  
**Section B2:** June 5 – June 26 **Time:** 1:30 – 2:30 pm  
**Section C1:** July 10 – July 31 **Time:** 7:45 – 8:45 am  
**Section C2:** July 10 – July 31 **Time:** 1:30 – 2:30 pm  
**Section Fee:** res./non-res. \$125.00/\$135.00

Golden Bear Golden Agers Golf is ideal for the beginner and advanced beginner player. These lessons provide a thorough introduction and review of the fundamentals of playing golf. Our award-winning PGA pros discuss goals and then help to perfect your grip, alignment, posture, and swing mechanics tailored to the individual's abilities. At Missing Links, an emphasis is put on short game instruction, focusing on putting and chipping.

## BADMINTON

**Supervisor:** William Couture, WFB Recreation Supervisor  
**Location:** WFB High School Fieldhouse, Courts 1 & 2  
**Days:** Wednesdays  
**Time:** 7:30 – 9:30 pm  
**Course Code:** 191201  
**Section A1:** June 18 – Aug 27  
**Section Fee:** res./non-res. \$65.00/\$75.00

Great physical conditioning and a lot of fun. Badminton players will be paired with others that have a compatible skill level and play games weekly. Due to the nature of this class, it is recommended that participants play at an intermediate to advanced level. Beginning players are welcome; however, individual instruction may not always be available. Rackets will be furnished or you may bring your own. Shuttlecocks will be provided.

## ADULT AND PEDIATRIC CPR/FIRST AID CERTIFICATION

**Instructor:** Jessica Heller, Heller Safety Solutions  
**Location:** Lydell School & Community Center, Room 15  
**Time:** 5:00 - 7:30 pm  
**Course Code:** 170302  
**Ages:** 11 years & up  
**Section A1:** June 10 **Registration Deadline:** Tuesday, June 3  
**Section A2:** July 29 **Registration Deadline:** Tuesday, July 22  
**Section A3:** Aug 26 **Registration Deadline:** Tuesday, Aug 19  
**Section Fee:** res./non-res. \$75.00/\$85.00

This class combines online learning with an in-person, hands-on practice and testing session. This course prepares individuals to provide care for choking emergencies, basic first aid, and perform CPR and use an AED device for victims of sudden cardiac arrest. Students will be required to complete online coursework before the class starts (please note this can take up to 2.5 hours to complete). Students must bring a copy of the online verification certificate to the skills session class. Upon successful completion of the hands-on skills session, you will receive the American Red Cross Adult CPR/AED/First Aid certification; valid for two years. Online work will be sent one week prior to the class.

## INTERNET SAFETY FOR CHILDREN

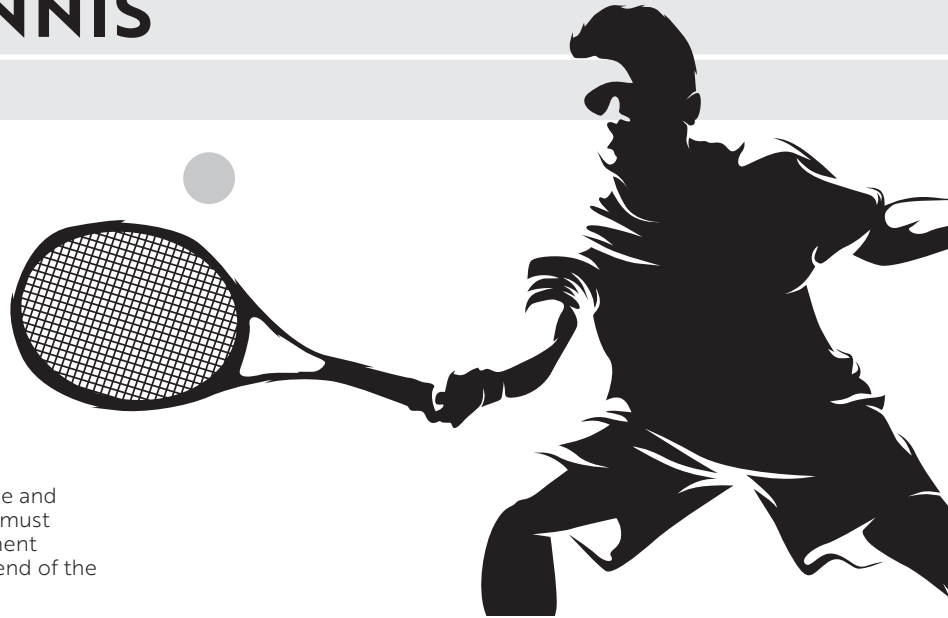
**Presenter:** Ben Merens, Outreach Specialist Division of Trade and Consumer Protection (DATCP)  
**Location:** Lydell School & Community Center, Room 17  
**Time:** 6:30 – 7:30 pm  
**Course Code:** 190700  
**Section A1:** Wednesday, June 25  
**Section Fee:** FREE

The Wisconsin Bureau of Consumer Protection will discuss safe practices for children while accessing the internet. Children often have access to the internet at home, school, or even a friend's house through a variety of different devices. Parents should be aware of their children's online activities to help keep them safe. Topics will include online gaming, downloading apps, sharing photos, and clicking on links. Consumer Protection will also discuss laws that give parents control over what information a business can collect on a child and how that information can be used.

**NOTE:** Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



# ADULT TENNIS



## ADULT TENNIS INSTRUCTION

- Instructor:** Tennis Pro Phil Kelbe  
**Location:** Cahill Courts  
**Days:** Mondays  
**Dates:** June 23 – July 28  
**Course Code:** 191600  
**Section A1:** Beginner **Time:** 6:00 – 7:00 pm  
**Section A2:** Intermediate **Time:** 7:00 – 8:00 pm  
**Section Fee:** res./non-res. \$130.00/\$140.00

Beginner and Intermediate players will enjoy the exercise and excitement of summer on the tennis court. Participants must furnish their own racket. Classes canceled due to inclement weather will be rescheduled for added Mondays at the end of the class. Specify section when registering.

## WHITEFISH BAY TENNIS COURTS AND AVAILABILITY

Whitefish Bay Recreation Department Tennis Instruction, Leagues and Whitefish Bay Adult Tennis Club use Cahill Park Courts for all instruction, league and club play. Village and School District courts are available for the community when not used for scheduled programming. Court use is on a first-come, first-serve basis during the listed available times below.

TENNIS COURTS & LOCATIONS	DAYTIME BEFORE 5 PM	NIGHTTIME AFTER 5 PM
<b>Cahill Park Courts</b> (7 courts) Marlborough Ave & Fairmount Ave	Saturday and Sundays	Fridays, Saturdays, Sundays
<b>Henry Clay Courts</b> (6 courts) Whitefish Bay High School	Monday through Sunday	Monday through Sunday
<b>Cumberland Courts</b> (3 courts) Cumberland Elementary School	Monday through Sunday	Monday through Sunday
<b>Richards Courts</b> (2 courts) Richards Elementary School	Monday through Sunday	Monday through Sunday
<b>Klode Park Courts</b> (2 courts) Belle Ave & Lake Drive	Monday through Sunday	Monday through Sunday

## WFB ADULT TENNIS CLUB

[www.whitefishbaytennisclub.com](http://www.whitefishbaytennisclub.com)

The WFB Adult Tennis Club is open to area tennis players 18+ years old who wish to meet for social and/or competitive league play. The club offers social play each Wednesday night from 6:30 to 9:30 pm at the Cahill Park courts. The courts are also reserved on Tuesday and Thursday nights for League play from 6:00 to 8:00 pm. Other activities include a winter indoor party and league play for members only.

Wed night social play is for all skill levels. 1-2 hosts set players up for 9 game pro sets (no ads) doubles. At the beginning of the night, players are rotated in a mixer format with emphasis on equal playing time and maximizing member combinations. As the night progresses, those who wish to be matched by skill level are accommodated along with those wanting to play full sets and/or singles depending on court availability. Our web site details member options for competitive league play.

### ANNUAL MEMBERSHIP DUES

Single Membership: \$15 WFB resident; \$20 non-resident  
 Couple Membership: \$20 WFB residents; \$25 non-residents

Please direct questions to president Dan Poeschel via voice or text at (414) 213-5675; or e-mail [whitefishbay.tennis@gmail.com](mailto:whitefishbay.tennis@gmail.com)

To join, visit the web site and complete the Membership Form section and pay online. You can also enclose a check, made payable to WFB Adult Tennis Club and mail to Dan Poeschel, 6041 N Santa Monica Blvd, Whitefish Bay, WI 53217-4660

**REGISTER TODAY!**



**DROP OFF / MAIL**  
 5205 N. Lydell Avenue  
 Whitefish Bay, WI 53217



**ONLINE**  
[www.wfbschools.com](http://www.wfbschools.com)



## ORGANIZE YOUR HOME

**Presenter:** Amy Janken, Owner of Peace and Purpose Home Organization  
**Location:** Lydell School & Community Center, Room 17  
**Time:** 6:15 – 7:00 pm  
**Course Code:** 162503  
**Section A1:** Thursday, June 5  
**Section Fee:** res./non-res. \$10.00/\$20.00

Does your home need a little help in the organization department? Join Amy Janken, Personal Organizer, as she guides you through a typical home and gives tips & tricks about how to organize each room for a clean and clutter-free living space.

## SEWING LAB

**Location:** Lydell School & Community Center, Room 22  
**Days:** Mondays  
**Time:** 12:30 – 3:00 pm  
**Course Code:** 191902  
**Section A1:** June 2 – Aug 4  
**Section Fee:** res./non-res. \$70.00/\$80.00

Sewing Lab is designed to provide you with a premium workspace, allowing you to work side-by-side with fellow sewers in an independent environment. Come have fun in this social, creative, and inspiring space. This lab is self-guided. Participants must bring in their own projects.

## COLORED PENCILS I

**Instructor:** Mary Pesch, WFB Recreation Instructor  
**Location:** Lydell School & Community Center, Room 24  
**Days:** Tuesdays and Thursdays  
**Course Code:** 190706  
**Section A1:** June 3 – July 10 **Time:** 10:30 am – 12:00 pm  
**Section A2:** June 3 – July 10 **Time:** 7:00 – 8:30 pm  
**Section Fee:** res./non-res. \$120.00/\$130.00

We will learn the basics of colored pencils to create realistic images using the concepts taught in the class. Through step-by-step, illustrated worksheets you can keep, students will learn the procedures to layer the colors needed to complete each project. Class demos will guide the students with helpful tricks and tips. Concepts covered include understanding the color wheel, innovative pencil strokes, blending methods, highlighting, coloring techniques, creative textures and toned paper instruction. Class supply list will be provided on receipt.

## POTTERY THROWING

**Instructor:** Sarah Doll, WFB Recreation Instructor  
**Location:** WFB High School Ceramics Studio, Room 35  
**Days:** Tuesdays and Thursdays  
**Time:** 7:00 – 9:00 pm  
**Course Code:** 190700  
**Section A1:** June 17 – July 15  
**Section Fee:** res./non-res. \$130.00/\$140.00

Adult classes are for beginning through advanced students with individualized instruction based on students' interests. Basic and advanced wheel-throwing techniques will be covered. Techniques for making a variety of forms such as bowls, vases, mugs, and bottles will be demonstrated. Texture and altered forms will be explored as well as a variety of glazing and decorating techniques. The last day of class, July 15th, will be used to pick up completed pieces.

## Peace and Purpose HOME ORGANIZATION



### LET'S GET ORGANIZED!

- CLOSETS
- KITCHEN/PANTRY
- LIVING ROOM
- BEDROOMS
- BASEMENT
- GARAGE

**AMY JANKEN**

**PERSONAL ORGANIZER**



[PEACEANDPURPOSEHOMEORGANIZATION.COM](http://PEACEANDPURPOSEHOMEORGANIZATION.COM)



**312.914.2499**

## JEWELRY MAKING – EARRINGS & BRACELETS

**Instructor:** Carol Ann Skurulsky, Recreation Department Instructor  
**Location:** Lydell School & Community Center, Room 17  
**Days:** Tuesdays  
**Time:** 5:30 – 6:30 pm  
**Ages:** 13 years & up  
**Course Code:** 190708  
**Section A1:** June 17 – Earrings  
**Section A2:** July 15 – Bracelets  
**Section Fee:** res./non-res. \$15.00/\$25.00

Learn how to make beautiful personalized earrings for birthdays, anniversary, etc. You will gain skills on how to make either clip or pierced earrings with a variety of colors of beads of your choice. During the bracelet class, you will make a personalized hand-crafted bracelet and go home with the knowledge to continue your new skill. Also get tips on how to turn this same bracelet into the latest craze... cell phone and purse jewelry. Great gifts for family, co-workers and friends. Each participant is asked to bring \$5.00 to the instructor on the night of class for all supplies.



**LIKE US ON FACEBOOK**



## WOOD CARVING FOR BEGINNERS

**Coordinator:** Mequon/Thiensville Recreation Department  
**Instructor:** Pug Dillman of Pug's Art Studio  
**Location:** RangeLine Community Center, Room 110, Mequon  
**Course Code:** 191401  
**Section A1:** Monday, May 5  
**Registration Deadline:** Monday, April 28  
**Time:** 6:00 – 8:00 pm  
**Section Fee:** res./non-res. \$75.00/\$85.00

Discover the craft and hobby of wood carving with guided instruction! Students will learn the basics of wood carving and carve their own wood spirit – mythical bearded creatures who are said to reside in the forest! Each student will be provided with a carving block, a variety of carving tools plus a pair of cut-proof gloves to wear during the class and sandpaper for their creation. Ages 18 and up.

## GLASS ETCHING FOR BEGINNERS I & II

**Instructor:** Shelley Feil  
**Location:** Lydell School & Community Center, Room 17  
**Course Code:** 191025  
**Section A1:** Beginner I Thursday, June 12 **Time:** 6:00 – 7:00 pm  
**Section A2:** Beginner II Thursday, July 24 **Time:** 6:00 – 7:30 pm  
**Section Fee:** res./non-res. \$35.00/\$45.00

### Beginner I

Try glass etching for something unique and eye-catching! Glass etching is a technique that uses a substance to create a design or pattern on glass. The substance removes a then layer of glass to create a frosted surface. It is a rewarding hobby suitable for any skill level. In this workshop, participants will use a pre-made stencil to etch a design on glassware. Participants will walk away with one etched glass. All materials will be provided by the instructor. What will you create?

### Beginner II

Transform ordinary glass into works of art! Glass etching creates a frosted design with a substance that removes a then layer of glass. Designs can include names, logos, and custom creations. In this second class, participants will create a stencil with the custom design of their choice to etch on glassware. Participants will walk away with one custom etched glass. All materials will be provided by the instructor. Feel free to bring several ideas to decide on which winner you will bring home!

## SELF CARE FOR THE CAREGIVER

**Instructor:** Annette Garcia NBC-HWC, Certified Health and Wellness Coach  
**Location:** Virtual via Zoom  
**Days:** Wednesdays  
**Time:** 7:00 – 8:00 pm  
**Course Code:** 162504  
**Session A1:** June 18 – July 23  
**Section Fee:** res./non-res. \$89.00/\$99.00

This 6-week course, led by a Certified Health and Wellness Coach, is designed for people who are caring for friends or family members. Being a caregiver can be challenging as you try to balance your needs with the needs of others. During this program, you will be guided to make simple lifestyle changes to help you lower your stress, increase your energy, and improve your overall well being. Taking better care of yourself will

help you manage the demands of being a caregiver. You will receive a detailed workbook and meet once a week over Zoom for a 60-minute group coaching session. Connect with fellow caregivers and learn some effective ways to care for yourself while caring for others.

## GLUTEN-FREE FOCACCIA

**Coordinator:** Nicolet Recreation Department  
**Instructor:** Catrine Roen  
**Location:** Nicolet High School, Room B133, Glendale  
**Course Code:** 190705  
**Section A1:** Monday, June 2  
**Time:** 6:00 – 7:30 pm  
**Section Fee:** res./non-res. \$59.00/\$69.00

Ready to learn how to make deliciously tasty gluten-free focaccia bread? In this demo class, you will learn the fundamentals of focaccia dough from mixing to dimpling and how to bake it to perfection. Learn the tricks to adding yummy toppings and herbs.

## RUSTIC SOURDOUGH BAKING CLASS

**Coordinator:** Nicolet Recreation Department  
**Instructor:** Steve Shapson  
**Location:** Nicolet High School, Room B133, Glendale  
**Course Code:** 190511  
**Section A1:** Thursday, June 5  
**Time:** 6:00 – 7:30 pm  
**Section Fee:** res./non-res. \$45.00/\$55.00

Our ancestors ate mostly fermented foods, including bread which was leavened using various strains of healthy bacteria. Recently an explosive interest in making this fermented bread has taken place. Making sourdough bread is easy, healthy and delicious.

This class includes all aspects of sourdough bread baking: the Starter, Flours, Salting, Hydration ratios, the Leaven, the Autolyse, kneading/resting/stretching, proofing, (baskets/Bannetons), the Rise, Etching, Dutch oven baking, the Crumb, the Crust. A 150 year old sourdough starter (originally from San Fransisco) is included so you can make great sourdough bread at home the next day.

Steve will conduct a demo, making a wonderful sourdough bread using steel cut oats (for texture) and two kinds of King Arthur Flours. Two sourdough breads will be sampled, one already baked and one that will be baked during the class. Butter and honey from Steve's Bees will be offered to everyone attending. Course documents will be supplied, as well as a pen and paper to take notes.

Steve Shapson has been instructing in the culinary arts for over 18 years, which include cheese/yogurt/kefir/kombucha making, edible mushroom cultivation. Sourdough bread is his latest passion after having three friends introduce him to the wonderful taste.

**NOTE:** Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



## CHARCUTERIE WORKSHOP

**Coordinator:** Mequon/Thiensville Recreation Department

**Instructor:** Amanda Mattefs, Owner of Charcuter-Me

**Location:** Cafe Hollander

5900 W. Mequon Road, Mequon

**Time:** 7:00 – 8:30 pm

**Course Code:** 190510

**Section A1:** Wednesday, April 9

**Registration Deadline:** Wednesday, April 2

**Section A2:** Wednesday, June 11

**Registration Deadline:** Wednesday, June 4

**Section A2:** Wednesday, August 6

**Registration Deadline:** Wednesday, July 30

**Section Fee:** res./non-res. \$80.00/\$90.00

Create your very own charcuterie board with Charcuterie-Me! During this hands-on workshop, we will guide you step-by-step on how to create a charcuterie board, chat about what pairs well with the cheeses, give tips and tricks, and save time for question/answer sessions throughout the event. By the end of the event, you will have created a beautiful board to show off, and you will learn a life skill that will transform you into the best host! Fee includes cheese kit and supplies. Complimentary welcome beverage provided by Cafe Hollander.

## OSTEOPOROSIS

**Instructor:** Diane Ping, MPT, CMTPT

**Location:** Freedom Physical Therapy Services

6908 N. Santa Monica Blvd

Fox Point, WI 53217

**Days:** Mondays

**Time:** 10:30 – 11:30 am

**Course Code:** 191008

**Section A1:** June 2, July 14 and Sept 8

**Section Fee:** res./non-res. \$30.00/\$40.00

Osteoporosis is a reduction in bone mass which causes bones to become fragile. When bones are fragile they are at a greater risk for fracture. Peak bone density is developed in youth. Inadequate bone development can lead to common bone injuries in the child/teen athlete population as well as seniors. These 3 one-hour classes taught by a physical therapist will cover 1. Osteoporosis overview- risk factors, symptoms, medications, supplements and lifestyle influences. 2. Exercises for osteoporosis- posture, strength, weight-bearing exercise. This is a class to teach safe exercise performance to promote bone density and strength. 3. Nutrition for osteoporosis: Understanding how to reduce inflammation through nutritional choices to promote metabolic efficiency, repair and growth. This class will be appropriate and helpful for athletes, teens, adults, the elderly and anyone cooking for children/others.

## DRY NEEDLING

**Instructor:** Scott Coonen, PT, CMTPT

**Location:** Freedom Physical Therapy Services

6908 N. Santa Monica Blvd

Fox Point, WI 53217

**Course Code:** 191009

**Section A1:** Thursday, July 24 **Time:** 1:00 – 2:00 pm

**Section Fee:** res./non-res. \$10.00/\$20.00

Come learn about Dry Needling, a revolutionary pain relieving procedure. Intramuscular Dry Needling treatment is directed at

myofascial trigger points, related to maintenance of the pain cycle. Trigger points are known to be involved in acute and chronic, localized and widespread pain including common conditions such as migraine headaches, fibromyalgia, Achilles tendonitis, sciatica and tennis elbow. Dry Needling has been proven to reduce muscle tension, promote healing and increase range of motion. All attendees will receive a complimentary dry needling session coupon for future use.

## HOW YOUR BRAIN CREATES PAIN

**Instructor:** Dr. Joe Ogden, DPT, CP-S, CPPS

**Location:** Freedom Physical Therapy Services

6908 N. Santa Monica Boulevard, Fox Point

**Course Code:** 191007

**Section A1:** Tuesday, Aug 12 **Time:** 5:30 – 7:00 pm

**Section Fee:** res./non-res. \$10.00/\$20.00

Pain is a complex sensation created within the body. Current pain science supports the "Pain Neuromatrix" theory to describe how pain develops. Dr. Joe Ogden, DPT, CP-S, CPPS, will discuss the details of this theory, how this theory applies to acute and persistent pain, and how you can influence the pain neuromatrix to gain better control over your pain.

## SPANISH FOR TRAVELERS

**Instructor:** Futura Language Professionals

**Location:** Zoom Link will be emailed to participants

24-48 hours prior to class

**Days:** Tuesdays

**Time:** 6:00 – 7:00 pm

**Course Code:** 190506

**Section A1:** June 3 – June 24

**Section Fee:** res./non-res. \$90.00/100.00

Embark on an exciting journey through the Spanish-speaking world- right from your home! This interactive, beginner-friendly LIVE virtual class is designed for adults eager to learn practical Spanish for travel. Our experienced instructors will guide you in practicing essential phrases for greetings, ordering in restaurants and asking for directions. With Futura's dynamic, hands-on approach, you'll stay engaged and have fun while building confidence for your next adventure. Ideal for both new learners and those with some prior experience in Spanish conversation.

## BEGINNER SPANISH BOOST

**Instructor:** Futura Language Professionals

**Location:** Zoom Link will be emailed to participants

24 – 48 hours prior to class

**Days:** Wednesdays

**Time:** 6:00 – 7:00 pm

**Course Code:** 190507

**Section A1:** June 4 – June 25

**Section Fee:** res./non-res. \$90.00/100.00

Kickstart your Spanish journey with this engaging summer course, perfect for beginners! Designed for those with little to no experience, you'll learn essential vocabulary, basic grammar, and practical phrases for everyday conversations. Through group discussions and breakout conversation practices, you'll build confidence in speaking and understanding Spanish. Our experienced instructors will guide you every step of the way, setting you up for continued success. By the end of the course, you'll have the foundational skills to keep learning and speaking with confidence.



## ACBL BRIDGE LESSON PROGRAM



**Coordinator:** Mequon Thiensville Recreation Department  
**Instructor:** Yvette Neary, ACBL accredited teacher and Emerald Life Master  
**Location:** Range Line Community Center, Room 107, Mequon

The instructor is Yvette Neary, an ACBL accredited teacher and Emerald Life Master who has taught numerous classes for over a dozen years. She can be reached at 414-526-9035 or yneary@gmail.com if you have any questions.

### HEART SERIES CLASS-DEFENSE IN THE 21ST CENTURY

**Day:** Tuesdays **Time:** 9:00 – 11:00 am  
**Course Code:** 191001  
**Section A1:** May 13 – July 15 (skip June 24)  
**Registration Deadline:** Tuesday, Apr 29  
**Section Fee:** res./non-res. \$90.00/\$100.00

This class assumes familiarity with the bidding system and play techniques developed in the Club and Diamond Series and focuses primarily on defense. There are reviews in each lesson on bidding and play concepts. An accompanying textbook is available for purchase from the Instructor.

### MORE COMMONLY USED CONVENTIONS

**Day:** Tuesdays **Time:** 9:00 – 11:00 am  
**Course Code:** 191001  
**Section A1:** June 2 – Aug 18 (skip June 23, July 21 & 28)  
**Registration Deadline:** Monday, May 19  
**Section Fee:** res./non-res. \$85.00/\$95.00

The course follows the Commonly Used Conventions course. Although the material is primarily designed for students who have come up through the ACBL Bridge Series, it should appeal to players from various backgrounds. Students should be familiar with the basics of the game-bidding, play and defense. Some of the topics that are covered are all varieties of Doubles, Overcalls, Cuebids, Unusual No Trump, Keycard

Blackwood and Gerber, Leads and Signals, and Conventional Defense to opponent's INT opening. A student textbook is available for purchase from the Instructor.

### SUPERVISED PLAY

**Day:** Wednesdays **Time:** 9:00 – 11:00 am  
**Course Code:** 191001  
**Section A1:** June 18 – July 16 (skip June 25)  
**Registration Deadline:** Wednesday, June 11  
**Section Fee:** res./non-res. \$40.00/\$50.00

For Bridge Players who have taken prior classes on bidding, play of hand, defense and basic conventions. Students will play pre-dealt hands and the instructor will discuss the proper bidding necessary to reach the final contract, play the hands and defend the hands.

### DIAMOND SERIES PRACTICE CLASS

**Day:** Tuesdays **Time:** 9:00 – 11:00 am  
**Course Code:** 191001  
**Section A1:** April 1 – April 29  
**Registration Deadline:** Tuesday, March 25  
**Section Fee:** res./non-res. \$48.00/\$58.00

Practice and focus on playing hands based on the concepts learned in the Diamond Series Class.

## WHITEFISH BAY COMMUNITY GARDEN VOLUNTEER PROGRAM

**Coordinator:** Miriam Gerriets, WFB Community Garden Coordinator  
**Location:** WFB Community Garden  
**Ages:** 13 years and up  
**Course Code:** 190500  
**Section A1:** April through October  
**Section Fee:** FREE

The Whitefish Bay Garden needs you! The WFB Community Garden and its volunteers provide more than just rich soil for individuals and families to grow organic food, herbs and flowers. They also build social connections and provide a way to stay active and healthy. Volunteers will be contacted by a weekly email to sign up for volunteer work times. Depending on seasonal chores, volunteers will take direction from the coordinator and prepare soil, weed, sow seeds and much more. Of course, you will reap the benefits of your hard work by receiving lots of fresh produce throughout the growing season. Participants under the age of 13 may volunteer with an adult. If you are interested in giving a monetary donation or in being a business sponsor, please call our main office at 963-3947.





## SENIOR COFFEE TALK:

### MOVING FORWARD: TIPS FOR DOWNSIZING AND YOUR REAL ESTATE OPTIONS

**Presenter:** Annie Jurczk, Keller Williams and Lisa Haynes, A Bridge Forward

**Location:** Lydell School & Community Center, Room 17

**Time:** 10:00 – 11:30 am

**Course Code:** 199999

**Section A1:** Tuesday, June 3

**Section Fee:** Free

Are you considering a move or curious about your housing options? This Moving Forward Seminar is here to guide you. Join Lisa Haynes, a trusted Senior Move Manager, and Annie Jurczyk, a Senior Real Estate Specialist, for a free, thoughtful discussion designed specifically for seniors and their families. We'll explore practical steps for downsizing, understanding the real estate market, and making decisions that fit your lifestyle and goals. This isn't a sales pitch—it's a supportive conversation to help you navigate important choices with clarity and confidence. If you're ready to learn, share, and find answers to your housing questions in a relaxed and welcoming environment, this seminar is for you. Sign up today and take the first step toward peace of mind for your next chapter.

### IDENTITY THEFT: PROTECT & PREVENT

**Presenter:** Ben Merens, Outreach Specialist Division of Trade and Consumer Protection (DATCP)

**Location:** Lydell School & Community Center, Room 17

**Time:** 10:00 – 11:00 am

**Course Code:** 199999

**Section A2:** Friday, Aug 8

**Section Fee:** Free

Identity theft continues to be the fastest growing crime in the United States. The more you learn about it, the less vulnerable you are. The Wisconsin Bureau of Consumer Protection will explain the different types of identity theft, how to recognize and prevent it - including information about Fraud Alerts and Security Freezes. Receive tips for safeguarding personal information and how to recover from identity theft. Helpful brochures will be available.



## KEEPING IN MOTION LLC

DON'T COUNT THE DAYS, MAKE THE DAYS COUNT

At Keeping In Motion LLC, We strive to keep you in your home. Our goal is to improve our clients balance & strength to stay as safe and independent as possible!

**Brandi Carson**

CPT/LPTA/CPR

keepinginmotionllc@gmail.com

www.keepinginmotionllc.com

(262)293-6828

**Give us a CALL for a FREE 30 min consultation!**



## Elderly In Home Personal Training

Is your **STRENGTH** declining?

Is it **DIFFICULT** to get around?

Do you get **SHORT** of breath?

Do you **LOSE** your balance?

Do you need help following through with an establishe **EXERCISE PROGRAM** from a Physical Therapist?



# SENIOR TRIPS

# Time to Explore



## PREMIER WORLD DISCOVERY TRAVEL SHOW

**Presenter:** Lawanna Lambert, Premier World Discovery

**Location:** Lydell School & Community Center, Room 17

**Time:** 10:00 – 11:00 am

**Course Code:** 199998

**Section A1:** Tuesday, May 6

**Section A2:** Thursday, Aug 14

**Fee:** Free



Love to travel without the stress of planning? Join us for a Travel Show to learn about some upcoming trips we have planned for the seniors of Whitefish Bay. Group travel is a great way to visit places you have always wanted to see and meet new people. Come to the meeting to learn more about each trip's itinerary, accommodations and costs. All trips must be paid in full 75 days prior to departure. Trips are booked on a first come-first served basis.

### Check out these exciting trips that will be presented:

- Majestic Canadian Rockies
- Iceland Explorer
- Great Trains & Grand Canyons

### MAJESTIC CANADIAN ROCKIES (6 DAYS)

Featuring the majestic scenery of Banff, highlights include 5 nights at one hotel in Banff National Park, Banff Area Tour, Sulphur Mountain via BAff, Gondola, Emerald Lake, Peyto Lake, Banff National Park, Dinner at Chateau Lake Louise, Moraine Lake and Valley of the Ten Peaks, Icefields Parkway, Columbia Icefield Ice Explorer Ride and more.

Trip includes: Roundtrip Airfare-MKE, Transportation to and from airport, 8 Meals, Professional Tour Director, First Class Hotel Accommodations, Motorcoach Transportation, Admission and Sightseeing, Baggage Handling.

\$3,999.00 per person based on double occupancy with booking discount (save \$100 per person, \$200 per Couple)

### ICELAND EXPLORER (7 DAYS)

Tour Highlights include 5 nights at One Hotel-Reykjavik, a Reykjavik City Tour, Blue Lagoon, Golden Circle Tour, National Museum, Strokkur Geyser & Gullfoss/Golden Falls, Hot spring Bread Experience, Thingvellir National Park, South Coast Tour, Skogar Folk Museum, Skogafoss Waterfall, Keflavik & Bessastadir, Viking Ship Museum and Lake Kleifarvatn.

Trip includes: Roundtrip Airfare-ORD, Hometown Transfers-ORD, Int'l Air Departure Taxes/Fuel, 8 Meals: 5-Breakfast, 1-Lunch & 2-Dinners, Professional Tour Director, Motorcoach Transportation, Admissions per Itinerary, Sightseeing per Itinerary, Baggage Handling at Hotels.

\$4925 per person based on double occupancy with booking discount (save \$100 per person, \$200 per Couple)

### GREAT TRAINS & GRAND CANYONS (6 DAYS)

Featuring the Two Rail Journeys: Grand Canyon Railway and the Verde Canyon Railway, Grand Canyon Nat'l Park, Oak Creek Canyon, Sedona Trolley Tour, Chapel of Holy Cross, Tlaquepaque & Uptown Sedona, Montezuma Castle, Jerome and Chuckwagon Supper & Show.

Trip includes: Roundtrip Airfare-MKE, Hometown Transf. ers-MKE, 5 Nights Hotel Accommodations, 8 Meals (5 Breakfast, 3 Dinners), Professional Tour Director, Motorcoach Transportation, Sightseeing per Itinerary, Admissions per Itinerary, Hotel Transfers, Baggage Handling at Hotels.

\$3525 per person based on double occupancy with booking discount (save \$100 per person, \$200 per Couple)

## MILWAUKEE FOOD & CITY TOURS PRESENTS: BRADY STREET FOOD TOUR

**Time:** 11:30 AM (2.5-3 hour tour)

**Ages:** 18 years and up

**Location:** Zaffiro's Pizza, The Original.

Park in the public lot at 1720 N. Arlington Pl. You must pay meter to get parking for the 3 hour tour. Please meet outside of Zaffiro's, 1724 N. Farewell Ave., 5 minutes prior to start time. There are no refunds if you are late or miss the activity.

**Course Code:** 199998

**Section A3:** Friday, June 27th

**Registration Deadline:** Friday, June 20

**Section Fee:** res./non-res  
\$84.00/\$94.00

Join us as we stroll through Brady Street, the ethnic enclave originally settled by Italian and Polish immigrants. Today, it is one of Milwaukee's hottest East Side neighborhoods. Do you know the reason why so many Milwaukee homes are referred to as a "Polish Flat?" This tour will teach you all that and more! Allow us to introduce you to authentic Italian eateries, then stop at new establishments that revitalized this community.

### What's Included

Guided tour while enjoying samplings of pizza, cannoli, tacos, salami, prosciutto, olives, empanada and a Milwaukee-brewed beer. Gratuities to your tour guide(s) are greatly appreciated if you enjoy your time on the tour.

### Accessibility and What to Wear

This is a low impact walking food tour with slightly more than 1.25 miles of walking. There will be plenty of walking breaks and opportunities to sit down along the way. This tour is wheelchair accessible. Participants who are walking should wear comfortable shoes and clothing. Rain or shine so bring umbrellas and rain gear if necessary.

### Dietary Restrictions

This tour is seafood/shellfish free. We can offer vegetarian options. However, we are not able to accommodate other food allergies, dietary restrictions, or preferences on this tour.



# DEPARTMENT INFORMATION

## DEPARTMENT PROCEDURES:

### MISSION STATEMENT

The Whitefish Bay School District, through the Whitefish Bay Recreation Department, is committed to improving the quality of life. This is achieved by providing a wide variety of quality recreational, educational, cultural and social programs and services for all residents and students of Whitefish Bay.

### REGISTRATION PROCESS

A digital version of the seasonal guide is available online for viewing before the start of Priority Registration for Whitefish Bay Residents. The digital version is posted on the Recreation Department website and Facebook page. Program guides are mailed to **Whitefish Bay Residents only** and are typically received at least one week after Priority Registration has begun. Once Priority Registration starts, residents are encouraged to register online, by mail, or in person. Resident registrations received during the Priority Registration Period are entered into a Registration Lottery. The Registration Lottery takes place before non-residents can begin to register for programs. If space is still available in a program after Priority Registration has concluded, additional program registrations are processed on a first-come, first-served basis.

### LOTTERY INFORMATION

During the Priority Registration Period, all residents of Whitefish Bay have equal access to register for programming. During the Priority Registration Period, all those who wish to participate in a program will need to register, even if enrollment capacity has been exceeded. On the Selection Date, registrants are randomly selected via a computerized registration lottery for recreation programs that have exceeded their enrollment capacity. Those not selected in the registration lottery are notified and placed on a waitlist.

The registration receipt, received by email, during Priority Registration only confirms that you have been registered for the Registration Lottery, if the program exceeds enrollment capacity.

- If the program does exceed enrollment capacity, you will receive an email notification that you have been added to a waitlist.
- If the program does not exceed enrollment capacity, then your original receipt is your class confirmation.

### PROGRAM REGISTRATION DEADLINES

The program registration deadline is the Thursday prior to the start date of the program; however, some offerings have program-specific deadlines and registration processes. Check individual program information for program-specific deadlines and registration processes.

### SAME DAY/LATE REGISTRATION

The Recreation Department will add an additional fee of \$10.00 per program for every registration received on or after the start date or registration deadline of the program.

### WAITING LISTS

Program Waitlists are now AUTOMATED. Participants will be able to add themselves or a family member to a program waitlist if one exists through their online registration portal and will receive an automated email offer if and when a spot becomes available. Participants will have 24 hours to accept or deny the spot via their online recreation account by going to their **My Waitlist** page. If accepted, the participant will be brought to a registration screen to register and pay for the class. If you deny or do not respond to the offer within 24 hours the system will extend the Waitlist Offer to the next person on the list. Front office staff will have access to add participants to a waitlist upon phone request, however, all notifications of a Waitlist Offer will be done via email.

### PROGRAM WITHDRAWAL PROCEDURE

All program withdrawals must be done by the Thursday before the start date of the program. Withdrawals will result in a household credit in the amount of the program. Refunds are only issued under the circumstances listed below. Some programs may have varying processes based on a specific registration deadline. Withdrawal requests received after the withdrawal deadline may not be honored.

### REFUND PROCEDURE

Refunds will ONLY be issued in the following situations:

- A class is cancelled by the Recreation Department
- A family moves from the village
- Satisfaction Guarantee (See policy on page 52)
- Medical condition (with a Doctor's note)

To request a refund, please send a written letter or email a request to Carin Keland.

### INCLUSIVE RECREATION

The Whitefish Bay Recreation Department believes in providing high quality programming for all. We are committed to an inclusive approach and will provide reasonable accommodations to enhance program participation. However, we are not able to provide one-on-one support and our programs do not address IEP specific goals. Please list any allergies or special accommodations on the registration form. Please contact Carin Keland, Director of Recreation and Community Education, at (414) 963-3888 or at carin.keland@wfbsschools.com.

# DEPARTMENT INFORMATION

## DEPARTMENT PROCEDURES:

### RESIDENT DEFINITION

Residents are defined as persons who live in the Village of Whitefish Bay or attend the School District of Whitefish Bay. Non-Resident fees apply to those who live outside the Village of Whitefish Bay.

### SATISFACTION GUARANTEED

You are important to us! If you are not satisfied with a class, program or service that you have attended through our department, let us know your specific concerns in writing before the third class. You will receive a household credit that may be applied to another Recreation Department program. Refunds processed upon request. Some exclusions may apply.

### INCLEMENT WEATHER

If the Whitefish Bay School District is closed due to inclement weather, Recreation Department activities will be cancelled. If the weather conditions deteriorate during the day, please call 414-963-3947 or become our friend on Facebook to find out the latest cancellation information. Depending upon individual program schedules, makeup classes cannot be guaranteed. Information about all School District closings and cancellations will also be announced over the following radio stations: WTMJ, WISN, WOKY Channel 4 and on Facebook.

### NO SMOKING/ALCOHOL USE

A reminder to all program participants that the use of all tobacco products or drinking of alcoholic beverages on premises owned by the Whitefish Bay School District is prohibited by State Law. Your cooperation in upholding this law is necessary.

### CAHILL PAVILION RENTAL

The Cahill Pavilion is available for residents for \$15.00 per hour. In addition to the hourly fee, there is a \$75.00 key deposit.

Please check with the main office for availability at (414) 963-3947. Reservations are done in-person and fees are due upon reservation.

The Cahill Pavilion is available for rent during regular park hours 8:00 am to 10:00 pm. The pavilion has tables and chairs to seat approximately 40 people. There is a microwave and sink available for renters' use as well.

Cancellations must be received at least 10 days prior to the scheduled reservation.

**\*Non-residents and for-profit organizations/groups/ individuals with the intent to promote/sell goods or services are not eligible to rent the Cahill Pavilion.**

### DISTRICT FACILITY RENTAL

The Whitefish Bay School District encourages the maximum use of its indoor and outdoor facilities by making them available to residents of Whitefish Bay and organizations within the community. The Board encourages the use of facilities within the policies and procedures established by the District for safety, maintenance and supervision. To request rental of indoor and/or outdoor facilities, you must complete a Facilities Rental Request form found online at [www.wfbschools.com](http://www.wfbschools.com) and return to the District Office or email it to [facility.rental@wfbschools.com](mailto:facility.rental@wfbschools.com). This form must be received with proof of liability insurance at least 2 weeks prior to the event/activity. All rentals must be paid for at the time of reservation. Please call the School District Business Office at (414) 963-3922 with any questions.

#### INDOOR FACILITIES:

HOURLY RATES	RES	NON-RES
HS Cafeteria	\$30 / hr	\$60 / hr
HS Auditorium	\$90 / hr	\$180 / hr
HS Field house	\$80 / hr	\$160 / hr
HS Auxiliary Pool	\$55 / hr	\$110 / hr
HS Field House Pool	\$80 / hr	\$160 / hr
MS Gym	\$35 / hr	\$70 / hr
Elementary Gym	\$30 / hr	\$60 / hr
Elementary Multi-Purpose Rm.	\$50 / hr	\$100 / hr
Standard Classroom	\$30 / hr	\$60 / hr

#### OUTDOOR FACILITIES:

HOURLY RATES	RES	NON-RES
Lubar Stadium	\$1,500 / event	\$1,500 / event
Armory Field	\$30 / hr	\$60 / hr
HS Multi-Use Field	\$110 / hr	\$150 / hr
Practice Fields	\$30 / hr	\$60 / hr

# REGISTRATION FORM



## PAYEE INFORMATION (adult/parent/guardian)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City/State \_\_\_\_\_ Zip \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Email address \_\_\_\_\_

## REGISTRATION OPTIONS



**DROP OFF / MAIL**  
5205 N. Lydell Avenue  
Whitefish Bay, WI 53217



**ONLINE**  
www.wfbschools.com

## COURSE SELECTION

Activity/Class/Program \_\_\_\_\_ Course Code \_\_\_\_\_ Section \_\_\_\_\_ Fee

Participant Name (First/Last) \_\_\_\_\_

Date of Birth \_\_\_\_\_ School (If Youth) \_\_\_\_\_ Grade \_\_\_\_\_

Please list any food allergies and/or medications needed, or any pertinent comments above.

Activity/Class/Program \_\_\_\_\_ Course Code \_\_\_\_\_ Section \_\_\_\_\_ Fee

Participant Name (First/Last) \_\_\_\_\_

Date of Birth \_\_\_\_\_ School (If Youth) \_\_\_\_\_ Grade \_\_\_\_\_

Please list any food allergies and/or medications needed, or any pertinent comments above.

Activity/Class/Program \_\_\_\_\_ Course Code \_\_\_\_\_ Section \_\_\_\_\_ Fee

Participant Name (First/Last) \_\_\_\_\_

Date of Birth \_\_\_\_\_ School (If Youth) \_\_\_\_\_ Grade \_\_\_\_\_

Please list any food allergies and/or medications needed, or any pertinent comments above.

## CREDIT CARD INFORMATION

CREDIT CARD NUMBER:

-  -  -

EXP. DATE:

/

C V V#:

**TOTAL**

Signature \_\_\_\_\_

Card Holder Name (Print) \_\_\_\_\_

I am willing to coach assist/coach my child's team.

Name of volunteer \_\_\_\_\_

- No telephone registrations are accepted.
- Payment methods: CHECK or CHARGE Checks payable to Whitefish Bay Recreation Dept. or credit card (Visa, Mastercard AmEX and Discover). *Cash is NOT accepted.*
- Email confirmations will be sent if email is provided.

There is a \$10.00 late fee for every program registration received on or after the start date of a program.

## MUST READ AND SIGN BEFORE REGISTERING

### LIABILITY AND PHOTO PERMISSION STATEMENT

All adult participants must sign below. The signature of a parent or legal guardian is required for youth registrations. In consideration of accepting this registration, I recognize that there are risks inherent to participation in recreational activities. I agree to indemnify and hold harmless the School District of Whitefish Bay, it's staff, employees and volunteers from and against any and all liability for bodily injury and/or property damage which may result from participation in the program. I hereby fully consent to emergency medical treatment, should emergency personnel or a physician deem such attention necessary, no accident insurance provided.

I further understand that photographs taken of recreation programs may be used by the Recreation Department for promoting their programs, classes or events.

Signature \_\_\_\_\_ Date \_\_\_\_\_



Whitefish Bay  
**RECREATION**

# REGISTRATION FORM



## PAYEE INFORMATION (adult/parent/guardian)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City/State \_\_\_\_\_ Zip \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Email address \_\_\_\_\_

## REGISTRATION OPTIONS



**DROP OFF / MAIL**  
5205 N. Lydell Avenue  
Whitefish Bay, WI 53217



**ONLINE**  
www.wfbschools.com

## COURSE SELECTION

Activity/Class/Program \_\_\_\_\_ Course Code \_\_\_\_\_ Section \_\_\_\_\_ Fee

Participant Name (First/Last) \_\_\_\_\_

Date of Birth \_\_\_\_\_ School (If Youth) \_\_\_\_\_ Grade \_\_\_\_\_

Please list any food allergies and/or medications needed, or any pertinent comments above.

Activity/Class/Program \_\_\_\_\_ Course Code \_\_\_\_\_ Section \_\_\_\_\_ Fee

Participant Name (First/Last) \_\_\_\_\_

Date of Birth \_\_\_\_\_ School (If Youth) \_\_\_\_\_ Grade \_\_\_\_\_

Please list any food allergies and/or medications needed, or any pertinent comments above.

Activity/Class/Program \_\_\_\_\_ Course Code \_\_\_\_\_ Section \_\_\_\_\_ Fee

Participant Name (First/Last) \_\_\_\_\_

Date of Birth \_\_\_\_\_ School (If Youth) \_\_\_\_\_ Grade \_\_\_\_\_

Please list any food allergies and/or medications needed, or any pertinent comments above.

## CREDIT CARD INFORMATION

CREDIT CARD NUMBER:

-  -  -

EXP. DATE:

/

CVV#:

**TOTAL**

Signature \_\_\_\_\_

Card Holder Name (Print) \_\_\_\_\_

I am willing to coach assist/coach my child's team.

Name of volunteer \_\_\_\_\_

- No telephone registrations are accepted.
- Payment methods: CHECK or CHARGE Checks payable to Whitefish Bay Recreation Dept. or credit card (Visa, Mastercard AmEX and Discover). *Cash is NOT accepted.*
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Signature \_\_\_\_\_

Date \_\_\_\_\_



Whitefish Bay  
**RECREATION**

WFB Community Garden

# 2025 BUSINESS SPONSORSHIP OPPORTUNITY

*Growing community one seed at a time...*

*By becoming a business sponsor of the Whitefish Bay Community Garden, your company will:*

1. **Aid** in the creation of a better community through a mutually beneficial partnership.
2. **Help** secure water, equipment, staff support and general garden expenses.
3. **Grow** through the generous publicity we will provide.

*Please visit the WFB District website for more info on our business sponsorship packages!*

## **OUR CURRENT BUSINESS SPONSOR:**

SARAH LEINWEBER



SARAH FETTERLEY

[sarah.shorewest.com](http://sarah.shorewest.com)

*Thank you!*

**JOIN US:**

# ANNUAL MEETING

The Annual Meeting, Budget Hearing, and State of the District Address will be held in person only at the High School Auditorium, 1200 E. Fairmount Ave.

Whitefish Bay residents of voting age will vote to establish the 2025-26 tax levy for the school district.

# September 3, 2025, 7pm



Whitefish Bay  
SCHOOL DISTRICT



# Whitefish Bay RECREATION

Bringing **Community** Together

School District of Whitefish Bay  
5205 North Lydell Avenue Whitefish Bay, Wisconsin 53217  
414-963-3947 | www.wfbschools.com

Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Permit #3859  
Milwaukee, WI

## IMPORTANT REGISTRATION DATES

**MARCH 10, 2025**

WFB Resident Lottery  
Registration Begins

**MARCH 25, 2025**

Non-Resident Registration Begins

CAR-RT PRESORT

Considering a Move?

*We'd love to help!*



- Served over 250 clients
- Over \$115 million in sales
- Combined 23+ years of experience
- Shorewest Executive and President's Club Award Winners
- Whitefish Bay Community Garden Sponsors
- Lifelong North Shore residents



ShoreWEST

[SARAH.SHOREWEST.COM](http://SARAH.SHOREWEST.COM)

EHO

SARAH LEINWEBER 414.704.2208 ■ SARAH FETTERLEY 414.617.6756

